

Spring 2013

HBSANDS

www.hbsands.org

COMMUNITY SERVICES GUIDE

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Community Services Department - Enhancing Life In Our Community

Seven Shades of Green



3rd Gen Prius | 50 MPG combined



Camry Hybrid | 43 MPG city



Prius c | 53 MPG city



RAV4 EV | 76 MPGe | 103 mile range



Prius v | 44 MPG city



Highlander Hybrid | 28 MPG city



Prius PHV | 95 MPGe

**SOUTHERN CALIFORNIA
TOYOTA DEALERS**

The official truck of Huntington Beach lifeguards.

BuyAToyota.com

2012 EPA estimates. Actual mileage will vary. Prius PHV: 2012 EPA combined estimated miles per gasoline gallon equivalent. Estimate includes consumption of electricity and gasoline energy during EV mode operation. Actual results will vary for many reasons including driving conditions and how you drive and maintain your vehicle. RAV4 EV: Range based on 2012 EPA combined 76 MPGe. Actual range will vary based on driving habits, charging practice, battery age, weather, temperature and road/traffic conditions. Battery capacity will decrease with time and use. For more information, please see www.fueleconomy.gov. EPA driving range when vehicle is fully charged. Excludes driving conditions. Actual mileage will vary.

CITY COUNCIL

Connie Boardman, Mayor
Matthew Harper, Mayor Pro Tem
Dave Sullivan
Jim Katapodis
Jill Hardy
Joe Carchio
Joe Shaw

COMMUNITY SERVICES COMMISSION

David Hubbard
Jay Kreitz
Bridget Kaub
Albert Gasparian
Paul Burkart
Roy Miller
Brian Rechtsteiner
Nick Tomaino
Norm Westwell

COUNCIL LIAISONS

Councilmember Dave Sullivan
Councilmember Joe Carchio
Council Member Joe Shaw

CITY MANAGER

Fred A. Wilson

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Cover photo: © Kurt Weston

"The annual concerts in the park attract people who appreciate music, fresh air, sunshine and shade. These concerts encapsulate the idyllic Central Park summer atmosphere."

– Kurt Weston

Location of Photograph: Huntington Central Park, Concerts in the Park

Park & Facilities map can be found online at: www.huntingtonbeachca.gov/files/users/community_services/parks_facilities_map.pdf

COMMUNITY SERVICES DEPARTMENT

Interim Community Services Department Director	Janeen Laudenback
Manager, Facilities, Development, and Concessions	David Dominguez
Marine Safety Chief	Kyle Lindo
Beach Operations Supervisor	Scott Smith
Parking/Camping Supervisor	Dottie Hughes
Specific Events Supervisor	Chris Cole
Senior Supervisor, Cultural Services	Kate Hoffman
Senior Supervisor, Human Services	Randy Pesqueira
Supervisor, City Gym and Pool	Rob Frizzelle
Supervisor, Edison Community Center	John Valinsky
Supervisor, Murdy Community Center	Kristin Martinez
Supervisor, Senior Services	Chris Slama
Supervisor, Sports Complex	Ray Frankeny

Letter from the Community Services Director

The "Parks Make Life Better!" Campaign has been launched statewide! In Huntington Beach we are fortunate to have 4½ miles of beach and over 750 acres of park-open space available for our residents to enjoy now and in the future. The Community Services Department makes life better in HB by providing many benefits that are essential to ensuring an outstanding quality of life.

Here are just a few of the benefits:

- Access to the serenity and inspiration of nature; visit our beautiful beaches and parks.
- Outdoor space to play and exercise; take a walk in a park or a run along the shore.
- Facilities for self-directed and organized recreation; Check out your Community Center.
- Positive alternatives for youth which help lower crime and mischief; Arts, sports and PLAY.
- Activities that facilitate social connections, human development, therapy, the arts & lifelong learning.

Check out all of the opportunities to create community, available in the SANDS Community Services Guide!

Janeen Laudenback
Interim Community Services Director

**Parks
Make
Life
Better!**

**Spring
2013**

City News

Huntington Beach

21st Annual "On Course" Golf Tournament

Show Us Your HB!

We love Huntington Beach and we know that you love Huntington Beach too! Our Public Information Office is looking for photo's that showcase beautiful Huntington Beach. We invite you to turn your Huntington Beach memory into a picture, and enter the "Show me your HB" photo contest to win an annual beach parking pass! You can use our famous pier or beautiful Central Park, but we also want to see your memories from other HB "hot spots" – the possibilities are endless!

- Maybe it's the wetlands that you love...
- Or are you drawn to the public art?
- Maybe you enjoy people watching at Pier Plaza...
- Or attending a recreation program or special event?

We will select a photo winner quarterly, and it will be featured on the Official City of Huntington Beach website. Each Quarter, the winner will receive a FREE Municipal Beach Parking Pass, so grab your camera and share your favorite HB memories with us! Whatever it is that draws you into the spirit of HB, be it the parks or beach, people or the arts, just show us by submitting your favorite photo sometime between March 1, 2013 and June 1, 2013. Just visit www.surfcity-hb.org and go to "Show Us Your HB" for more information!

The **Huntington Beach Council on Aging** and Title Sponsors, **First Bank and Capital Source Bank**, invite you to take part in the 21st Annual **"On Course" Golf Tournament, Friday, June 21, 2013**, at Meadowlark Golf Club in Huntington Beach. The day will begin with a putting contest and barbeque lunch, followed by a shotgun start at 12:30 pm. A buffet awards dinner with raffles, auctions and other fun activities as well as a no host bar, will immediately follow the tournament around 6 pm. The proceeds from this tournament help to support seniors, low-income seniors and their families through many beneficial programs offered by the Michael E. Rodgers Seniors' Center and Huntington Beach Seniors Outreach Center. Senior Services provides a wide variety of services, classes, activities and clubs designed to support seniors in staying healthy, active and independent. For further golf and sponsorship information, visit www.hbcoa.org, or call Rodgers Seniors' Center at 714-536-9387.



Save Money and Water Protecting Water Quality

Cooler and rainy weather = reduced water bill. Extend savings BEYOND the rainy season, AND help protect our waterways with a water-wise landscape. Visit www.mwdoc.com/services/turf-removal for information on how you may receive a rebate for replacing your lawn with water-wise plants – virtually maintenance-free!

As rainwater washes across roofs, sidewalks, and driveways, it picks up pollutants and deposits them directly into local waterways. Permeable pavers or porous concrete help minimize impervious surfaces. Redirect rainwater to vegetated areas or capture for irrigation. Visit www.huntingtonbeachca.gov/hbwater/ for information on rain barrels. Soak up stormwater runoff from your roof or other impervious areas in a “rain garden”, an attractive, low water/maintenance alternative to thirsty lawn. Retaining stormwater on-site reduces runoff, local flooding, and recharges our valuable groundwater supply. Adding compost or other organic material to clay soils restores ability to infiltrate rainwater, reduces watering, and conserves water.



Shipley Nature Center

**Spring Festival at Shipley –
Saturday, April 27th, 9 am to 2 pm.**

Come and join in the family fun. Nature exhibits, crafts for children, the California Native Plant Sale. Learn about Monarch Butterflies. Guided tours through the California Native Plant Gardens and habitats.

Composting Seminars

Mark your calendars for **May 18**, at 9:30 am to learn all about Composting and Vermicomposting. Learn how to turn kitchen scraps and backyard cuttings into “black gold.” Those valuable resources available to you every day that you might be throwing away can be made into rich, organic home compost.

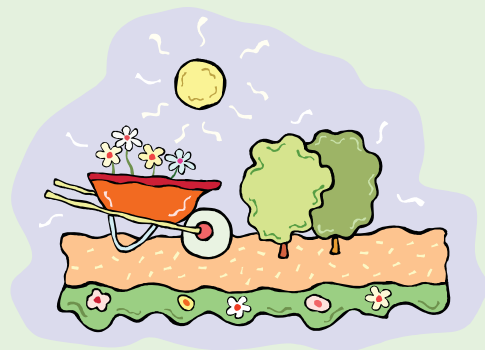
See www.shipleynature.org for all event details.

Visit Shipley Nature Center and enjoy the essence of nature in an urban setting. 17851 Goldenwest St. 714-842-4772. Open Monday-Saturday, 9 am to 1 pm.

Do You Love Gardening?

Did you know that Huntington Beach has its own Community Garden? Plots are available for a small annual fee. Enjoy growing organic fruits, vegetables and flowers that you can share with family and friends. Visit the HBCG website for more information: www.HuntingtonBeachCommunityGarden.com

Huntington Beach Community Garden
P.O. Box 5891, Huntington Beach CA 92615





Flood Protection Information

As we enter the rainy season, please remember that your property may be located in or near a floodplain. Although improvements to the Santa Ana River have reduced potential flood impacts, flooding in our city may occur. Flooding may be caused by the Santa Ana River, East Garden Grove Wintersburg Channel, Talbert Channel, Huntington Beach Channel, or the Pacific Ocean. Most floods occur when the floodwaters leave the river or channels; however, abnormally large sea waves (tsunamis) from the ocean may create flooding near the coastline.

Historical flooding of Huntington Beach dates back to 1825. Although flood control improvements have been and continue to be made, flooding can still occur today. Flooding can come with little warning. Residents in flood prone areas will be warned of an actual emergency by either a phone call using the AlertOC emergency notification system or the sounding of sirens at each of the eight fire stations. Warning and emergency procedures will be announced on local cable HDTV-3 (Channel 3), and radio station KWVE (107.9 FM). If flood is likely, and time permits, move your valuable furnishings and essential items to the upper floor of your home or higher off the floor. Place sandbags around your property to divert floodwater.

You may contact the Planning Division at (714) 536-5271 to determine if a property is in a flood zone, obtain flood protection advice, insurance requirements, and elevation certificates. The Building Division and Public Works Department can also provide assistance regarding construction in the floodplain. If requested, City staff is available to undertake site visits to review flood, drainage or retro-fitting issues. The Federal Emergency Management Agency and Army Corps of Engineers provide technical assistance to the City.

During the life of a 30-year mortgage there is a 26% chance of experiencing a flood. Homeowner's insurance policies do not cover damage from floods. Because Huntington Beach participates in the National Flood Insurance Program (NFIP) and Community Rating System (CRS), you can purchase a separate flood insurance policy at a reduced rate. This insurance is backed by the Federal government and is available to everyone, even for properties that have been flooded. There is a 30-day waiting period before NFIP coverage takes effect. If you don't have flood insurance, talk to your insurance agent.

More information about NFIP flood insurance requirements is available on the Internet. Visit <http://www.fema.gov/nfip>. The site contains hazard information, a general flood map, and a frequently asked question page. Or you may call 1-888-CALL-FLOOD.

There are several ways that you can protect your property from flood damage. One way is to keep water away by installing a drainage system in your yard that will allow excess water to flow into the storm drain. Another approach is to make your walls waterproof and place watertight closures over the doorways. These measures are called floodproofing or retrofitting. Please remember that any alteration to your building requires a permit from the Planning and Building Department. Important documents and irreplaceable personal objects such as photographs and insurance papers should be placed where they will not get damaged. There are flood protection references available at the Central Library, Main Street Branch, Graham Street Branch, Banning Avenue Branch, and the Planning and Building Department at City Hall.

When a property is located in the floodplain, all new construction or substantial improvement that equals or exceeds 50% of the building's value is required to comply with the City's floodplain overlay regulations which require elevation of residential structures. Nonresidential structures may be elevated and/or floodproofed. A completed flood elevation certificate must be submitted to the City following completion of the structure's lowest floor. Substantially damaged buildings where the cost of repairs equals or exceeds 50% of the building's value before it was damaged must be brought up to the same standards as a new or substantially improved structure.

What you can do:

Flood damage protection depends also on your cooperation and assistance. Here is how you can help:

- Always check with the City before you build on, alter, regrade, or add fill to your property. A permit is required to ensure that projects do not cause problems on other properties.
- Do not dump or throw anything in the storm drain catch basins or flood control channels. Dumping is a violation of the City's Municipal Code Sections 14.24.030 and 14.24.035. Even grass clippings and branches can accumulate and plug the drainage system. The City has a flood control channel maintenance program which helps to remove major blockages such as weeds and other debris. A plugged drain or channel cannot carry water, and when it rains, the water has to go somewhere. Every piece of trash contributes to flooding.

HERE ARE A FEW FLOOD SAFETY TIPS:

Do not walk through flowing water. Drowning is the number one cause of flood deaths, mostly during flash floods.

Do not drive through a flooded area. More people drown in their cars than anywhere else.

Stay away from power lines and electrical wires. The number two flood killer after drowning is electrocution.

HB Junior Lifeguard Program Turns 50

This will be a landmark for the H.B. City Junior Lifeguard program, serving the youth of Huntington Beach and surrounding areas for 50 years. Junior Lifeguards is designed to acquaint students ages 9 – 17 with the aquatic environment, ocean swimming and related hazards. Students are taught about ocean safety, surf awareness, First Aid, CPR, rescue techniques, surfing, body surfing competition, and much more.

Stressing discipline and physical fitness, students are grouped by age and ability in an effort to encourage courtesy, respect, sound morals and good sportsmanship. Students attending this 8-week program will also participate in field trips, beach games, and volleyball, while learning about Marine life and its related ecology.

Program Schedule:

Monday through Friday, June 24 through August 15, 2013

Morning Session 8:30 am to 12 Noon

Afternoon Session 1 to 4:30 pm

Tryouts:

May 4, May 11, May 18, and May 19

(Time and Place to be announced)

Swim: 100 yards in 1:50 or better

Tread water: 5 minutes

Swim under water: 10 yards

Plan ahead! If your son or daughter is not a member of a competitive swim team, now is the time to get into a swim program. Many swim clubs in the area offer prep-programs to get students ready for the Junior Lifeguard tryouts.

Current pricing has not been set at the time of this publication. If you would like to see last year's program, please feel free to look us up at www.juniorguard.com. The web sight will be updated in February for the 2013 season. Complete information will be published in the Spring addition of the Sands or will be available on the website February of 2013.

Be a part of the program that has already served over 40,000 students!



Fix up your home with a little help from the City of Huntington Beach

Need some work done around the house? The City of Huntington Beach offers loans with low interest rates and deferred payments to homeowners of low and moderate income to make needed repairs. Homeowners can get affordable home improvement financing up to \$75,000. Funds can be used to correct code problems and for general property improvements. Eligibility factors include: income must meet the eligibility guidelines; homes must be owner occupied and in Huntington Beach; property must be in need of repair to meet City codes; and must have acceptable credit worthiness.



For more information, call (626) 331-6373.



Save the Date!
October 27, 2013

10 Miler & 10K Road Race
5K Beach Obstacle Challenge

BeachDerby.com

Beach Information



City Beach: Encompassing 3.5 miles from Beach Boulevard to the west city limits, the city boasts one of the world's finest beaches. The beachfront includes the municipal pier, food and rental concessions, restrooms, showers, volleyball nets, fire rings, and a 2,200 space beach parking lot plus additional parking on Pacific Coast Highway and adjacent streets. New buildings on the municipal pier, a new Visitors Kiosk at Pier Plaza, and new restrooms along Blufftop Park north of the Pier will enhance beach visits for both residents and visitors. Lifeguard service is provided during daylight hours 365 days a year. The number and location of lifeguards on duty varies depending on season, weather and surf conditions. Please note posted signage for information. Curfew is 10:00 pm to 5:00 am and is strictly enforced. Beach Headquarters: 103 Pacific Coast Highway. Office hours: Monday – Friday, 8:00 am - 5:00 pm. Phone: 714 536-5281 Emergencies: call 911.

For information on Municipal Beach Parking Pass, Main Promenade Parking Structure, Day Use Parking, Pier Plaza Parking, and Sunset Vista RV Park, please visit www.surfcity-hb.org/visitors/parking/ or call 714 536-5281.



Stress-Free Travel Starts at City Hall!

City of Huntington Beach Passport Facility

Ready for a vacation? Tired of long lines? Your time is precious, and that is why our agents strive to make your passport application process as quick and easy as possible.

City Hall offices are open Monday - Friday, 8 a.m. – 5 p.m. (except holidays). Photo services are available - standard fees apply.

Location: 2000 Main Street @ Main/Yorktown, 2nd Floor

Phone: 714-374-1600

Website: www.huntingtonbeachca.gov/passports



Cultural & Historic Services

MAKING A COMMUNITY GREAT IS A FINE ART

The Huntington Beach Art Center is dedicated to providing children and adults with opportunities to pursue creativity through gallery exhibitions, classes, workshops, artist talks, tours, art camps and numerous family activities. Cultural and artistic programs are funded in part by such community groups as the Art Center Foundation. Many of our programs are offered free to Huntington Beach families while others are offered at nominal fees. The Art Center is also available to rent for private parties and events.

Join Us and Make Art a Part of Your Family Life Huntington Beach Art Center Art Center Hours

Tuesday – Thursday, Noon – 8 PM

Friday, Noon – 6 PM

Saturday, Noon – 5 PM

Phone: (714) 374-1650; FAX: (714) 374-5304

Administrative Office Hours

Monday – Friday 8:30 AM – 5:30 PM

538 Main Street

Phone: (714) 536-5258

www.huntingtonbeachartcenter.org

EVENTS SPRING 2013

“THE ART OF FASHION ART WALK”

The Huntington Beach Art Center will be hosting the March Downtown Art Walk on March 21. The theme for March will be the Art of Fashion, featuring clothing, hair and make-up from local downtown businesses.

Art Walk: Thursday, March 21, 2013; 6 – 9 pm

“CREATIVE VISIONS AND IMAGINATION CELEBRATION”

The 7th annual student art show, Creative Visions, will feature work by local Huntington Beach student artists. The Huntington Beach Art Center will display artwork from Imagination Celebration as part of the county wide Arts festival, organized by Arts Orange County. These exhibitions of student work feature stunning visual images in a variety of media including, painting, drawing, photography, animation, digital art, film and computer graphics by students of all ages from K-12.

Gala Reception: April 19, 2013, 6 – 8 pm

Exhibition: April 18 – May 4, 2013



HUNTINGTON BEACH LIBRARY INFORMATION

Central Library – 7111 Talbert Avenue – 714-842-4481

www.hbpl.org

Banning Branch

9281 Banning Avenue

714-375-5005

Main Street Branch

525 Main Street

714-375-5071

Helen Murphy Branch

15882 Graham Street

714-375-5006

Oak View Branch

17251 Oak Lane

714-375-5068

The **Friends of the Library** is a non-profit group of volunteers that raises money for the Library. Ways you can help are to “Like” the library online on Facebook, join either the Friends or the Friends of the Children’s Library, donate money, or volunteer your time. For information, call 714-375-8429.

HB READS TO HOST BEST-SELLING AUTHOR JAY ASHER

Location TBD – see www.hbread.org for latest information

Thursday, March 21, 2013 – 4 pm reception/7 pm speech

FREE

HB Reads has chosen Jay Asher’s book, “Thirteen Reasons Why” for its annual book campaign that promotes diversity through reading. This best-selling book addresses bullying and its sometimes deadly consequences. A reception will take place for the author at 4 pm in Huntington Beach followed by Asher as keynote speaker at 7 pm.

CHILDREN’S LIBRARY EVENTS SPRING 2013

Acme Balloon Company’s “The Buster Balloon Show”

Library Theater

Thursday, March 14, 2013 – 4 pm

Tickets are \$4 per person

Join us as we welcome the human cartoon character that is Buster Balloon to the Huntington Beach Library! A frenzied and frantic blend of balloon twisting and vaudeville-style comedy are combined with loads of audience participation in this sure-to-please show. For the grand finale, Buster climbs into a giant six-foot whoopee cushion of doom! Be prepared for lots of crazy balloon sounds and incredible shapes! **Tickets go on sale Wednesday, February 13, 2013.** For more information, please call 714-375-5107.

Ballet Etudes presents “Snow White in the Old West”

Library Theater

Tuesday, April 16, 2013 – 4 & 7 pm

Wednesday, April 17, 2013 – 4 & 7 pm

Tickets are \$5 per person

The Huntington Beach Public Library Children’s Department proudly brings the ballet “Snow White in the Old West” to the Library Theater with a special production designed with young children in mind. This forty-five minute production by the well-known Ballet Etudes company will delight children of all ages. Join us for this special twist on the well known classic story! **Advance ticket purchase is highly recommended. Tickets go on sale March 9, 2013. Limit 10 tickets per person.** For more information, please call 714-375-5107.

Cultural & Historic Services

TASTE OF HUNTINGTON BEACH

Huntington Beach Sports Complex
Sunday, April 28, 2013 – 12 noon – 4 pm (VIP 11 am – 4:pm)
Tickets are \$55/\$75 VIP per person – on presale now; March 1 price increases by \$5; then April 1 by \$5.

Please join us for our annual culinary fundraiser to benefit the children's department. The Taste features a unique sampling of 50 of the finest restaurants Huntington Beach has to offer, paired with more than 40 of California's premium wineries and craft breweries. Tickets are on sale now online at www.tastehb.com or at the circulation desk of the Central Library. For more information, please call 714-375-5107.

To find out what's going on in **May**, please visit our website at www.hbpl.org and click on Kids Stuff – Upcoming Events for more information on our exciting programs and activities.

THE HUNTINGTON BEACH PLAYHOUSE

The Huntington Beach Playhouse is a non-profit community theatre group coordinated and run strictly by local volunteers, performing at the 319 seat theater in the lower level of the Central Library. For information, call 714-375-0696, or visit www.hbph.com.

HUNTINGTON BEACH CONCERT BAND

The Huntington Beach Concert Band is a volunteer organization of approximately 70 musicians providing music to the HB community. For information, call 714-963-3681 or visit www.hbconcertband.org.

HUNTINGTON BEACH HISTORICAL SOCIETY – (NEWLAND HOUSE MUSEUM)

Built in 1898, the Newland House Museum is the city's best-preserved and most historically significant example of early homes. The Newland House Museum is open the first and third weekends of the month, Saturday and Sunday from 12 Noon to 4 pm, except holidays and rainy days. For membership and information, call 714-962-5777.

HUNTINGTON BEACH ART LEAGUE

The Huntington Beach Art League meets on the first Wednesday of each month at the Rodgers Senior Center. For information, e-mail president@hbartleague.com, or call Betty Viers at 714-848-8203 or Diana LoSchiavo at 714-842-9433.

THE INTERNATIONAL SURFING MUSEUM

The International Surfing Museum plays host to this international monument to surfing, featuring exhibits on the culture and sport of surf, and a summer concert series. For information, call 714-960-3483 or visit www.surfingmuseum.org.

Human Services

HUNTINGTON BEACH SENIOR SERVICES

MICHAEL E. RODGERS SENIORS CENTER

1706 Orange Avenue, 714-536-9387; FAX 714-374-1543
Office Hours: Monday through Friday, 8:30 am to 5 pm

The Michael E. Rodgers Seniors Center is a focal point for an array of programs and services important to the quality of life for the seniors in our community. The center is a multi-purpose facility and offers opportunities for community involvement and companionship with a wide range of social, recreational, and educational programs promoting wellness. Volunteer and internship opportunities are available.

For senior transportation information call 714-374-1742

Human Services

PC BUDDY CLUB

The PC Buddy Club is a FREE social club for new and experienced computer users. The club meets the 2nd and 4th Thursday of each month, from 2 – 4 pm, at the Michael E. Rodgers Seniors Center. Experienced teachers who are able to answer your most troubling computer questions will moderate the club. Guest speakers will address a variety of topics current in the computer industry.

SENIORSERV LUNCH PROGRAM

SeniorServ serves a wide variety of delicious, nutritious lunches each weekday at 11:30 am. A donation of \$3 per meal is suggested for people 60 years of age and older. A meal cost for those under 60 years of age is \$5. For more information regarding the lunch program, call 714-536-8404.

SENIORS OUTREACH CENTER

1718 Orange Avenue, 714-960-2478; FAX 714-374-1620
Office Hours: Monday through Friday, 8 am to 5 pm
Transportation Office – 714-374-1742

Outreach services, under the direction of the Community Services Department since 1974, assist the frail and elderly in the city with their physical, emotional, and nutritional needs through professionally trained staff and volunteers. The center's goal is to promote self-sufficiency and independence for seniors. The center provides resources, information and consultation for older adults and families in need. In addition, Outreach offers a citywide free transportation program for seniors.

Services Include: Home Delivered Meals – Monday through Friday; Holiday Meals – Easter, Thanksgiving, and Christmas; Transportation – within Huntington Beach with 5 days advance notice; Care Management – advocacy, support services and linkage for older adults; Equipment Lending Service – wheelchairs, walkers, and more;

CHERISH – Emergency Food Certificates – Limited availability; Friendly Visitors; College Internships; SC-SSP – Surf City Senior Service Providers Network

HUNTINGTON BEACH COUNCIL ON AGING



The Huntington Beach Council on Aging (HBCOA) is officially recognized by the City Council of Huntington Beach as representing its local senior citizens. The mission of this nonprofit corporation is to work with city staff and volunteers to enhance the dignity and quality of life for city seniors through comprehensive services, education, and advocacy aimed to empower and meet the needs of a diverse population. As the senior population continues to grow, the HBCOA will respond to the broadening needs of our senior community and advocate on their behalf.

The Executive Board meets at 9 am on the first Thursday of each month at the Michael E Rodgers Seniors Center; and general membership meetings are held four times a year. Please help us continue our efforts by becoming a member of the HBCOA, or by making a donation. The HB Council on Aging and the seniors who benefit directly from your generosity appreciate your support of senior programs. Please call Rodgers Seniors Center at 714-536-9387 for additional information.



Human Services

PROJECT SELF-SUFFICIENCY

Project Self Sufficiency is a local Huntington Beach program that assists low income, single parents to achieve economic independence through education and training. The program is in its 27th year of helping local families in need.

The Huntington Beach community, civic organizations, businesses and public and private donors support the PSS program in a variety of ways. Project Self Sufficiency Foundation is a 501 (C)(3) organization and all contributions are tax deductible. For more information please call 714-536-5263 or 714-536-5439 or visit our website: www.pssfoundation.org.

Recreation Facilities

EDISON COMMUNITY CENTER (ECC)

21377 Magnolia Street, 714-960-8870

&

MURDY COMMUNITY CENTER (MCC)

7000 Norma Drive, 714-960-8895

Reservations are now available for group picnic shelters! The centers offer children's play equipment, lighted tennis courts, lighted softball diamonds, lighted racquetball courts (ECC only), lighted basketball courts, volleyball, horseshoes and barbecues. The centers contain four meeting rooms, kitchen, lounge and game room. Pool, ping-pong, and table games are available during specified hours.

CITY GYM AND POOL (CG)

1600 Palm Avenue, 714-960-8884

This supervised facility offers cultural classes, swim lessons, indoor basketball courts and swimming pool. Billiards, ping-pong and table games are available during specific hours.

Open Basketball and Volleyball:

Full Court: Thurs. 7:30 pm – 9 pm

Fri. 12 Noon – 4:45 pm

Half Court: Mon. & Wed. 10:30 am – 12 Noon & 1 pm – 3 pm

Volleyball Fri. 5 pm – 8 pm

Reserve a picnic area for your special event. Contact:

Edison Community Center: 714-960-8870

or

Murdy Community Center: 714-960-8895



Lake Park Clubhouse

No classes Monday, May 27

Recreation Facilities

HUNTINGTON CENTRAL PARK (HCP)

Huntington Central Park is the city's largest park, consisting of over 350 acres. Park entrances can be found on Edwards Street, Goldenwest Street, Gothard Street, Slater Avenue, and Talbert Avenue. The park provides a quiet retreat from the usual city turmoil. A sense of serenity is felt as one strolls amidst the trees, expansive lawns, and placid lakes and observes a variety of bird life. Additionally, the park has picnic tables, barbecues, restrooms, several playgrounds, disc golf, and six miles of trails. For information, phone 714-536-5486 or telephone numbers listed below for specific activity.

Covered Group Picnic Shelter – Seats 200 people and includes tables, barbecues, sinks, and electricity.

Amphitheater – Small rustic Amphitheater which seats 200 people and includes wooden benches, a stage, and electricity.

Disc Golf Course – Includes 18 holes and is played like golf using a "Frisbee."

Dog Park – Fenced free-run dog area at Edwards and Inlet. For information, phone 714-536-5672.

Youth Group Campground – Organized youth groups; no individual camping is permitted.

Food Concessions – Kathy May's Lakeside Cafe, 714-842-7700, and The Park Bench Café, 714-842-0775, are located in the park.

Equestrian Center – This 25-acre center offers boarding, riding school, training, and party rentals. For information, phone 714-848-6565.

Shipley Nature Center – 18-acre Nature Center with trails and Interpretive Center. Parking at 17851 Goldenwest Street. For information, phone 714-842-4772, www.shipleynature.org

SPORTS COMPLEX AT HUNTINGTON CENTRAL PARK

Fields – The facility has 7 softball/ baseball fields, 3 open artificial turf fields and one arena style soccer field. All fields require a permit. For information, phone 714-536-5230.

Batting Cages – There are seven cages available for: baseball (4), slow-pitch softball (2) and fast-pitch softball (1). For hours, information or reservations, please call 714-375-3960.

Food Concessions – Two food concessions conveniently located within the Sports Complex: HB Outdoor Barbeque 714-842-6255, and Stadium Club 714-847-4555.

RENTAL FACILITIES

Harbour View Clubhouse 16600 Saybrook Lane

Lake Park Clubhouse And BBQ. Lake And 12Th Streets

Newland Barn. 19822 Beach Boulevard

These rental halls with meeting rooms also include a complete kitchen, restrooms, tables and chairs. For further information, please call 714-375-5158. Community Centers are also available for rental. For more information please call individual centers.



Newland Barn

Special Events

ANNUAL EASTER HUNT GETS A NEW LOOK AND NEW LOCATION! SATURDAY, MARCH 30, 2013

The City of Huntington Beach together with the Huntington Beach Kiwanis Club is proud to announce the 23rd Annual Easter Hunt at Central park, Sports Complex on Saturday, March 30, 2013. This event begins with a pancake breakfast with "hunt" times starting at 9:00am. The Annual Easter Hunt has enjoyed a long history of bringing kids and their parents together to enjoy a day of food, vendors, games, various city department displays including Community Services, City Clerk, Fire, Police, Public Works, and, of course, the Easter candy hunt.

This year, the event will remain on "the other side of Goldenwest Street" at the beautiful Sports Complex auxiliary field. The event will expand to include the third annual Kiwanis Family Fun Day! Family Fun is scheduled from 9:00am to 3:00pm and is a great way to spend the day with family and friends while supporting the local Huntington Beach Community!

Kiwanis International is a global organization of volunteers dedicated to changing the world one child and one community at a time. Kiwanis and its youth-oriented Service Leadership Programs serve communities in more than 80 countries. Huntington Beach is fortunate to partner with the HB Kiwanis Club on the Annual Easter Hunt and Family Fun Day. For more information, please call 960-8895.

MOTHER DAUGHTER TEA

Mothers, grandmothers, and aunts, bring your young lady to a pleasant, relaxing afternoon tea. You'll experience authentic Victorian high tea complete with scones, tea sandwiches, desserts, and of course, tea (or lemonade for the little ones). Bring your favorite cup and saucer and wear your favorite dress, hat, and gloves. \$15 for each additional daughter.

Berg, April Newland Barn Clubhouse- 19822 Beach Blvd
3628.200 5yrs to 14yrs 4/14 2:00pm-4:30pm Su \$35

Day Camps

TENNIS: SPRING BREAK JUNIOR TENNIS CAMP

The Junior Tennis Camp will offer the opportunity for beginner to advanced players to enjoy a 5-day "tennis clinic" setting. This program will include instruction in basic physical fitness concepts, skill coordination development, stroke techniques, "Tennis Olympics" and supervised match play. Parents will be invited to a pizza lunchtime awards presentation on the last day of each camp. Bring one can of new balls and tennis racquet. Drinks provided. Siblings who sign up together pay \$115.

Danielson, Brenda L Murdy Community Center Tennis Court #1
9170.200 6yrs to 16yrs 4/1 - 4/5 8:30am-12:30pm M-F \$125



Workshops

BABYSITTING: SERIOUSLY AWESOME SITTERS

The ultimate babysitter preparation class! You become certified in Basic First Aid and CPR/AEAD for adults and children. You'll also learn how to market your services, safely care for children, make healthy snacks, and entertain kids so that you'll be asked back again and again! \$30 material fee due at first class.

Workshops on Wellness	Murdy Community Center Game Room
3605.200 10yrs to Adult 4/20 10:00am-5:00pm Sa \$60	
3605.201 10yrs to Adult 6/8 10:00am-5:00pm Sa \$60	

COOKING: ASIAN COOKING

Unlock the mystery of Asian cooking. You will learn how to prepare a variety of dishes from China, Japan, Thailand, India, and Korea. Each culture has its specialty and influence and you will learn how to prepare them, learn about exotic spices and their uses. \$10 material fee due at first class.

Berg, April	Edison Community Center Hall C & D
3639.200 Adult 4/2 6:30pm-9:30pm Tu \$35	

COOKING: GOURMET PICNIC

Whether it's at the beach, concert in the park or family get together, you will want to take one of the tantalizing dishes we are going to learn to prepare. The dishes will be a variety of sandwiches, entrees, salads and desserts. This class will transform the basic picnic to the ultimate picnic. \$10 material fee due at first class.

Berg, April	Edison Community Center Hall C & D
3658.200 Adult 5/7 6:30pm-9:30pm Tu \$35	

COOKING: ITALIAN COOKING

Ever wanted to make your own pasta from scratch? Make the best sauces from Italy? Prepare the most mouth watering desserts? You will learn the techniques for all of this plus much more. We will be exploring specialties from the different regions from Northern Italy to Sicily. \$10 material fee due at first class.

Berg, April	Edison Community Center Hall C & D
3709.200 Adult 4/23 6:30pm-9:30pm Tu \$35	

COOKING: VICTORIAN TEA

Learn everything to host your own tea. Great for showers and birthdays. You'll learn about different place settings, a variety of tea sandwiches, scones, lemon curd, trifle, and more. At the end of the class, you'll enjoy a "High Tea". Come hungry! \$10 material fee due at first class.

Berg, April	Edison Community Center Hall C & D
3632.200 Adult 6/4 6:30pm-9:30pm Tu \$35	

CPR/AED: WHAT PARENTS AND CAREGIVERS NEED TO KNOW

A dynamic and interactive class that covers what every parent/caregivers needs to know about CPR/First Aid/AED use for infant/children. Parents are encouraged to bring their children, and share their knowledge, while they learn alongside other parents/caregivers. American heart association card will be issued to all who participate. Please bring self-addressed stamped envelope. \$15 material fee due at first class.

Ameduri, Megan	Murdy Community Center Hall C & D
3711.200 Adult 4/13 9:00am-1:00pm Sa \$50	

Parks & Recreation...
Elevate Personal Growth
...The Benefits Are Endless

Workshops

CPR/AED: WHAT EVERYONE NEEDS TO KNOW

Do you want to know what to do in an emergency? Join us and learn the basics of CPR/AED use for infants through adults. Bring your questions this is an interactive class. American heart association card will be issued to all who participate. Please bring self-addressed stamped envelope. \$15 material fee due at first class.

Ameduri, Megan Murdy Community Center Hall C & D
3712.200 1yrs to Adult 5/18 9:00am-1:00pm Sa \$50

INCEDIFLIX: LEGO NIGHT OUT!

Have your children join us as we build with Legos, order pizza, have fun, and all while you head out and enjoy yourself elsewhere! We'll build a giant city out of Lego's with each student contributing his or her own idea for a world completely created by them. So go out and enjoy yourselves and let us take care of everything else! \$5 food and drink fee due upon arrival.

IncrediFlix, Studios Murdy Community Center Hall A
3713.200 7yrs to 12yrs 4/20 5:00pm-8:30pm Sa \$30

MAD SCIENCE DATE NIGHT: NO PARENTS ALLOWED

Science Nights provide an amazing opportunity to bring students and Mad Scientists together for a night filled with education, entertainment and parents get the night off! We bring fascinating display and hands-on experiments that allow kids to engage in scientific learning. We will provide dinner and a snack. All children must be POTTY TRAINED. \$5 material fee due at first class.

Broderick, Jay Murdy Community Center Hall A
3675.200 3yrs to 12yrs 5/18 5:00pm-9:00pm Sa \$35

Tot Classes

ART PLAYGROUND

Are you worn out, running in seven different directions with your kids? Bring them to the SAME class where fun and creativity are key. Each week, kids express their artistic style in our playground of arts and crafts stations. You take home fabulous masterpieces; the mess stays with us! Parent participation. Dress for mess! \$15 material fee due at first class.

Easel Does It Staff Lake Park Clubhouse, 1035 11th Street
6214.201 1yrs 6mths to 5yrs 4/8 - 5/20 09:45am-10:30am M \$70
6214.202 1yrs 6mths to 5yrs 4/8 - 5/20 10:45am-11:30am M \$70
6214.203 1yrs 6mths to 5yrs 4/9 - 5/28 10:45am-11:30am Tu \$78

Easel Does It Staff Harbour View Clubhouse 16600 Saybrook Ln
6347.200 1yrs 6mths to 5yrs 4/3 - 5/22 10:45am-11:30am W \$78

ART: DRAWING FOR LITTLE TOTS

Children ages 4 to 6 learn step-by-step how to create works of art, while developing an awareness of basic shapes, colors, compositions, hand-eye coordination and more. Class is limited to 15 students. Pre-registration is required. \$2 material fee due at first class.

Oquist, Courtney L Art Center Studio
6205.201 4yrs to 6yrs 3/27 - 4/24 3:00pm-4:00pm W \$65*
6205.202 4yrs to 6yrs 3/27 - 4/24 4:00pm-5:00pm W \$65*
6205.203 4yrs to 6yrs 5/1 - 5/29 3:00pm-4:00pm W \$65*
6205.204 4yrs to 6yrs 5/1 - 5/29 4:00pm-5:00pm W \$65*
6205.205 4yrs to 6yrs 3/29 - 4/26 02:30pm-3:30pm F \$65*
6205.206 4yrs to 6yrs 5/3 - 5/31 02:30pm-3:30pm F \$65*

*\$59.10 HBAC

Tot Classes

ART: LITTLE TOTS MIXED MEDIA

From drawing to painting to printmaking and sculpture, this mixed-media art class has it all! Designed especially for little artists, students explore a variety of art-making techniques, while engaging in their creativity and imagination. All supplies included. Class size limited to 15. \$15 material fee due at first class.

Oquist, Courtney L Art Center Studio
6379.201 4yrs to 6yrs 3/29 - 4/19 3:45pm-5:15pm F \$65*
6379.202 4yrs to 6yrs 5/3 - 5/24 3:45pm-5:15pm F \$65*
*\$59.10 HBAC

ART: PARENT AND ME CLAY TIME

Come and enjoy some creative time with your little one! Our young artist will enjoy a tactile experience using clay, as we hand build wonderful projects step-by-step. Different projects each class. All pieces will be glazed and fired. Aprons will be provided. \$20 material fee due at first class.

Henry, Lucia Art Center Studio
6374.201 3yrs to 5yrs 4/11 - 5/9 2:30pm-3:15pm Th \$71*
*\$64.50 HBAC

ART: PARENT AND ME ART TIME

Explore a variety of art materials and fire up your child's imagination. Hands-on projects may include painting, drawing, printmaking, clay sculpture and much more! Come and enjoy a special creative time with your little artist. All materials and aprons are provided. \$20 material fee due at first class.

Henry, Lucia Art Center Studio
6375.201 3yrs to 5yrs 5/16 - 6/13 2:30pm-3:15pm Th \$67*
*\$60.90 HBAC

ART: PARENT AND ME LITTLE ARTISTS

Make art with your child! Little artists ages 2-3 create a new work of art every week using clay, watercolors, tempera, pastels, pencils and more. Parent participation required. \$10 material fee due at first class.

Oquist, Courtney L Art Center Studio
6326.201 2yrs to 3yrs 3/29 - 4/19 10:15am-11:00am F \$51*
6326.202 2yrs to 3yrs 3/29 - 4/19 11:15am-12:00pm F \$51*
6326.203 2yrs to 3yrs 5/3 - 5/24 10:15am-11:00am F \$51*
6326.204 2yrs to 3yrs 5/3 - 5/24 11:15am-12:00pm F \$51*
*\$46.50 HBAC

ART: YOUNG REMBRANDTS PRESCHOOL DRAWING

Springtime is the right time for Young Rembrandts as we blast off with our adventurous astronaut then return to our Earth bound tree house. We'll capture the beauty of Spring with our colorful flower basket. Our program is designed to prepare young students for kindergarten and beyond AND it's fun!

Young, Rembrandts Edison Community Center Game Room
6352.200 3yrs 6mths to 5yrs 3/27 - 4/24 09:15am-10:00am W \$70
6352.201 3yrs 6mths to 5yrs 5/8 - 6/5 09:15am-10:00am W \$70

CREATIVE LEARNING HOUR

This parent participation class will get your child excited about learning their ABC's and 123's. We will read, write, create, sing and play all while we learn together. We will use circle times and educational themed centers. Stay and learn all year as we will have new themes and activities every 8 weeks. \$5 material fee due at first class.

Diersing, Teri Edison Community Center Hall B
6351.200 3yrs to 5yrs 4/4 - 5/23 11:00am-12:00pm Th \$80

Tot Classes

DANCE: BABY BALLERINA AND ME

Parents assist dancers in learning basic ballet positions, movements, short dances and more. Both parents and tiny dancers benefit by improving body awareness, coordination and flexibility. A great start for a budding ballerina and fun for parents, too. \$1 material fee due at first class. No class 4/1- 4/4 and 5/27. Optional recital 6/25 & 6/26. Additional fees apply. See instructor for details at first class.

Hunting Academy of Dance	Murdy Community Center Hall B
6216.200	2yrs 6mths to 4yrs 3/25 - 6/17 10:00am-10:45am M \$115
6216.201	2yrs 6mths to 4yrs 3/28 - 6/20 10:15am-11:00am Th \$125

Hunting Academy of Dance	Edison Community Center Hall B
6217.200	2yrs 6mths to 4yrs 3/27 - 6/19 10:30am-11:15am W \$125

Hunting Academy of Dance	16601 Gothard St, Suite A
6218.200	2yrs 6mths to 4yrs 3/26 - 6/18 10:00am-10:45am Tu \$125

DANCE: BABY'S FIRST DANCE CLASS

Children delight in a sense of movement. Singing and dancing is a marvelous introduction for little ones to acquire confidence and motor skills, as well as strength, knowledge and coordination.

Ludwig, Dawna A	Murdy Community Center Hall B
6215.200	1yrs to 3yrs 6mths 3/29 - 4/26 10:15am-10:55am F \$45
6215.201	1yrs to 3yrs 6mths 5/3 - 5/31 10:15am-10:55am F \$45

DANCE: BALLET BUDDIES

Learn ballet the fun way with friends, great music, and an enthusiastic instructor. Learn basic ballet positions, jumps, turns, and short dances using French vocabulary. Leotard, tights, ballet slippers encouraged. Parents are invited to watch the last class of the session. \$1 material fee due at first class. Optional recital 6/25 & 6/26. Additional fees apply. See instructor for details at first class. No class 4/1 - 4/4 and 5/27.

Hunting Academy of Dance	Murdy Community Center Hall B
6219.200	3yrs to 5yrs 3/25 - 6/17 9:00am-10:00am M \$115
6219.201	4yrs to 6yrs 3/25 - 6/17 3:00pm-4:00pm M \$115
6219.202	3yrs to 5yrs 3/28 - 6/20 11:00am-12:00pm Th \$125

Hunting Academy of Dance	Edison Community Center Hall B
6220.200	3yrs to 5yrs 3/27 - 6/19 9:30am-10:30am W \$125
6220.201	4yrs to 6yrs 3/27 - 6/19 3:30pm-4:30pm W \$125
6220.202	3yrs to 5yrs 4/6 - 6/22 9:00am-10:00am Sa \$125
6220.203	4yrs to 6yrs 4/6 - 6/22 10:00am-11:00am Sa \$125

Hunting Academy of Dance	City Gym Room A
6221.200	3yrs to 5yrs 3/28 - 6/20 3:00pm-4:00pm Th \$125

Hunting Academy of Dance	16601 Gothard St, Suite A
6222.200	3yrs to 5yrs 3/26 - 6/18 11:00am-12:00pm Tu \$125

DANCE: FAMILY NIGHT HIP HOP

Parents how would you like to spend quality time with your children and have a good laugh too? Join certified dance instructor Charletta Fry, where the coolest music is played to the latest Hip-Hop moves. Children will develop performing and social skills while having fun! Bring the whole family. Infants welcome. One class off, TBA.

Fry, Charletta R	City Gym Room A
6316.200	6mths to 7yrs 3/26 - 5/21 5:00pm-5:45pm Tu \$100

DANCE: ONE AND TWO BABY BOOGIE AND YOU

Children will delight in a sense of movement. Dance is a marvelous introduction for little students to acquire confidence and discipline as well as strength, knowledge, and coordination. "Baby face, you've got the cutest, little baby face." Parent/child participation.

Ludwig, Dawna A	City Gym Room A
6380.200	4mths to 1yrs 3/25 - 4/22 12:00pm-12:40pm M \$45

DANCE: TINY TOTS HULA

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the islands! Class Luau held at the end of the session.

Seanoa, Melody A	Art Center Multipurpose Room
6227.201	2yrs to 4yrs 3/27 - 4/24 10:30am-11:00am W \$62*
6227.202	2yrs to 4yrs 5/1 - 6/5 10:30am-11:00am W \$72**
6227.203	2yrs to 4yrs 3/27 - 4/24 11:30am-12:00pm W \$62*
6227.204	2yrs to 4yrs 5/1 - 6/5 11:30am-12:00pm W \$72**

*\$56.40/**\$65.40 HBAC

DANCE: TINY TUTU TOTS

Dance develops body awareness, coordination, and rhythm in young tots as they move and groove to the music. Parents will enjoy helping baby improve gross motor skills, plus it's fun to watch baby dance! Dance attire encouraged for tots. Parent participation. \$1 material fee payable to instructor. Optional recital 6/25 & 6/26. Additional fees apply. See instructor for details at first class. No class 4/3 & 4/4.

Hunting Academy of Dance	Edison Community Center Hall B
6336.200	1yrs 6mths to 2yrs 6mths 3/27 - 6/19 9:00am-9:30am W \$95

Hunting Academy of Dance	16601 Gothard St, Suite A
6355.200	1yrs 6mths to 2yrs 6mths 3/28 - 6/20 9:30am-10:00am Th \$95

DANCE: TOTS HULA

Aloha! Fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the islands! The class will end with a show and luau for family and friends.

Seanoa, Melody A	Art Center Multipurpose Room
5220.201	4yrs to 6yrs 3/26 - 4/23 4:00pm-04:45pm Tu \$62*
5220.202	4yrs to 6yrs 4/30 - 6/4 4:00pm-04:45pm Tu \$72**

*\$56.40/**\$65.40

GYMNASTICS: KARTWHEEL-N-KIDS

Girls & boys, kick-up your heels & learn to cartwheel! Gymnastic skills include: cartwheels, rolls, handstands, bridge/backbend, beams, handspring barrel, trampoline and more. We focus on beginning tumbling skills while incorporating music, obstacle courses & fun. Progressive skill level instruction promotes success and confidence. \$2 material fee due at first class. Non-parent participation.

Tumble-N-Kids, Inc	Edison Community Center Hall A
6233.200	4yrs to 6yrs 4/3 - 6/5 2:40pm-3:40pm W \$106

GYMNASTICS: TEENY TUMBLE-N-DANCE

Combining two great skills, Gymnastics + Dance, your toddler will explore rhythm, balance and coordination through music, movement and age-appropriate tumbling. Together, we'll sing, dance and tumble in a fun, safe environment - "Ta-Da!" \$2 material fee due at first class. Parent-participation.

Tumble-N-Kids, Inc	Murdy Community Center Hall A
6346.200	1yrs 4mths to 24mths 4/13 - 6/15 10:30am-11:15am Sa \$86

Tumble-N-Kids, Inc	City Gym Room B
6357.200	16mths to 2yrs 4/12 - 6/14 11:00am-11:45am F \$86

Parks & Recreation...

Create Memories

...The Benefits Are Endless

Tot Classes

GYMNASTICS: TINY TUMBLE-N-DANCE

Combining two great skills, Gymnastics + Dance, your little one will improve rhythm, balance and coordination through music, creative movement and age-appropriate tumbling. Together, we'll sing, dance and tumble in a fun, safe environment - "Ta-Da!" \$2 material fee due at first class. Parents participant in the FUN!

Tumble-N-Kids, Inc City Gym Room B
6247.200 2yrs to 3.5yrs 4/12 - 6/14 10:00am-11:00am F \$106

Tumble-N-Kids, Inc Murdy Community Center Hall A
6345.200 2yrs to 3yrs 6mths 4/13 - 6/15 9:30am-10:30am Sa \$106

GYMNASTICS: TEENY TUMBLE-N-YOGA

Join this fun and active class combining baby-friendly yoga poses and age-appropriate tumbling skills! This parent-participation class provides social interaction and helps baby "yoginis" build important motor skills, hand/eye-foot/eye coordination and balance as they climb, jump, roll, slide, explore tunnels, balls and enjoy safe, creative FUN + MUSIC! \$2 material fee due at first class.

Tumble-N-Kids, Inc Murdy Community Center Hall A
6333.200 9mths to 1yrs 5mths 4/2 - 6/4 10:30am-11:15am Tu \$86

GYMNASTICS: TINY TUMBLE-N-YOGA

Don't "Om" alone! A double dose of fun, this active class combines kid-friendly yoga poses with age-appropriate tumbling skills! Get strong and fit learning Gymnastics (rolls, beams, trampoline, "Big Cheese" mat & more), improve balance, flexibility and concentration with Yoga as you both improve body-awareness and confidence. Parent participation, yoga mats provided. \$2 material fee due at first class.

Tumble-N-Kids, Inc Murdy Community Center Hall A
6353.200 1yrs 6mths to 3yrs 4/2 - 6/4 11:15am-12:15pm Tu \$106

GYMNASTICS: TEENY TUMBLERS

"Teeny Tumblers" will develop important motor skills and confidence as they tumble, roll, balance, bounce, sing, sit and crawl in this fun, active class! Together we'll enjoy safe, creative fun +music! \$2 material fee due at first class. Parent- participation.

Tumble-N-Kids, Inc City Gym Room B
6241.200 8mths to 16mths 4/12 - 6/14 11:45am-12:30pm F \$86

Tumble-N-Kids, Inc Murdy Community Center Hall A
6242.200 8mths to 1yrs 4mths 4/13 - 6/15 11:15am-12:00pm Sa \$86

GYMNASTICS: TINY TWISTERS

Enjoy Saturday mornings with your "Tiny Twister." Learning age appropriate tumbling is great fun! Your little one improves important motor skills, strength, confidence and coordination. Together, we'll tumble-roll-balance-bounce-sing-sit-crawl-jump...and enjoy safe, creative fun and music. "Let the good times ROLL" \$2 material fee due at first class.

Tumble-N-Kids, Inc Edison Community Center Hall A
6328.200 9mths to 2yrs 4/6 - 6/8 10:00am-10:45am Sa \$86

GYMNASTICS: TOOTSIE ROLLERS

This class is jam-packed with music, movement and Tumble-N-Fun! Together, we'll tumble, roll, balance, bounce, sing, hop, jump, and enjoy safe, creative fun + music! Obstacle courses, beams, trampoline, and "Big Cheese" keep it roll'n! Gymnastic skills are a great foundation for all sports! Parent participation. \$2 material fee due at first class.

Tumble-N-Kids, Inc Murdy Community Center Hall B
6238.200 1yrs 6mths to 3yrs 4/4 - 6/6 10:00am-11:00am Th \$106

Tumble-N-Kids, Inc Edison Community Center Hall A
6239.200 1yrs 6mths to 3yrs 4/3 - 6/5 10:30am-11:30am W \$106

GYMNASTICS: TUMBLE BUGS

Together, we'll tumble, roll, balance, bounce, sing, hop, jump and enjoy safe, creative tumble-fun & music. Obstacle courses, balance beams, trampoline, "big cheese", tunnels, animal walks, circle time, learning gymnastic positions, keep it roll'n. Parent participation required. \$2 material fee due at first class.

Tumble-N-Kids, Inc Edison Community Center Hall A
6315.200 2yrs to 3yrs 4/6 - 6/8 10:45am-11:45am Sa \$106

GYMNASTICS: TUMBLE STARS

Boys and girls safely learn fun and age-appropriate Gymnastics/Tumbling skills. Students gain strength, coordination, flexibility, balance, and self-confidence. Obstacle courses, balance beams, trampoline and handspring barrel keep the fun roll'n. Students learn to follow directions - a great class to prepare for school. Parent participation. \$2 material fee due at first class.

Tumble-N-Kids, Inc Murdy Community Center Hall B
6295.200 2yrs 6mths to 4yrs 4/4 - 6/6 11:00am-12:00pm Th \$106

Tumble-N-Kids, Inc Edison Community Center Hall A
6298.200 2yrs 6mths to 4yrs 4/3 - 6/5 11:30am-12:30pm W \$106

GYMNASTICS: TUMBLE-N-CHEER

Students learn GYMNASTICS & high energy CHEER skills - great for beginners! An experienced coach teaches with enthusiasm + positive reinforcement, creating a comfortable, non-competitive atmosphere. Learn easy cheers, age-appropriate tumbling: beginning cartwheels, rolls, jumps, & balance beam. These skills improve balance, flexibility, coordination, agility & prepare children for ALL SPORTS. \$2 material fee due at first class.

Tumble-N-Kids, Inc City Gym Room B
6354.200 3yrs to 5yrs 4/12 - 6/14 2:00pm-3:00pm F \$106

GYMNASTICS: TUMBLE-N-DANCE

Boys + Girls will improve rhythm, strength, body control, balance and coordination through music, creative movement and gymnastic skills. Gymnastics/Dance is great foundation for all sports! Have FUN + find your GROOVE! \$2 material fee due at first class.

Tumble-N-Kids, Inc City Gym Room B
6248.200 3.5yrs to 5yrs 4/12 - 6/14 12:45pm-1:45pm F \$106

GYMNASTICS: TUMBLE-N-FREESTYLE!

Release your child's inner "Tumbler"! Supervised by TNK instructor, we offer a great opportunity to safely explore gymnastics in a fun, "free-style" environment. Gymnastic equipment includes: balance beams, trampoline, incline wedge, cartwheel mat, handspring barrel. "Mr. Wobbles," obstacle courses, plus fun music. Come socialize plus exercise! Some parent participation required. \$2 material fee due at first class.

Tumble-N-Kids, Inc City Gym Room B
6338.200 2yrs to 4yrs 4/12 - 6/14 9:00am-9:45am F \$86

Murdy Community Center Hall A Tumble-N-Kids, Inc
6335.200 2yrs to 4yrs 4/13 - 6/15 12:00pm-12:45pm Sa \$86

INFANT TODDLER PLAY AND LEARN

A special time for parent and baby/toddler, which includes creative play and learning centers, music time, bubbles, and parachute play. Parenting tips, family outing ideas, and tips on selecting toys and educational materials shared. Field trip to visit animals included each session. \$5 material fee due at first class.

Rico, Beverly G Murdy Community Center Hall B
6251.200 10mths to 2yrs 3/27 - 5/29 9:00am-10:00am W \$80
6251.201 2mths to 9mths 3/27 - 5/29 11:00am-12:00pm W \$80

Rico, Beverly G Edison Community Center Hall B
6252.200 10mths to 2yrs 3/29 - 5/31 9:30am-10:30am F \$80

Tot Classes

KARATE: TRADITIONAL JAPANESE KARATE-DO BEGINNING

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A

6253.200	5yrs to 7yrs	3/28 - 6/13	5:00pm-5:45pm	Th	\$99
6253.201	5yrs to 7yrs	3/29 - 6/14	5:00pm-5:45pm	F	\$99
6253.202	5yrs to 7yrs	3/28 - 6/14	5:00pm-5:45pm	Th F	\$119

KARATE: TRADITIONAL JAPANESE KARATE-DO NOVICE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor. Orange, yellow, blue belts only.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A

6279.200	5yrs to 7yrs	3/28 - 6/13	5:45pm-6:30pm	Th	\$99
6279.201	5yrs to 7yrs	3/29 - 6/14	5:45pm-6:30pm	F	\$99
6279.202	5yrs to 7yrs	3/28 - 6/14	5:45pm-6:30pm	Th F	\$119

KARATE: TRADITIONAL KARATE-DO INTERMEDIATE/ADV.

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor. Blue/St, Green/St, Purple, Purple/St, Red, Red St belts only.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A

6278.200	5yrs to 7yrs	3/28 - 6/13	5:45pm-7:15pm	Th	\$115
6278.201	5yrs to 7yrs	3/29 - 6/14	5:45pm-7:15pm	F	\$115
6278.202	5yrs to 7yrs	3/28 - 6/14	5:45pm-7:15pm	Th F	\$135

MUSIC: WIGGLE, GIGGLE MUSIC TIME

It's time to let loose. Singing, dancing and playing musical instruments as we "get our wiggles out" in this fun and active class. Balance and coordination will be developed as we groove to the tunes. \$3 material fee due at first class. Parent participation required.

Hill, Patricia Y Murdy Community Center Game Room

6364.200	18mths to 3yrs 6mths	3/28 - 5/23	10:30am-11:15am	Th	\$78
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Hill, Patricia Y City Gym Room B

6383.200	1yrs 6mths to 3yrs 6mths	3/26 - 5/21	9:45am-10:30am	Tu	\$78
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PARENT & ME SUNSHINE BABIES & TOTS FUN CLUB OF HB

Have fun singing, dancing, marching and playing to upbeat music using bright colored props, and introduce your child to the wonderful world of song combined with dance. Fun activities include parachute games, bubbles, balls, tunnels, marching parade using rhythm instruments, and more. Parent participation is required. No class 4/2 - 4/4.

Merdjanian, Iskui Murdy Community Center Hall C&D

6256.200	10mths to 3yrs	3/26 - 6/4	9:15am-10:00am	Tu	\$88
6256.201	10mths to 3yrs	3/27 - 6/5	5:00pm-5:45pm	W	\$88

Merdjanian, Iskui Edison Community Center Hall B

6257.200	10mths to 3yrs	3/28 - 6/6	9:15am-10:00am	Th	\$88
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PARENT AND ME TOT HOUR

Parent participation class including creative play and learning centers; bubbles and parachute time; craft activity with Playdough, paints, collages; plus songs and dancing. Trip to visit farm animals. Provides opportunities in play and learning activities helpful for future preschool experiences. \$5 material fee due at first class.

Rico, Beverly G Murdy Community Center Hall B

6258.200	2yrs to 3yrs 6mths	3/27 - 5/29	10:00am-11:00am	W	\$80
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Rico, Beverly G Edison Community Center Hall B

6259.200	2yrs to 3yrs 6mths	3/29 - 5/31	10:30am-11:30am	F	\$80
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PERFORMING ARTS: SUNSHINE GENERATION GROUP OF HB

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session. \$30 for Sunshine t-shirt, CD, and worksheets. Parents are asked not to stay during rehearsals.

Merdjanian, Iskui Edison Community Center Hall B

6261.200	3yrs to 6yrs	4/11 - 5/30	4:30pm-5:15pm	Th	\$88
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Merdjanian, Iskui Murdy Community Center Hall C&D

6260.200	3yrs to 6yrs	4/9 - 5/28	4:15pm-5:00pm	Tu	\$88
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PLAYBALL

Playball is a coed progressive sports program developed 25 years ago by occupational therapists, sports psychologists and school teachers. Children learn basic skills for tennis, baseball, hockey, basketball and soccer. Playball is taught in a positive, non-intimidating and non-competitive environment where results are achieved while having fun. Parent participation required for the 2-3 yrs class. No class 4/15, 4/17, 5/27.

OC Playball Inc, Nancy Blake Edison Community Center Game Room

6263.200	2yrs to 3yrs	3/28 - 5/30	9:00am-9:45am	Th	\$100
6263.201	3yrs to 4yrs	3/28 - 5/30	10:00am-10:45am	Th	\$100

OC Playball Inc, Nancy Blake City Gym

6264.200	2yrs to 3yrs	4/1 - 6/10	9:00am-09:45am	M	\$100
6264.201	3yrs to 4yrs	4/1 - 6/10	10:15am-11:00am	M	\$100
6264.202	4yrs to 5yrs	4/1 - 6/10	3:30pm-04:15pm	M	\$100

OC Playball Inc, Nancy Blake Murdy Community Center Game Room

6265.200	2yrs to 3yrs	4/8 - 6/10	9:30am-10:15am	M	\$100
6265.201	3yrs to 4yrs	4/10 - 6/5	9:30am-10:15am	W	\$100

PRE-SCHOOL PLAY & PRACTICE

Imagine learning activities, award-winning children's literature, arts and crafts, songs, and many more fresh new ideas for your child. Each class is based on a different theme and includes cutting, pasting, painting, coloring, and more importantly, interacting with other children. \$5 material fee due at first class.

Ludwig, Dawna A City Gym Room A

6268.200	1yrs to 3.5yrs	3/25 - 4/22	11:20am-12:00pm	M	\$45
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Ludwig, Dawna A Edison Community Center Game Room

6267.200	1yrs to 3yrs 6mths	3/25 - 4/22	9:30am-10:10am	M	\$45
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Ludwig, Dawna A Murdy Community Center Hall B

6266.200	1yrs to 3yrs 6mths	3/29 - 4/26	9:30am-10:10am	F	\$45
6266.201	1yrs to 3yrs 6mths	5/3 - 5/31	9:30am-10:10am	F	\$45

Register Online! www.hbsands.org

Tot Classes

RHYTHM BABIES

This class is an easy and fun way to introduce your child to age appropriate musical instruments. They will delight to the sounds while developing their balance and coordination skills. \$2 material fee due at first class. This is a parent participation class.

Hill, Patricia Y Murdy Community Center Game Room
6339.200 6mths to 1yrs 6mths 3/28 - 5/23 9:30am-10:15am Th \$78

Hill, Patricia Y Edison Community Center Hall B
6382.200 6mths to 1yrs 3mths 3/25 - 5/20 09:15am-10:00am M \$78

RHYTHM, RHYME AND FUN

Rhyming games, musical instruments, and a colorful costume parade are just some of the fun things that your child will take part in as they learn to socialize in a positive and cheerful environment. \$3 material fee due at first class. This is a parent participation class.

Hill, Patricia Y Edison Community Center Hall B
6269.200 1yrs 3mths to 3yrs 3/25 - 5/20 10:15am-11:15am M \$96
6269.201 3yrs to 5yrs 3/25 - 5/20 11:30am-12:30pm M \$96

Hill, Patricia Y City Gym Room B
6271.200 15mths to 3yrs 3/26 - 5/21 10:45am-11:45am Tu \$96

SKATING: ICE SKATING FOR TOTS

Join the fun at Westminster ICE! Beginning ice skating made fun and easy. Learn to march, glide, hop and wiggle backwards. Includes skate rental, 30-minute lesson, free practice on day of class, (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday), and three additional skating passes to be used during the 4-week session. No class 5/22 & 5/25.

Westminster ICE 13071 Springdale, Westminster
6293.200 3yrs to 5yrs 4/10 - 5/01 5:40pm-6:10pm W \$37.00
6293.201 3yrs to 5yrs 5/8 - 6/5 5:40pm-6:10pm W \$37.00
6293.202 3yrs to 5yrs 4/13 - 5/4 10:15am-10:45am Sa \$37.00
6293.203 3yrs to 5yrs 5/11 - 6/8 10:15am-10:45am Sa \$37.00

SKATING: OC MINI ROLLERS

This roller skating class is designed for the young, first time skater. Students will learn the basics of roller skating, while building confidence and enjoying the outdoors. Parent participation is encouraged. Skaters to wear roller skates or inlines, protective gear - helmet, knee/elbow pads, and wrist guards.

Parra, Elena Edison Community Center Patio
6274.200 2yrs to 5yrs 4/6 - 5/4 9:00am-9:45am Sa \$45

SKATING: PARENT AND ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on day of class (3:10-4:40pm for Tuesday class and 12:00-2:00pm for Saturday class) and three additional skating passes to be used during the 4-week session. No class 5/21 & 5/25.

Westminster ICE 13071 Springdale, Westminster
6292.200 3yrs to 5yrs 4/9 - 4/30 4:10pm-4:40pm Tu \$37
6292.201 3yrs to 5yrs 5/7 - 6/4 4:10pm-4:40pm Tu \$37
6292.202 3yrs to 5yrs 4/13 - 5/4 11:15am-11:45am Sa \$37
6292.203 3yrs to 5yrs 5/11 - 6/8 11:15am-11:45am Sa \$37

Parks & Recreation...
Teach Life Skills
...The Benefits Are Endless

SPANISH FOR FUN AND FOREVER

The class is packed with visuals, songs rhymes, movement activities and games. Each child receives color visuals for mastery of the current vocabulary. Parent/child participation. \$5 material fee due at first class.

Blades, Murnez City Gym Room A
6313.200 3yrs to 5yrs 4/4 - 5/23 10:30am-11:15am Th \$88

SPORTS: SKYHAWKS BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. Each child receives a T-shirt & merit award. No class 5/27.

Skyhawks Sports Academy, Inc. Murdy Community Center Basketball Courts

6367.200 4yrs to 7yrs 3/25 - 4/22 4:00pm-5:00pm M \$59
6367.201 4yrs to 7yrs 5/6 - 6/10 4:00pm-5:00pm M \$59

SPORTS: SKYHAWKS MINI HAWK

This baseball and t-ball program gives 4 to 7 year-olds a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. Each child receive a t-shirt and a merit award.

Skyhawks Sports Academy, Inc. Murdy Community Center Basketball Courts

6368.200 4yrs to 7yrs 3/27 - 4/24 3:30pm-4:30pm W \$59
6368.201 4yrs to 7yrs 5/8 - 6/5 4:00pm-5:00pm W \$59

TIPPI TOES MUSIC & MOVEMENT: PARENT & ME

Tippi Toes Dance Company introduces music, movement, balance and the basic dance steps in a fun and positive manner! Instructors will keep fun & exciting music and curriculum moving along while parents take an active role in encouraging supporting and keeping the little dancer on track.

Tippi Toes HB, Alexander Lynn Murdy Community Center Hall B
6360.200 1yrs 6mths to 3yrs 3/26 - 5/28 10:15am-10:45am Tu \$90

Tippi Toes HB, Alexander Lynn City Gym Room A
6371.200 1yrs 6mths to 3yrs 3/30 - 6/1 9:30am-09:55am Sa \$90

TIPPI TOES PRINCESS: MUSIC & MOVEMENT

With songs like "Put'n on my Make-up" & "Pink High Heels" your little dancer is sure to leave class covered in sparkles while she leaps and twirls! The instructor in Princess Character will use dance, imagination and Tippi Toes music to make class a magical experience! No class 5/27.

Tippi Toes HB, Alexander Lynn Murdy Community Center Hall A
6359.200 3yrs to 6yrs 3/25 - 6/3 3:15pm-3:55pm M \$95

Tippi Toes HB, Alexander Lynn City Gym Room A
6370.200 3yrs to 6yrs 3/30 - 6/1 10:00am-10:40am Sa \$95

TIPPI TOES SUPERHEROS: MUSIC AND MOVEMENT

It's a bird, it's a plane, it's...your super boy! Reaching for the stars and boogieing to the beat your little man will learn balance, rhythm and the basics of dance in this exciting & high energy class taught by a Tippi Toes Superhero!

Tippi Toes HB, Alexander Lynn City Gym Room A
6378.200 2.5yrs to 5yrs 3/30 - 6/1 11:00am-11:35am Sa \$95

Tippi Toes HB, Alexander Lynn Murdy Community Center Hall B
6381.200 2yrs 6mths to 5yrs 3/26 - 5/28 11:00am-11:35am Tu \$95

Youth Classes

ART: ART EXPLORATIONS

The different elements of art will be introduced through a variety of media such as acrylic on canvas, pastels, charcoal, watercolor and more. Emphasis is placed on techniques as students explore the work of famous artists and create their own masterpieces. All materials and aprons will be provided. \$20 material fee due at first class.

Henry, Lucia Art Center Studio
5333.201 6yrs to 12yrs 5/16 - 6/6 3:30pm-04:45pm Th \$63*
*\$57.30 HBAC

ART: CLAY ADVENTURES

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring and slab building. We will decorate them with under glazes. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. \$20 material fee due at first class.

Henry, Lucia Art Center Studio
5200.201 6yrs to 12yrs 4/11 - 5/9 3:30pm-04:45pm Th \$81*
*\$73.50 HBAC

ART: DRAWING FUNDAMENTALS

Students will learn the fundamentals of drawing, such as contour, shading, perspective, portraiture and composition, to make works of art that express both observation and imagination. We will use a mix of media including pencil, India ink, charcoal and watercolor. All levels welcome. Materials list. \$5 material fee due at first class.

Oquist, Courtney L Art Center Studio
4818.201 7yrs to 12yrs 4/4 - 5/2 5:15pm-6:30pm Th \$67*
4818.202 7yrs to 12yrs 5/9 - 6/6 5:15pm-6:30pm Th \$67*
*\$60.90 HBAC

ART: ESSENTIAL CARTOONING

This fun and exciting class will teach character drawing and basic cartooning skills. Returning students will begin to learn layout and design. Beginners will learn how to draw characters. Limited enrollment. \$27 material fee due at first class which covers all supplies. Pre-registration is required. All materials are provided.

Kent, Pati L Art Center Studio
3600.201 7yrs to 12yrs 3/26 - 4/9 4:30pm-5:30pm Tu \$50*
3600.202 7yrs to 12yrs 4/16 - 4/30 4:30pm-5:30pm Tu \$50*
3600.203 7yrs to 12yrs 5/7 - 5/21 4:30pm-5:30pm Tu \$50*
*\$45.60 HBAC

ART: PAINTING FOR KIDS

Exploring various painting and printmaking techniques, students will use a variety of wet media, including inks, watercolor, tempera and acrylic to make works of art that build paint-handling techniques while exploring creativity, aesthetics and personal expression. All supplies included. \$15 material fee due at first class.

Oquist, Courtney L Art Center Multipurpose Room
5329.201 7yrs to 12yrs 4/4 - 5/2 3:15pm-4:45pm Th \$70*
5329.202 7yrs to 12yrs 5/9 - 6/6 3:15pm-4:45pm Th \$70*
*\$63.60 HBAC

ART: PENCILS PAINTS PASTELS AND MORE

Come join the fun as Pati Kent teaches children ways to improve their drawing and painting skills in a creative and supportive environment. Color theory, drawing skills, right brain exercises and elements of art will be incorporated in this course. Materials list.

Kent, Pati L Art Center Studio
5205.201 7yrs to 12yrs 3/26 - 4/23 3:00pm-4:00pm Tu \$76*
5205.202 7yrs to 12yrs 4/30 - 5/28 3:00pm-4:00pm Tu \$76*
*\$69.00 HBAC

ART: PLAYGROUND

Children/siblings can explore their own artistic abilities in our free-flowing playground of art stations. Create masterpieces including wood crafts, canvas, paper projects and our exciting "Buried Treasure." Parent participation required for 4 and 5 year olds. Wear painting clothes. \$15 material fee due at first class.

Easel Does It Staff Lake Park Clubhouse, 1035 11th Street
5207.201 4yrs to 9yrs 4/8 - 5/20 3:45pm-4:30pm M \$70

BEST CHEF: KIDS EDITION KIDS CAN COOK!

In this class kids will learn how to prepare simple, healthy, and fun food. We will be making porcupine balls, quesadillas with homemade salsa, fruit smoothies, potato soup and much more. Recipes will be provided. \$10 material fee due at first class.

Sciumbato, Marieva G City Gym Room B
5208.200 5yrs to 9yrs 4/10 - 5/1 3:30pm-5:00pm W \$60

BEST CHEF: KIDS EDITION: ALL ABOUT PASTA

This class will ease you in to more ways to enjoy Pasta! We will prep, prepare, and enjoy a variety of pastas. Recipes include: Lasagna bowls, chicken parmesan sticks with pasta, Grandma's meatballs and dessert of a Tiramisu Dip. Come hungry! Recipes provided. \$10 material fee due at first class.

Sciumbato, Marieva G City Gym Room B
5341.200 5yrs to 9yrs 5/9 - 5/30 3:30pm-5:00pm Th \$60

CHEERLEADING

Learn basic cheers, chants, dance movements, and jumps in this fun cheerleading class! Students develop rhythm, flexibility and coordination. Cheerleading builds teamwork and cooperation---Bring a friend and learn to cheer! Parents are invited to watch the last class of the session. \$1 material fee due at first class. No class 4/1 and 5/27. Optional recital 6/25 & 6/26. Additional fees apply. See instructor for more information at first class.

Hunting Academy of Dance Murdy Community Center Game Room
5336.200 7yrs to 12yrs 3/25 - 6/17 5:30pm-6:30pm M \$105

COMPUTERS: GAME DESIGN BEGINNING TO ADVANCED

Both advanced and beginning students can work at their own pace depending upon individual needs and aptitudes. Advanced gamers will work on their own computers to be mentored through a series of lessons. Beginners will work in pairs on one computer and be introduced by the teacher to the fundamentals of game design and beginning game computer programming.

Films LLC, Freshi City Gym Room A
5377.200 7yrs to 12yrs 3/27 - 5/15 3:30pm-5:00pm W \$139

COMPUTERS: STOP MOTION ANIMATION

Freshi Stop-Motion Animation Camp is hands-on experience that gives kids a chance to work on a film crew and create an animated film. With guidance of professional filmmakers who have the passion and training to work with children, young students decide how they will create their characters then imagine, plan, shoot and edit their own films.

Films LLC, Freshi City Gym Room B
5376.200 7yrs to 12yrs 3/26 - 5/14 3:30pm-5:00pm Tu \$139

Parks & Recreation...
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Register Online at www.hbsands.org

Youth Classes

DANCE: BALLET

Challenge your child to develop rhythm, strength and coordination the fun way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required. \$1 materials fee due at first class. No class 4/1 - 4/4 and 5/27. Optional recital 6/25 & 6/26. Additional fees apply. See instructor for more information at first class.

Hunting Academy of Dance	Murdy Community Center Hall B
5212.200 6yrs to 8yrs 3/25 - 6/17 4:00pm-5:00pm M \$115	

Hunting Academy of Dance	Edison Community Center Hall B
5213.200 5yrs to 7yrs 4/6 - 6/22 11:00am-12:00pm Sa \$125	

Hunting Academy of Dance	City Gym Room A
5214.200 5yrs to 7yrs 3/28 - 6/20 4:00pm-5:00pm Th \$125	

Hunting Academy of Dance	16601 Gothard St., Suite A
5316.200 8yrs to 12yrs 3/27 - 6/19 6:30pm-7:30pm W \$125	

DANCE: HIP HOP

Hip hop introduces students to the rhythmic urban style of popping, locking, and gliding. Parents delight in our family friendly music and movements while kids have a blast and bust-a-move! Bring a friend and try your first class for free! Optional recital 6/25 & 6/26. Additional fees apply. See instructor for details at first class. No class 4/1, 4/3 & 5/27.

Hunting Academy of Dance	Edison Community Center Game Room
5351.200 7yrs to 12yrs 3/27 - 6/19 4:30pm-5:30pm W \$125	

Hunting Academy of Dance	City Gym Room A
5374.200 5yrs to 7yrs 3/25 - 6/17 4:15pm-5:15pm M \$115	
5374.201 7yrs to 12yrs 3/25 - 6/17 5:15pm-6:15pm M \$115	

DANCE: IMPROVISATIONAL DANCE WITH LIVE DRUMS

Learn an approach to dance that will free your spirit and move your soul. Improvisational dance encourages uninhibited movement with live drumming that gets you moving and encourages exploration of kinetics. Class begins with warm-up then the fun begins. Come have the time of your life. No dance experience necessary.

Fry, Charletta R	City Gym Room B
5378.200 8yrs to 12yrs 3/25 - 5/13 3:15pm-4:15pm M \$60	
5378.201 13yrs to Adult 3/25 - 5/13 4:15pm-5:15pm M \$60	

DANCE: POLYNESIAN YOUTH

Get moving to the rhythms of the South Pacific Islands! From Hawaiian Hula to Tahitian Ori, your child will build confidence and showmanship. Class ends with a luau and performance.

Seanoa, Melody A	Art Center Multipurpose Room
5221.201 7yrs to 13yrs 3/26 - 4/23 5:00pm-6:00pm Tu \$62*	
5221.202 7yrs to 13yrs 4/30 - 6/4 5:00pm-6:00pm Tu \$72**	

*\$56.40/**\$65.40 HBAC

DANCE: TAP

Bring a friend and learn the basics of tap dancing in this FUN class! Students will learn how to keep time and stay in beat with music. Tap dancing is a great way to improve coordination, rhythm, and athletic agility. Boys and girls love making NOISE with their feet! Dance attire, please. No class 4/3. Optional recital 6/25 & 6/26. Additional fees apply. See instructor for more information at first class.

Hunting Academy of Dance	16601 Gothard Street, Suite A
5330.200 7yrs to 12yrs 3/27 - 6/19 4:30pm-5:30pm W \$125	

FITNESS: ZUMBA - AGES 6 TO 96!

Bring your family and friends to this fun-packed Zumba class for everyone ages 6 to 96! Reap the benefits of a calorie-torching workout while you "Zumba" to fabulous Latin and International music. Increases coordination, rhythm, balance, muscle tone, aerobic fitness and fun!

Foreman, Jill E	Rodgers Senior Center Hall A
4573.201 6yrs to 96yrs 3/26 - 4/23 6:00pm-6:50pm Tu \$32	
4573.202 6yrs to 96yrs 4/30 - 5/28 6:00pm-6:50pm Tu \$32	

GYMNASTICS: CHEER-NASTICS

Students have fun while safely learning cheers & stunting techniques plus gymnastic skills great for all levels. Cartwheels, roundoffs, backbends, walkovers, splits, rolls, jumps, beam and back-handsprings barrel are taught by an experienced instructor. Progressive skill level instruction creates success! \$2 material fee due at first class.

Tumble-N-Kids, Inc	City Gym Room B
5225.200 6yrs to 12yrs 4/12 - 6/14 4:00pm-5:00pm F \$106	

GYMNASTICS: GYMNASTICS PLUS!

This class offers girls and boys gymnastic skills plus music, fun and great exercise! Experienced coaches safely teach all levels. Students learn cartwheels, round-offs, backbends, splits, balance beams, back-handsprings and more. Progressive skill level instruction creates confidence, success and prepares kids for all sports. \$2 material fee due at first class.

Tumble-N-Kids, Inc	Murdy Community Center Hall A
5226.200 6yrs to 12yrs 4/2 - 6/4 3:45pm-4:45pm Tu \$106	

Tumble-N-Kids, Inc	Edison Community Center Hall A
5297.200 6yrs to 12yrs 4/3 - 6/5 3:40pm-4:40pm W \$106	

GYMNASTICS: JAMMIN GYMNASTICS

Girls and boys of all levels learn age-appropriate gymnastics skills, coordination and strength development. Experienced coaches introduce cartwheels, round-offs, rolls, handstands, backbends, beam, trampoline, back-handspring barrel and more. Obstacle courses and music make learning fun, while progressive skill instruction creates confidence and success preparing kids for all sports! \$2 material fee due at first class.

Tumble-N-Kids, Inc	Murdy Community Center Hall B
5331.200 4yrs to 6yrs 4/4 - 6/6 3:00pm-4:00pm Th \$106	
5331.201 7yrs to 14yrs 4/4 - 6/6 4:00pm-5:00pm Th \$106	

Tumble-N-Kids, Inc	Edison Community Center Hall A
5327.200 4yrs to 7yrs 4/6 - 6/8 11:50am-12:50pm Sa \$106	

GYMNASTICS: KARTWHEEL-N-KIDS

Girls and boys learn gymnastics skills including: cartwheels, rolls, jumps, handstands, bridge/backbends, beams, handspring barrel, trampoline and more. We focus on beginning tumbling skills incorporating music, obstacle courses and fun. Progressive skill level instruction creates confidence and success. \$2 material fee due at first class.

Tumble-N-Kids, Inc	Murdy Community Center Hall A
5227.200 4yrs to 6yrs 4/2 - 6/4 02:45pm-03:45pm Tu \$106	

Tumble-N-Kids, Inc	City Gym Room B
5293.200 4yrs to 6yrs 4/12 - 6/14 3:00pm-4:00pm F \$106	

Parks & Recreation...
Spark Creativity
 ...The Benefits Are Endless

Youth Classes

KARATE: JUNIOR TAE KWON DO

Develop coordination, improve balance, and achieve total fitness and self-defense while increasing self-confidence and discipline. Uniforms will be made available for purchase from instructor. No class 5/27.

Tillehkooh, Kiavash

City Gym Room B

5229.200	6yrs to 9yrs	3/25 - 6/3	5:45pm-6:30pm	M	\$175
5229.201	6yrs to 9yrs	3/26 - 6/4	5:45pm-6:30pm	Tu	\$175
5229.202	6yrs to 9yrs	3/27 - 6/5	5:45pm-6:30pm	W	\$175
5229.203	6yrs to 9yrs	3/28 - 6/6	5:45pm-6:30pm	Th	\$175

KARATE: TAE KWON DO

Develop coordination, improve balance, and achieve total fitness and self-defense while increasing self-confidence. Uniforms will be available for purchase from instructor. No class 5/27.

Tillehkooh, Kiavash

City Gym Room B

5231.200	10yrs to 17yrs	3/25 - 6/5	6:30pm-07:15pm	M W	\$195
5231.201	10yrs to 17yrs	3/26 - 6/6	6:30pm-07:15pm	Tu Th	\$195
5231.202	10yrs to 17yrs	3/25 - 6/4	6:30pm-07:15pm	M Tu	\$195
5231.203	10yrs to 17yrs	3/27 - 6/6	6:30pm-07:15pm	W Th	\$195
5231.204	10yrs to 17yrs	3/25 - 6/6	6:30pm-07:15pm	M Th	\$195

KARATE: PRACTICAL MARTIAL ARTS

Our system combines the foundations of traditional martial arts which instills a sense of respect, self-confidence, and focus; and adds to that a modern flavor of training. We combine the striking involved in Muay Thai, and Boxing - the groundwork of Jiu-Jitsu, and the throws and takedowns trained in Wrestling and Judo. Belt Advancement is available.

Betance, Justin

Murdy Community Center Hall B

5232.200	5yrs to 9yrs	3/28 - 6/1	5:30pm-6:30pm 8:00am-8:45am	Th Sa	\$155
5232.201	10yrs to 15yrs	3/28 - 6/1	6:30pm-7:30pm 8:00am-8:45am	Th Sa	\$155

KARATE: TRADITIONAL JAPANESE KARATE-DO BEG & NOVICE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. White, orange, yellow, and blue belts only.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A

5230.200	8yrs to 14yrs	3/28 - 6/13	5:45pm-6:30pm	Th	\$99
5230.201	8yrs to 14yrs	3/29 - 6/14	5:45pm-6:30pm	F	\$99
5230.202	8yrs to 14yrs	3/28 - 6/14	5:45pm-6:30pm	Th F	\$119

KARATE: TRADITIONAL JAPANESE KARATE-DO INTERMEDIATE/ADVANCED

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. Blue/St, Green, Green/St, Red, Red/St. belts only.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A

5257.200	8yrs to 18yrs	3/28 - 6/13	5:45pm-7:15pm	Th	\$115
5257.201	8yrs to 18yrs	3/29 - 6/14	5:45pm-7:15pm	F	\$115
5257.202	8yrs to 18yrs	3/28 - 6/14	5:45pm-7:15pm	Th F	\$135

KARATE: TRADITIONAL JAPANESE KARATE DO BROWN & BLACK BELT

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A

5350.200	8yrs to 18yrs	3/28 - 6/13	6:30pm-08:15pm	Th	\$125
5350.201	8yrs to 18yrs	3/29 - 6/14	6:30pm-08:15pm	F	\$125
5350.202	8yrs to 18yrs	3/28 - 6/14	6:30pm-08:15pm	Th F	\$145

KARATE: YOUNG CHAMPIONS

This program combines safety awareness with self-defense instruction. Students learn verbal and physical skills for self-defense against bullies and strangers. Escape maneuvers and communication skills are taught to contract threats. Safety tips are discussed each week. Students progress in rank and earn their belts.

Young Champions Recreation Programs Murdy Community Center Hall A

New Students	5272.200	5yrs to 15yrs	4/12 - 6/21	5:15pm-5:55pm	F	\$79
Yellow Belt	5272.201	5yrs to 15yrs	4/12 - 6/21	6:00pm-6:40pm	F	\$79
Orange Belt	5272.202	5yrs to 15yrs	4/12 - 6/21	6:45pm-7:25pm	F	\$79
Purple Belt & Above	5272.203	5yrs to 15yrs	4/12 - 6/21	7:30pm-8:10pm	F	\$79

MAD SCIENCE: EXPLORATIONS

Let Mad Science Electrify your day! In this new session you will get a chance to uncover the source of sound and explore the power of magnets. You can catch some cool colors, make rainbows out of white light, charge up on static electricity and trick your eyes with optical illusions and so much more. \$10 material fee due at first f class. No class 5/27.

Broderick, Jay

Edison Community Center Hall B

5233.200	6yrs to 12yrs	4/15 - 6/10	3:30pm-4:30pm	M	\$90
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Broderick, Jay

Murdy Community Center Game Room

2006.200	5yrs to 12yrs	4/17 - 6/5	3:30pm-4:30pm	W	\$90
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Broderick, Jay

City Gym Room A

5235.200	5yrs to 12yrs	4/16 - 6/4	3:30pm-4:30pm	Tu	\$90
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PERFORMING ARTS: SUNSHINE GENERATION

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session. \$30 for Sunshine t-shirt, CD, and worksheets. Parents are asked not to stay during rehearsals.

Merdjanian, Iskui

Murdy Community Center Hall C&D

5247.200	6yrs 6mths to 10yrs	4/9 - 5/28	5:00pm-5:45pm	Tu	\$88
5247.201	10yrs 6mths to 13yrs	4/9 - 5/28	3:30pm-4:15pm	Tu	\$88

Merdjanian, Iskui

Edison Community Center Hall B

5248.200	6yrs 6mths to 12yrs	4/11 - 5/30	5:15pm-6:00pm	Th	\$88
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SKATEBOARDING & SCOOTERING

Whether you are just learning or ready to learn advanced tricks, this class is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skatepark. All participants will receive a Skatedogs T-Shirt. Requirements: A signed Skatedogs waiver form, a skateboard or scooter, knee pads, elbow pads and a helmet. No class 4/3.

Skatedogs, Adam Cohen

Sports Complex Parking Lot
18100 Goldenwest

5260.201	6yrs to 16yrs	3/27 - 5/1	4:00pm-5:30pm	W	\$135
5260.202	6yrs to 16yrs	5/8 - 6/5	4:00pm-5:30pm	W	\$135

Register Online! www.hbsands.org

Register Online at www.hbsands.org

Youth Classes

SKATING: ICE HOCKEY SKILLS

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class, and three additional skating passes to be used during the 4-week session. No class 5/22 & 25.

Westminster ICE		13071 Springdale, Westminster				
5295.200	6yrs to 16yrs	4/10 - 5/1	6:10pm-6:40pm	W	\$37	
5295.201	6yrs to 16yrs	5/8 - 6/5	6:10pm-6:40pm	W	\$37	
5295.202	6yrs to 16yrs	4/13 - 5/4	10:45am-11:15am	Sa	\$37	
5295.203	6yrs to 16yrs	5/11 - 6/8	10:45am-11:15am	Sa	\$37	

SKATING: ICE SKATING BEGINNING

Enjoy the Winter Olympics' most beautiful sport. Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday), and three additional skating passes to be used during the 4-week session. No class 5/22 & 5/25.

Westminster Ice		13071 Springdale, Westminster.				
5271.200	6yrs to 16yrs	4/10 - 5/1	5:10pm-05:40pm	W	\$37	
5271.201	6yrs to 16yrs	5/8 - 6/5	5:10pm-05:40pm	W	\$37	
5271.202	6yrs to 16yrs	4/13 - 5/4	10:45pm-11:15pm	Sa	\$37	
5271.203	6yrs to 16yrs	5/11 - 6/8	10:45pm-11:15pm	Sa	\$37	

SKATING: OC ROLLER KIDS

Has your child expressed interest in playing hockey or roller derby? This class is designed for the aspiring skater. Drills range from beginner to advanced, based on the individual skater needs. Skaters to wear roller skates or inlines, protective gear - helmet, knee/elbow pads, and wrist guards.

Parra, Elena		Edison Community Center Patio				
5249.200	6yrs to 13yrs	4/6 - 5/4	10:00am-11:00am	Sa	\$45	

SPANISH FOR FUN AND FOREVER

Fun and developmentally appropriate for children of all ages. Class is packed with visuals, songs, rhymes, movement activities and games. Children have opportunities to create language and play. Parents are welcome to attend, observe and participate. Class taught by credentialed teacher. \$5 material fee due at first class.

Blades, Murnez		Edison Community Center Hall B				
5252.200	5yrs to 8yrs	4/2 - 5/21	3:15pm-4:00pm	Tu	\$92	

Blades, Murnez		Murdy Community Center Hall C/D				
5379.200	5yrs to 9yrs	4/1 - 5/20	3:15pm-4:00pm	M	\$92	

SPANISH FOR FUN AND FOREVER INTERMEDIATE

This program is fun and developmentally appropriate for children of all ages. Class is packed with visuals, songs, rhymes, movement activities and games. Children have opportunities to create language and play. Parents are welcome to attend, observe and participate. Class taught by credentialed teacher. \$5 due at first at first class.

Blades, Murnez		Murdy Community Center Hall D				
5253.201	10yrs to 13yrs	4/1 - 5/20	4:15pm-5:00pm	M	\$92	

SPORTS: SKYHAWKS BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility.

Skyhawks Sports Academy, Inc Murdy Community Center Basketball Courts

5365.200	6yrs to 12yrs	3/25 - 4/22	5:00pm-6:00pm	M	\$59	
5365.201	6yrs to 12yrs	5/6 - 6/10	5:00pm-6:00pm	M	\$59	

SPRING BREAK SKATEBOARD AND SCOOTER CAMP

Whether you are just learning or ready to learn advanced tricks, this camp is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skatepark. Participants who sign up for all 5 days will receive a Skatedogs t-shirt. Requirements: A signed Skatedogs waiver form, a skateboard or scooter, knee pads, elbow pads, and a helmet.

Skatedogs, Adam Cohen Sports Complex Parking Lot 18100 Goldenwest

2018.201	6yrs to 16yrs	4/1	9:00am-12:00pm	M	\$34	
2018.202	6yrs to 16yrs	4/2	9:00am-12:00pm	Tu	\$34	
2018.203	6yrs to 16yrs	4/3	9:00am-12:00pm	W	\$34	
2018.204	6yrs to 16yrs	4/4	9:00am-12:00pm	Th	\$34	
2018.205	6yrs to 16yrs	4/5	9:00am-12:00pm	F	\$34	

SURFING: BEGINNER

Are you ready to take your skills to the next level? This 1-hour class is designed for beginners, and will help you improve your board riding ability, master basic skills and understand the ocean better. Must be at least 8 and proficient ocean swimmer. Boards/wetsuits can be provided.

Sharp, Bill		Beach Service Center -south side of pier				
5322.200	8yrs to 16yrs	4/3 - 4/24	3:00pm-4:00pm	W	\$120	
5322.201	8yrs to 16yrs	5/1 - 5/22	3:00pm-4:00pm	W	\$120	
5322.202	8yrs to 16yrs	6/5 - 6/26	3:00pm-4:00pm	W	\$120	

SURFING: INTERMEDIATE/ADVANCED

Do you want to take your surfing to the next level? World-renowned coach Bill Sharp will offer afternoon sessions for intermediate to advanced surfers who desire to improve their skills and learn competitive structure. Class meets for one hour, two times a week.

Sharp, Bill		Beach Service Center -south side of pier				
5323.200	8yrs to 16yrs	4/2 - 4/23	3:00pm-4:00pm	Tu	\$120	
5323.201	8yrs to 16yrs	5/7 - 5/28	3:00pm-4:00pm	Tu	\$120	
5323.202	8yrs to 16yrs	6/4 - 6/25	3:00pm-4:00pm	Tu	\$120	



Adult & Teen Classes

AQUA EVENING: AQUA-TONE AEROBICS

This fun and very challenging water workout class will take you to a new limit of resistance using Hydro-Tone's Water Weights. Move from shallow to deep water utilizing and concentrating on the weaker muscle groups of your body. No prerequisite for swimming ability. No equipment necessary. Questions: aquatonefitness@aol.com.

AquaToneFitness, Dawnette Lowry City Gym Pool
4311.200 16yrs to Adult 3/29 - 6/7 5:30pm-6:30pm F \$83

AQUATIC BODY BUILDING: HYDRO-TONE

Hydro-Tone is a unique and intense Body Building workout course. This system accommodates variable resistance of water to movement through it. Hydro-Tone Bells and Boots are designed to fit any individual who is looking for greater muscle stimulation. Equipment rental \$3 per class to be paid each class. Questions: aquatonefitness@aol.com. No class 5/27.

AquaToneFitness, Dawnette Lowry City Gym Pool
4314.200 16yrs to Adult 3/25 - 6/3 08:15am-09:25am M \$86
4314.201 16yrs to Adult 3/27 - 6/5 08:15am-09:25am W \$94
4314.202 16yrs to Adult 3/29 - 6/7 06:45am-8:00am F \$94

AQUATIC EXERCISE: AQUA ACTIVE

This class is designed for people with arthritis to gently improve range of motion, strength and endurance. Participants must be able to enter and exit the pool independently. A doctor's release is recommended if you have recently had surgery. No class 5/27.

Thurn, Debra City Gym Pool
4315.200 Adult 3/25 - 4/26 12:15pm-01:15pm M W F \$104
4315.201 Adult 4/29 - 6/7 12:15pm-01:15pm M W F \$123
4315.202 Adult 3/26 - 4/25 12:30pm-01:30pm Tu Th \$71
4315.203 Adult 4/30 - 6/6 12:30pm-01:30pm Tu Th \$84

AQUATIC EXERCISE: AQUA PILATES + TAI CHI

Is designed to use the water's natural resistance to increase the body's full range of motion while stabilizing the core muscles. This mind-body workout incorporates movements based on the Pilates method, set in a healing environment of water that increases flexibility, core strength, postural alignment, and balance. No class 5/27.

Thurn, Debra City Gym Pool
4574.200 Adult 3/25 - 6/5 01:15pm-2:00pm M W \$171

AQUATIC EXERCISE: AQUA-TONE AEROBICS

This unique class improves body tone, flexibility, cardiovascular strength and physical fitness through exercises utilizing all muscle groups. This high-energy workout is twice as effective in the water as it would be on land. No prerequisite for swimming ability. Questions: aquatonefitness@aol.com. No class 5/27.

AquaToneFitness, Dawnette Lowry City Gym Pool
4312.200 16yrs to Adult 3/25 - 6/5 7:00am-8:00am M W \$152
4312.201 16yrs to Adult 3/26 - 6/6 7:00am-8:00am Tu Th \$158
4312.202 16yrs to Adult 3/26 - 6/6 08:20am-09:20am Tu Th \$158
4312.203 16yrs to Adult 3/25 - 6/3 7:00am-8:00am M \$77
4312.204 16yrs to Adult 3/27 - 6/5 7:00am-8:00am W \$83
4312.205 16yrs to Adult 3/29 - 6/7 08:20am-09:20am F \$83
4312.206 16yrs to Adult 3/30 - 6/8 7:00am-8:00am Sa \$83

AQUATIC EXERCISE: AQUACISE

Come challenge yourself in this extreme water workout. Designed to improve body tone, flexibility, cardiovascular strength and physical fitness through exercise performed in both shallow and deep water. All fitness levels will benefit. No prerequisite for swimming ability. No class 5/27.

Zsach, Alicia City Gym Pool
4310.200 12yrs to Adult 3/25 - 6/10 5:30pm-6:30pm M \$83
4310.201 12yrs to Adult 3/27 - 6/5 5:30pm-6:30pm W \$83
4310.202 12yrs to Adult 3/25 - 6/12 5:30pm-6:30pm M W \$160

AQUATIC EXERCISE: FAT BURNING FRIDAYS

This calorie burning workout is performed in the deep end. Combining aqua aerobics, circuit training, and sprint work for the ultimate deep water exercise program.

Thurn, Debra City Gym Pool
4313.200 Adult 3/29 - 6/7 11:15am-12:00pm F \$94

AQUATIC EXERCISE: H2O BOOT CAMP

This UNIQUE program is a rigorous cross-training of swimming, water polo, water aerobics, modified plyometrics, and traditional strength and cardiovascular exercises. H²O Boot Camp challenges swimmers of all ages and physical shape. Whether you are a recreational swimmer or not, this 45 minute session will be hard work. Questions: aquatonefitness@aol.com.

AquaToneFitness, Dawnette Lowry City Gym Pool
4525.200 16yrs to Adult 3/29 - 6/7 9:30am-10:15am F \$94

ART: ANATOMY AND LIFE DRAWING

Introduction and intermediate anatomy and life drawing. Come learn drawing from the human figure. Fundamentals of drawing and occasional models.

Lustig, Steven Art Center Multipurpose Room
4536.201 14yrs to Adult 4/4 - 6/6 6:00pm-7:30pm Th \$101*
*\$92.00 HBAC

ART: BEGINNING OIL PAINTING

Learn the fundamentals of oil painting. Students will be introduced to the media, techniques, color theory, structural and expressive properties of oil painting and design using oil paints. All levels welcome. Material list. \$10 material fee due at first class.

Oquist, Courtney L Art Center Studio
4468.201 12yrs to Adult 3/27 - 5/15 6:00pm-07:45pm W \$101*
*\$92.00 HBAC

ART: CAST DRAWING

Learn to draw a sculptural cast from direct observation. Practice drawing line, tone and mass without the complication of color. Begin by drawing with a block in, the foundation of the classical drawing process, then model the large and small forms with tonal values. All levels welcome.

Moody, Gia Art Center Studio
4607.201 14yrs to Adult 3/29 - 5/10 12:00pm-2:00pm F \$100*
*\$92.00 HBAC

ART: CHINESE BRUSH PAINTING FOR BEGINNERS

This is an introduction to the beautiful, ancient Chinese tradition. Learn to paint birds, koi, goldfish, butterflies and flowers, using a Chinese brush to express yourself. Beginners are welcome. Supplies can be purchased from instructor. \$4 material fee due at first class for 4-week class, \$12 due for 12-week class.

Wong, Diana Rodgers Senior Center Hall D
4322.201 Adult 4/12 - 5/3 01:30pm-3:30pm F \$59
4322.202 Adult 5/10 - 5/31 01:30pm-3:30pm F \$59
4322.203 Adult 6/7 - 6/28 01:30pm-3:30pm F \$59
4322.204 Adult 4/12 - 6/28 01:30pm-3:30pm F \$159

ART: DIGITAL PHOTOGRAPHY - INTERMEDIATE

This intermediate class reinforces and enhances the basic concepts and skills acquired in the beginning digital photography class. Course emphasis is on the refinement of technical skills, technique, concept and development of a personal direction in photography. Theoretical, historical, and critical concerns will form part of our curriculum.

Weston, Kurt T Art Center Multipurpose Room
4305.201 16yrs to Adult 4/5 - 5/10 1:00pm-3:00pm F \$90*
*\$80.00 HBAC

Adult & Teen Classes

ART: DIGITAL PHOTOGRAPHY - BEGINNING

The beginning digital photography class will help students gain fluency with the basic technical skills of digital photography as it relates to image making. Expect to expand your understanding of the medium, acquire basic technical and pursue your own photographic vision while using the digital camera of your choice.

Weston, Kurt T Art Center Multipurpose Room
4304.201 16yrs to Adult 4/5 - 5/10 3:30pm-5:30pm F \$90*
*\$80.00 HBAC

ART: DRAWING AND PAINTING

Maximize your time! This great class is designed for beginning and intermediate students who would like to learn how to improve their drawings and paintings. Color theory, drawing skills, right brain exercises and elements of art will be incorporated in this course. Materials List.

Kent, Pati L Art Center Studio
4302.201 12yrs to Adult 3/26 - 4/23 6:00pm-7:30pm Tu \$96*
4302.202 12yrs to Adult 4/30 - 5/28 6:00pm-7:30pm Tu \$96*
*\$87.00 HBAC

ART: FOUNDATION DRAWING

Improve your skill at rendering form through the clear application of light and shade. Still life compositions, nature studies and the figure. Expand your ability to create drawings with successful value, texture, pattern and perspective. All levels welcome.

Moody, Gia Art Center Studio
4608.201 17yrs to Adult 3/30 - 5/11 2:30pm-4:00pm Sa \$100*
*\$92.00 HBAC

ART: OPEN STUDIO PAINTING

This class is an independent study for the intermediate student who is working on a new or existing painting. All subjects welcome, figure, portraits, landscape and still life. Work in a group atmosphere in our studio. Get individual one-to-one support and guidance to help you complete your project. Any wet medium welcome.

Moody, Gia Art Center Studio
4595.201 14yrs to Adult 3/30 - 5/11 12:15pm-02:15pm Sa \$100*
4595.202 17yrs to Adult 5/18 - 6/29 12:15pm-02:15pm Sa \$100*
*\$92.00 HBAC

ART: PAINTING AND DRAWING STUDIO SESSION

Develop basic painting skills and techniques through demonstration, lecture and personal help. Emphasis will be on watercolor techniques, but oil and acrylics are welcome. This is a 3-hour studio session with beginning instruction. There is a \$20 lab fee due to instructor if you do not already have materials.

Oropeza, Marilyn Rodgers Senior Center Hall D
4814.201 Adult 3/19 - 4/23 8:30am-11:30am Tu \$40
4814.202 Adult 4/30 - 6/4 8:30am-11:30am Tu \$40

ART: PHOTOGRAPHY - LANDSCAPES AT THE BEACH

This class will show students how to get that professional looking landscape out on the beach. Classes will take place outdoors and will use students own camera. Techniques in lighting, composition in the fundamentals of landscape will be covered. DSLR is suggested but not required. \$5 material fee due at first class.

Chambers, Randall Art Center Multipurpose Room
4586.201 Adult 3/30 - 4/13 3:00pm-5:30pm Sa \$81*
4586.202 Adult 4/20 - 5/4 3:00pm-5:30pm Sa \$81*
4586.203 Adult 5/11 - 5/25 3:00pm-5:30pm Sa \$81*
*\$73.50 HBAC

ART: PHOTOGRAPHY - PORTRAITS AT THE BEACH

This class will show students how to get that professional looking portrait out on the beach. Classes will take place outdoors and will use students own camera. Techniques in lighting, composition in the fundamentals of portraits will be covered. DSLR is suggested but not required. \$5 material fee due at first class.

Chambers, Randall Art Center Multipurpose Room
4597.201 Adult 3/27 - 4/10 3:30pm-5:30pm W \$81*
4597.202 Adult 4/17 - 5/1 3:30pm-5:30pm W \$81*
4597.203 Adult 5/8 - 5/22 3:30pm-5:30pm W \$81*
*\$73.50 HBAC

ART: PORTRAITURE

The class will introduce the basics of drawing and painting human portraiture by way of instruction and demonstration. A live model will be used at times to introduce human facial structure and proportions, as well as establish basic concepts of lighting, value and composition. Materials List

Moody, Gia Art Center Studio
4505.201 17yrs to Adult 3/30 - 5/4 10:00am-12:00pm Sa \$100*
4505.202 17yrs to Adult 5/11 - 6/8 10:00am-12:00pm Sa \$100*
*\$92.00 HBAC

ART: RUBBER STAMPING

Save money while impressing your family and friends with some handmade greeting cards and gifts. Learn creative ways to make gift bags/boxes, stamp on candles and other items. You'll go home with your own hand-created items from each class. \$11 material fee due at first class.

Husting, Margaret E Murdy Community Center Hall C&D
4395.200 13yrs to Adult 3/28 - 6/6 1:00pm-2:00pm Th \$77

Husting, Margaret E Rodgers Senior Center Hall E
4396.201 13yrs to Adult 3/27 - 6/5 9:00am-10:00am W \$77

ART: WATERCOLOR BEGINNING TO ADVANCED

This class is for beginning to advanced students who wish to create watercolor paintings and improve their proficiency in the media. The class focuses on skills, techniques, weekly demonstrations and critiques for all levels. Materials list.

LoSchiavo, Diana J Art Center Studio
4308.201 Adult 3/26 - 5/14 10:00am-1:00pm Tu \$117*
*\$106.00 HBAC

BEACH VOLLEYBALL: ADULT BEGINNERS 1

This adult program is designed for individuals with minimal or no beach volleyball experience. Our friendly coaches will introduce you to the great game of beach volleyball in a fun, relaxed and non-threatening environment.

Beach Volleyball California, LLC Beach Courts, North of Pier
4438.201 15yrs to Adult 4/2 - 6/4 6:00pm-07:20pm Tu \$150

BEACH VOLLEYBALL: INTERMEDIATE SKILLS

This class is designed for individuals with playing experience who can serve, pass, set and spike consistently. Sessions run by experienced beach volleyball coaches will be structured around the development of a specific skill each week and then applying that skill in a game situation.

Beach Volleyball California, LLC Beach Courts, North of Pier
4523.200 15yrs to Adult 4/4 - 6/6 6:00pm-7:20pm Th \$150

Register Online! www.hbsands.org

Adult & Teen Classes

BRIDGE: BEGINNING

Have you been thinking about learning bridge? Now is the time. You are never too old to learn. Bridge is a great way to meet new friends and have fun while learning together. Start on a new adventure! No class week of 5/27.

Spira, Rita L
4318.201 Adult 4/8 - 6/10 2:00pm-4:00pm M \$60
Rodgers Senior Center Hall E

BRIDGE: INTERMEDIATE 1

If you feel comfortable with the basics of bridge AND want to expand your knowledge, this class is for you. Learn Stayman, scoring, weak twos, negative double, so much more. Lecture, discussion and open play. No partner needed. No class week of 5/27.

Spira, Rita L
4319.201 Adult 4/9 - 6/11 2:30pm-4:30pm Tu \$60
Rodgers Senior Center Hall E

BRIDGE: INTERMEDIATE 2

Class starts with four rounds of pre-set hands, followed by discussion and questions. The pre-set hands cover various conventions, defense, Michael's cue bid, Jacoby, Stayman, two clubs, double and much more. No partner needed. No class week of 5/27.

Spira, Rita L
4320.201 Adult 4/10 - 6/12 6:30pm-8:30pm W \$60
Rodgers Senior Center Hall E

CAKE DECORATING: BASICS BEGINNING

You'll smile through each lesson as you master the techniques of coloring, borders, stars, roses and much more. Learn the fundamentals of cake decorating in four weekly fun filled classes. Why not bring a friend? You'll provide some of your own supplies. Book is extra. This class must be taken before taking the Gumpaste and Fondant or the Flowers and Cake Design classes.

Murdy Community Center Hall C
4321.200 13yrs to Adult 3/26 - 4/16 6:00pm-8:00pm Tu \$50
4321.202 13yrs to Adult 5/21 - 6/11 6:00pm-8:00pm Tu \$50
Mejia, Rebecca

COMPUTERS: CREATE WEBSITES WITH WORDPRESS I

This hands-on beginner course will show you how to sign up for web hosting, install Wordpress, and set up your own website or blog. No prior experience needed. Bring your own computer. There is no materials fee paid to instructor but signing up for web hosting (optional) will be \$8.95/month.

Shen, Michael T
4602.200 Adult 4/8 - 4/29 7:00pm-9:00pm M \$75
Murdy Community Center Game Room

COMPUTERS: CREATE WEBSITES WITH WORDPRESS II

This hands-on intermediate course will show you how to customize and add more functionality to your Wordpress website or blog. Students are recommended to participate in the Create Websites with Wordpress Part 1 class prior to this class. Bring your own computer. No Class 5/27.

Shen, Michael T
4601.200 Adult 5/6 - 6/3 7:00pm-9:00pm M \$75
Murdy Community Center Game Room

COMPUTERS: EBAY BASICS OF SELLING

You'll learn the selling basics: how to open an E-Bay sales account, how to decide what to sell first, little known tips on setting up your first auction and stealth secrets for creating an eyeball-grabbing listing. Handouts will be given during class and CPU points are available. Instruction will be presented using Power Point.

Krueger, David M
4353.200 13yrs to Adult 4/9 - 4/23 7:00pm-9:00pm Tu \$79
Murdy Community Center Game Room

COMPUTERS INTRO TO FACEBOOK

Learn how to properly use the most popular social networking website. You'll know how to connect with your friends and family online while looking like a pro doing it! Subjects to be covered include your profile setup, secure privacy, messaging friends, sharing photos and more. Sign up today!

Shen, Michael T
4603.200 Adult 3/26 - 4/2 7:00pm-9:00pm Tu \$50
Murdy Community Center Game Room

DANCE: ADULT BALLET - BEGINNING

Love the grace and poise of ballet dancers? Looking to improve posture, gain strength, and increase flexibility? Join other beginners in learning a new skill while experienced dancers refine the basics. Wear comfortable clothing and bring an exercise mat or towel. First class is free. No class 4/1, 4/3 and 5/27.

Hunting Academy of Dance
4487.200 13yrs to Adult 3/25 - 6/17 7:00pm-8:00pm M \$115
City Gym Room A

Hunting Academy of Dance
4326.200 13yrs to Adult 3/27 - 6/19 7:30pm-8:30pm W \$125
16601 Gothard, Suite A

DANCE: BALLROOM

You'll have fun learning one of the classic ballroom dances (different each session) such as Waltz, Foxtrot, Cha-Cha, Salsa. Partnering skills and musicality will give you confidence for any kind of dance. No partner required. No class 5/27.

Fox, Kaylaa
4328.200 16yrs to Adult 3/25 - 4/22 7:00pm-7:45pm M \$49
4328.201 16yrs to Adult 4/29 - 6/3 7:00pm-7:45pm M \$49
Edison Community Center Hall A

DANCE: BEGINNING BALLET FOR SENIORS

Please join us in learning and practicing the beautiful graceful movements of Ballet. An opportunity to improve fitness through fun, working on flexibility, coordination, strength, balance, endurance and healthy attractive posture. No experience necessary. The class is non-competitive and we become great friends in the process.

Hunting Academy of Dance
4494.200 Adult 3/25 - 4/29 12:30pm-1:30pm M \$49
4494.201 Adult 5/6 - 6/17 12:30pm-1:30pm M \$49
Rodgers Senior Center Hall D

DANCE: BELLY DANCE FOR FITNESS

Belly dance is a low impact exercise that helps strengthen muscles, especially the back and core. This class teaches the Turkish/Moroccan technique while getting a great cardio workout. It is proven that belly dance reduces stress, builds muscle and build self esteem.

Eckart, Maruja
4329.200 12yrs to Adult 3/25 - 4/29 7:00pm-8:00pm M \$60
4329.201 12yrs to Adult 3/29 - 5/3 10:30am-11:30am F \$60
Murdy Community Center Hall C&D

DANCE: COUNTRY LINE BEGINNING

Have fun & show off your dance moves and turns as you learn easy, popular line dances. Great exercise having a good time and burn up the calories. Taught slowly step by step so everyone will be dancing right away. No partner needed. \$2 material fee due at first class.

Fox, Kaylaa
4462.200 16yrs to Adult 4/4 - 4/25 06:15pm-7:00pm Th \$49
4462.201 16yrs to Adult 5/2 - 5/23 06:15pm-7:00pm Th \$49
Murdy Community Center Hall C&D

Register Online! www.hbsands.org

Adult & Teen Classes

DANCE: COUNTRY TWO STEP

Country Two Step is the top 2 dance at country nightclubs and country events. You will learn both and be out having a great country good time socializing and meeting new people. COUNTRY IS BIG! \$2 material fee due at first class. No partner needed!

Fox, Kaylaa		Murdy Community Center Hall C&D			
4579.200	16yrs to Adult	4/4 - 4/25	7:45pm-8:30pm	Th	\$49
4579.201	16yrs to Adult	5/2 - 5/23	7:45pm-8:30pm	Th	\$49

DANCE: INTRO TO LATIN DANCE

Intro to Latin Dance will teach you beginning patterns to Rumba, Cha Cha, Samba and Jive. No partners or dance experience necessary. This class will teach you basic steps to use in any social setting.

Asylum, Dance		Art Center Multipurpose Room			
4610.201	Adult	3/27 - 5/29	7:00pm-07:45pm	W	\$126*
*\$114.00 HBAC					

DANCE: LATIN LINE "SIZZLE"

Brand new one-of-a-kind Latin Line dance. Like its cousin Country Line, you don't need a partner to do Latin Line Dance. Simple, fun routines that anyone can learn based on cha-cha, salsa, cumbia and samba--set to sizzling Latin rhythms. No experience necessary. No partner necessary. Walk-ins welcome, \$10.

Foreman, Jill E		Rodgers Senior Center Hall A			
4524.200	Adult	3/26 - 4/23	5:00pm-05:45pm	Tu	\$35
4524.201	Adult	4/30 - 5/28	5:00pm-05:45pm	Tu	\$35

Foreman, Jill E		City Gym Room B			
4526.200	16yrs to Adult	3/30 - 4/27	10:30am-11:15am	Sa	\$35

DANCE: LINE DANCE LEVEL 1

Been wanting to learn to dance but don't know how to get started? Have fun while learning the basic steps and applying them in easy line dances, as well as how to read dance step sheets. Invite a friend so you can both experience the mental and physical benefits of dance and the joy of moving to music.

Hazard, Sue A		Rodgers Senior Center Hall A			
4459.201	Adult	3/29 - 6/7	3:00pm-4:30pm	F	\$55

DANCE: LINE DANCE LEVEL 2

Dancing is a great way to reduce stress and get mentally and physically fit while having fun. Dancers who have knowledge and experience with the basic steps and dances are now ready to learn some more challenging dances and all-time favorites. Recommended prerequisite: Introduction Class or previous dance experience.

Hazard, Sue A		Rodgers Senior Center Hall A			
4460.201	Adult	3/27 - 6/5	2:00pm-3:30pm	W	\$55

DANCE: LINE DANCE LEVEL 3-4

Dancers who have knowledge and experience with beginning dances and cues are now ready to have even more fun learning more challenging dances along with the latest favorites. Great physical and mental exercise. Instructor is certified in dance and has been teaching over 20 years.

Hazard, Sue A		Rodgers Senior Center Hall A			
4461.201	Adult	3/27 - 6/5	12:30pm-2:00pm	W	\$55

DANCE: POLYNESIAN BEGINNING

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the Island! Classes fill quickly. Pre-registration is required.

Seanoa, Melody A		Rodgers Senior Center Hall D			
4598.201	13yrs to Adult	3/28 - 4/25	6:00pm-7:00pm	Th	\$56
4598.202	13yrs to Adult	5/2 - 6/6	6:00pm-7:00pm	Th	\$66

DANCE: POLYNESIAN INTERMEDIATE

Aloha! By popular demand, we have added this continuation class for students that have completed the beginners' class. Just as much fun as the beginners' class, the art of Hawaiian Hula and Tahitian dance fills quickly. Pre-registration is required.

Seanoa, Melody A		Rodgers Senior Center Hall D			
4596.201	13yrs to Adult	3/28 - 4/25	7:00pm-8:00pm	Th	\$56
4596.202	13yrs to Adult	5/2 - 6/6	7:00pm-8:00pm	Th	\$66

DANCE: PRIVATE DANCE LESSON

Get ready for that special event with a 1 hour private lesson tailored to your specific goals. Choose from Wedding First Dance, Ballroom dances, Salsa, Swing and more. Lessons arranged at your convenience at Edison Community Center. Two people maximum (you alone or bring a friend or partner). Time and date to be arranged with instructor.

Foreman, Jill E		See Receipt Notes			
4561.200	Adult	3/25 - 6/8	8:00am-10:00pm	Su M Tu W Th	\$64

DANCE: SALSA

Basics steps are taught to beginners step by step. You can dance immediately with confidence. Easy and fun salsa patterns and techniques. Partner not needed. \$2 materials fee due at first class. No 5/27.

Fox, Kaylaa		Murdy Community Center Hall C&D			
4335.200	Adult	4/4 - 4/25	8:30pm-09:15pm	Th	\$49
4335.201	Adult	5/2 - 5/23	8:30pm-09:15pm	Th	\$49

Fox, Kaylaa		Edison Community Center Hall A			
4434.200	16yrs to Adult	3/25 - 4/22	7:45pm-8:30pm	M	\$49
4434.201	16yrs to Adult	4/29 - 6/3	7:45pm-8:30pm	M	\$49

DANCE: SWING BASICS

Fun and easy Swing Dance. Basics steps are taught to beginners so they may dance immediately with confidence. Swing dance is the most versatile and fun social dance since it can be danced to almost any kind of music. No partner necessary.

Fox, Kaylaa		Murdy Community Center Hall A			
4339.200	16yrs to 99yrs	4/4 - 5/2	8:15pm-9:15pm	Th	\$49.00
4339.201	16yrs to 99yrs	5/9 - 6/6	8:15pm-9:15pm	Th	\$49.00

DANCE: SWING INTERMEDIATE

Move on to Swing intermediate. Combine and expand on your basic swing skills. Go beyond the basics to explore Lindy Hop, West Coast, and Charleston rhythms that will make your dancing more enjoyable. No partner needed.

Fox, Kaylaa		Murdy Community Center Hall A			
4340.200	Adult	4/4 - 5/2	7:15pm-8:15pm	Th	\$49
4340.201	Adult	5/9 - 6/6	7:15pm-8:15pm	Th	\$49

DANCE: SWING ADVANCED

Move way beyond the basics. Advanced Swing moves to 4, 6 and 8 swing rhythms that will challenge you and make you shine on the dance floor. No partner necessary.

Fox, Kaylaa		Murdy Community Center Hall A			
4341.200	Adult	4/4 - 5/2	6:15pm-7:15pm	Th	\$49
4341.201	Adult	5/9 - 6/6	6:15pm-7:15pm	Th	\$49

DANCE: TAP ADULTS AND SENIORS BEGINNING

No experience needed. Learn to tap in a fun friendly environment. A Broadway style tap routine will be taught. Guaranteed to increase balance and memory. No class 5/27.

Roseth, Renee B		Rodgers Senior Center Hall D			
4342.201	Adult	3/25 - 6/10	5:00pm-6:00pm	M	\$170
4342.202	Adult	3/26 - 6/11	5:00pm-6:00pm	Tu	\$170

Adult & Teen Classes

DANCE: TAP ADULTS AND SENIORS INTERMEDIATE/ADVANCED

Experience required. A fun, relaxed environment. Dance-Laugh-Love to the sound of music. An Intermediate routine will be taught. No class 5/27.

Roseth, Renee B		Rodgers Senior Center Hall D			
4343.201	Adult	3/25 - 6/10	6:00pm-7:00pm	M	\$170
4343.202	Adult	3/26 - 6/11	6:00pm-7:00pm	Tu	\$170
4343.203	Adult	3/27 - 6/12	02:30pm-3:30pm	W	\$170

DOG TRAINING: AKC CANINE GOOD CITIZEN TEST

If your dog has already learned basic obedience commands and is relaxed and friendly around other dogs and people, sign him up to be tested in ten skill areas and have him earn his Canine Good Citizen certificate from American Kennel Club! Please call (714) 532-3647 if you'd like a list of the 10 skills to be tested.

Dog Services Unlimited Edison Community Center Picnic Shelter #1

4344.200	10yrs to Adult	5/7 - 5/14	8:30pm-09:15pm	Tu	\$26
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DOG TRAINING: BEGINNING DOG OBEDIENCE

For dogs 5 months and older and handlers 10 years to adult. Obedience commands (heel, sit, down, stay, stand, come), long distance work, hand signals, and correcting bad habits (chewing, jumping, digging, etc). Trophies and certificates awarded at graduation. First meeting inside building, WITHOUT DOGS. Bring shot records and \$10 material fee (includes training manual).

Dog Services Unlimited Murdy Community Center Basketball Courts

4345.200	9yrs to Adult	4/18 - 6/6	7:00pm-8:00pm	Th	\$88
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Dog Services Unlimited Edison Community Center Picnic Shelter #1

4346.200	10yrs to Adult	4/2 - 5/21	7:30pm-8:30pm	Tu	\$88
4346.201	10yrs to Adult	4/10 - 5/29	6:00pm-7:00pm	W	\$88

DOG TRAINING: CALLING ALL FRISBEE DOGS

In this one-day workshop, you & your dog can start learning the fun sport of Frisbee Toss-N-Fetch! Includes throwing techniques, safety and motivating your dog to go for a disc and bring it back. Pre-registration is required! Bring current shot records & \$5 materials fee. (Includes Frisbee). Class meets on grass near Dog Park, Edwards and Inlet.

Dog Services Unlimited Dog Park

4347.200	10yrs to Adult	4/7	10:30am-12:00pm	Su	\$29
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DOG TRAINING: CRASH COURSE IN CANINE MANNERS

Accomplish your training goals and get behavior problems under control in just 4 weeks. For dogs 5 months or older will learn to obey commands: stay, come, sit, lie down and walk without pulling on a leash. Dog attend all meetings. Pre-registration is required. Instructor will brief students what to bring first lesson.

Dog Services Unlimited Murdy Community Center Basketball Courts

4352.200	10yrs to Adult	3/25 - 4/15	7:00pm-8:15pm	M	\$78
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DOG TRAINING: K9 WORK & PLAY

Challenge your dog with new commands, reinforce obedience basics and stimulate them with fun activities. Work on distance down and sits, drop on recall and progress to sit-stay and down-stay with handlers out of sight. Pre-requisite: beginning dog obedience. Dogs attend all meetings. Pre-registration required. Bring training collar, leash, long line, vaccination records and \$5 materials fee.

Dog Services Unlimited Murdy Community Center Basketball Courts

4581.200	12yrs to Adult	4/16 - 5/21	8:00pm-9:00pm	Tu	\$76
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DOG TRAINING: PUPPY KINDERGARTEN

Establish good manners and socialization skills at an early age through simple obedience training, emphasizing positive reinforcement and gentle handling. For puppies 2-5 months. We'll also discuss house-breaking, chewing, nipping, health tips, and other topics. Certificates presented at the last class. The first meeting held inside building, WITHOUT PUPPIES. Bring vaccination records and \$10 materials fee (includes training manual)

Dog Services Unlimited Murdy Community Center Basketball Courts

4580.200	10yrs to Adult	4/16 - 5/21	7:00pm-8:00pm	Tu	\$76
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DOLL COLLECTING

Interested in dolls? Want to learn more about them and discover where to find exceptional dolls and people who collect them? Find fun events and groups - local, regional and national. Uncover a doll's background. See types of dolls and share collecting tips. Experienced and new collectors and returning students welcome.

Shelby, Frances C Rodgers Senior Center Hall C

3673.201	Adult	4/13	9:30am-11:30am	Sa	\$12
3673.202	Adult	4/23	9:30am-11:30am	Tu	\$12

FITNESS: AB-CORE BLAST

This class will strengthen the abdominals and the core/powerhouse muscles of the body. Maintenance of these muscles is essential for everyday life and regular conditioning can create a flatter looking abdomen region, better posture, enhanced movement and mobility of the limbs, all while reducing the risks for certain back injuries. Bring exercise mat and medium-large sized fitness stability ball. No class 5/27.

HB Pilates Murdy Community Center Hall B

4568.200	Adult	3/27 - 5/29	6:30pm-7:00pm	W	\$60
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HB Pilates City Gym Room A

4600.200	Adult	3/26 - 5/28	6:30pm-7:00pm	Tu	\$60
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HB Pilates Edison Community Center Hall B

4605.200	Adult	3/25 - 6/3	8:30pm-9:00pm	M	\$60
4605.201	Adult	3/26 - 5/28	11:30am-12:00pm	Tu	\$60

FITNESS: BOOT CAMP WORKOUT

Fun and energizing exercise class. A short running session followed by sit-ups, push-ups, and light weights. Everything for a full-body workout. All levels of fitness welcome. Compete only against yourself.

Grossman, Marianne Edison Community Center Hall A

4358.200	Adult	3/26 - 6/4	5:45pm-6:45pm	Tu	\$88
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FITNESS: CARDIO SCULPT

Join the fun! Combining step combinations with low impact and strength training to burn calories and improve heart and muscle health. Steps provided for an effective, energizing workout. Please bring water, towel, and exercise mat. Bringing your own hand held weights is also recommended.

Pridomirski, Joanne C Edison Community Center Hall A

4369.200	13yrs to Adult	3/26 - 6/6	8:45am-9:45am	Tu Th	\$84
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Parks & Recreation...

Build Strong Bodies

...The Benefits Are Endless

Adult & Teen Classes

FITNESS: CARDIO STEP AND BODY SCULPT

Step aerobics is a high calorie-burning workout with less stress on ankles and joints compared to other impact classes. Steps range from 4 to 8 inches accommodating beginner through advanced. Upper body workout with light weights and abdominal work finishes up the class. Bring hand weights and a mat. No class 5/27.

Hardy, Susan S Edison Community Center Hall B
 4371.200 13yrs to Adult 3/25 - 6/5 5:15pm-6:15pm M W F \$121
 4371.201 13yrs to Adult 3/30 - 5/25 8:30am-9:30am Sa \$43

FITNESS: CARDIO STEP FOR THE HEART

This class raises the heart rate by stepping up and down on 4, 6, or 8 -inch steps. A step workout effectively burns fat while strengthening your heart and toning lower body. Different size steps are provided for beginners through advanced levels. *Take STEP and HEAD TO TOE WORKOUT together and save. No class 5/27.

Hardy, Susan S Murdy Community Center Hall A
 4370.200 13yrs to Adult 3/25 - 6/5 9:15am-10:00am M W F \$116
 *4424.200 13yrs to Adult 3/25 - 6/5 8:30am-10:00am M W F \$134

FITNESS: CARDIOFIT FOR SENIORS

As we age, leading an active lifestyle becomes more important than ever. Regular exercise helps seniors maintain health, boost energy and improve confidence! Come experience Senior CardioFit, a class designed for folks 50+ with fun music and easy to follow low impact routines. Stay motivated and keep moving!

Grossman, Marianne Rodgers Senior Center Hall B
 4816.201 Adult 3/26 - 6/7 9:00am-09:45am Tu F \$55

FITNESS: FAMILY MARTIAL ARTS

This is a certified studio of the World Tang Soo Do Association. Tang Soo Do is a traditional art with a 2000 year legacy. Enjoy getting healthy together. Minimum one adult and one child per family group. \$64 for one day weekly up to 3 family members, \$4 per each extra person. \$115 for both days up to 3 family members, \$5 per each extra person. Opportunities for advancement.

Cardinal, Frances M Rodgers Senior Center Hall B
 4386.201 3yrs to Adult 3/26 - 6/4 5:00pm-6:00pm Tu \$64
 4386.202 3yrs to Adult 3/28 - 6/6 5:00pm-6:00pm Th \$64
 4386.203 3yrs to Adult 3/26 - 6/6 5:00pm-6:00pm Tu Th \$115

FITNESS: FITNESS FOR LIFE

Come join our work-out using body weight, bands, stretching and exercise balls. First class will include an assessment. We'll set goals to get you fit to enjoy whatever it is you love to do! Enrollments are kept low to insure personal attention and training. Bring mat or towel to class.

Hart, Phil Rodgers Senior Center Game Room
 4827.200 Adult 3/20 - 5/8 6:00pm-7:00pm W \$86

FITNESS: HEAD TO TOE WORKOUT

A total body workout accommodating all fitness levels. Using body weight, hand weights, bands, and tubes as resistance this class targets hips and thighs. Exercises are safe and emphasize injury prevention. Bring a mat.

*Take Head to Toe and Step together and save. No class 5/27.

Hardy, Susan S Murdy Community Center Hall A
 4363.200 13yrs to Adult 3/25 - 6/5 8:30am-9:15am M W F \$116
 *4424.200 13yrs to Adult 3/25 - 6/5 8:30am-10:00am M W F \$134

FITNESS: HEAD TO TOE WORKOUT/STEPPING COMBO

Combine Head to Toe Workout and Step for the Heart and save \$. Please see description for each class. No class 5/27.

Hardy, Susan S Murdy Community Center Hall A
 4424.200 13yrs to Adult 3/25 - 6/5 8:30am-10:00am M W F \$134

FITNESS: JAZZERCISE

This jazz dance exercise class is a total body-conditioning program based on simple dance movements and a follow-the-leader class structure. Class is co-ed. Please bring a towel or mat to class. Class times are M,W,F 9:00-10:05am; TTH 6:00-7:05pm; Sat 7:45-8:45am; walk-ins welcome, \$15. Registration is accepted in person at any time. No class 5/27.

Wilker, Mary M City Gym Gymnasium
 4364.200 Monthly Pass \$40
 4364.201 10 Classes \$55
 4364.203 4 Classes \$15

FITNESS: PILATES CARDIO BARRE

This high-energy class incorporates Pilates, yoga and dance with cardio interval training to tone and strengthen the entire body. Combining Pilates on the Barre, thera-bands and exercise balls, this class will have you feeling fit and fabulous in no time while burning mega calories. Fitness level: Intermediate. Bring water, towel and mat. No class 5/27.

HB Pilates Murdy Community Center Hall B
 4511.200 Adult 3/26 - 5/28 7:15pm-8:15pm Tu \$120

HB Pilates Edison Community Center Hall B
 4513.200 Adult 3/25 - 6/3 7:30pm-8:30pm M \$120

HB Pilates City Gym Room A
 4514.200 Adult 3/27 - 5/29 10:15am-11:15am W \$120
 4514.201 Adult 3/28 - 5/30 7:15pm-8:15pm Th \$120
 4514.202 Adult 3/29 - 5/31 9:00am-10:00am F \$120

FITNESS: PILATES MAT CLASS

This class is designed for all ages and ability levels. The exercises are low impact with high results. Work on core strength, toning arms and thighs, and conditioning the entire body. Pilates is designed to improve posture, strength, flexibility, balance and total mind-body awareness. Bring water and an exercise mat. No class 5/27.

HB Pilates Edison Community Center Hall B
 4365.200 Adult 3/25 - 6/3 6:30pm-7:30pm M \$110
 4365.201 Adult 3/26 - 5/28 9:00am-10:00am Tu \$110
 4365.202 Adult 3/29 - 5/31 10:15am-11:15am F \$110

HB Pilates City Gym Room A
 4366.200 Adult 3/27 - 5/29 9:00am-10:00am W \$110
 4366.201 Adult 3/28 - 5/30 06:15pm-07:15pm Th \$110

HB Pilates Murdy Community Center Hall B
 4465.200 Adult 3/26 - 5/28 6:00pm-7:00pm Tu \$110
 4465.201 Adult 3/27 - 5/29 5:30pm-6:30pm W \$110
 4465.202 Adult 3/30 - 6/1 9:00am-10:00am Sa \$110

HB Pilates Rodgers Senior Center Game Room
 4539.200 Adult 3/30 - 6/1 10:00am-11:00am Sa \$110

Parks & Recreation...
Promote Good Health
 ...The Benefits Are Endless

Register Online! www.hbsands.org

Adult & Teen Classes

FITNESS: PILOXING

From Hollywood to Huntington Beach, PILOXING® combines Pilates and boxing into one fat torching, muscle sculpting workout that is fun, challenging and guaranteed to whip you into shape. PILOXING® integrates the power, speed, and agility of boxing with the strength and flexibility of Pilates. Attain a sleek, lean, powerful self-image. Bring exercise mat.

HB Pilates		City Gym Room A			
4544.200	Adult	3/26 - 5/28	7:00pm-8:00pm	Tu	\$120
4544.201	Adult	3/28 - 5/30	5:15pm-6:15pm	Th	\$120

HB Pilates		Murdy Community Center Hall B			
4545.200	Adult	3/27 - 5/29	7:00pm-8:00pm	W	\$120
4545.201	Adult	3/30 - 6/1	10:15am-11:15am	Sa	\$120

HB Pilates		Edison Community Center Hall B			
4571.200	Adult	3/26 - 5/28	10:15am-11:15am	Tu	\$120

FITNESS: PRIVATE PERSONAL TRAINING/ PILATES SESSION

Train one-on-one with a NASM Certified Personal Trainer and BASI Certified Pilates Instructor for one hour. Each workout is specifically designed to target personal health and fitness goals utilizing the essentials and equipment from both Pilates and personal training to maximize results. Time and dates TBD.

HB Pilates		Murdy Community Center Hall B			
4606.200	Adult	3/25 - 6/8	TBD		\$60

FITNESS: SLIM & TRIM BY GEORGIA

Fun with low-impact aerobics, simple dance steps, slow stretching, lively floor routines, firming and toning, and relaxing lower back exercises done to a variety of music styles. See you in class. Bring a mat.

Spidle, Georgia A		Edison Community Center Hall A			
4367.200	13yrs to Adult	3/25 - 6/7	9:00am-10:00am	M W F	\$75

Spidle, Georgia A		Murdy Community Center Hall A			
4368.200	13yrs to Adult	3/26 - 6/6	9:00am-10:00am	Tu Th	\$70

FITNESS: TOTAL BODY STRETCH

Everyone benefits from stretching on a regular basis. Stretching improves posture and circulation, helps you become more limber and relaxed, and can even prevent injuries. This easy-to-follow class will help make stretching a part of your wellness routine. Bring an exercise mat. No class 5/27.

Grossman, Marianne		Rodgers Senior Center Hall A & B			
4372.201	Adult	3/25 - 6/10	5:30pm-6:30pm	M	\$71

FITNESS: ZUMBA

It's different! Effective! Zumba's body sculpting moves and engaging dance steps are set to a fabulous fusion of Latin and International music. Cha-cha, mambo, rock-n-roll and belly dance your way to fitness in this exciting class of calorie-burning, body-energizing fun. Ditch the workout - Join the Party! www.sockhopfitness.com.

Foreman, Jill E		Edison Community Center Hall A			
4446.200	16yrs to Adult	3/27 - 5/29	6:35pm-7:25pm	W	\$67

FITNESS: ZUMBA - AGES 6 TO 96!

Bring your family and friends to this fun-packed Zumba class for everyone ages 6 to 96! Reap the benefits of a calorie-torching workout while you "Zumba" to fabulous Latin and International music. Increases coordination, rhythm, balance, muscle tone, aerobic fitness and fun!

Foreman, Jill E		Rodgers Senior Center Hall A			
4573.201	6yrs to 96yrs	3/26 - 4/23	6:00pm-06:50pm	Tu	\$32
4573.202	6yrs to 96yrs	4/30 - 5/28	6:00pm-06:50pm	Tu	\$32

FITNESS: ZUMBA GOLD & TONE

It's fun! It's different! These easy yet enticing dance steps will improve balance, strength, coordination and aerobic fitness while you enjoy the sizzling Latin music. Maraca-like toning sticks enhance rhythm and tone muscles. A joyful workout for body and mind. Walk-ins welcome \$10.

Foreman, Jill E		Rodgers Senior Center Hall A & B			
4373.200	Adult	3/25 - 5/20	9:00am-09:50am	M	\$59
4373.201	Adult	3/30 - 4/27	9:00am-09:50am	Sa	\$40
4373.202	Adult	5/4 - 6/1	9:00am-09:50am	Sa	\$40
4373.203	Adult	3/30 - 6/1	9:00am-09:50am	Sa	\$65

FITNESS: ZUMBA TONING

The perfect way to sculpt while having a total blast! Zumba Toning combines body-sculpting exercises and high energy cardio with Latin-infused Zumba moves for a calorie torching, strength training dance fitness party. Lightweight, maraca-like Zumba Toning sticks can be purchased or bring 1-3 lb. hand weights.

Foreman, Jill E		Edison Community Center Hall A			
4489.200	16yrs to Adult	3/25 - 5/20	5:45pm-6:30pm	M	\$65

FITNESS: ZUMBA TONING PLUS SENTAO

Revolutionize your workout with Zumba Toning plus Sentao! Using a chair as your dance partner, Sentao revitalizes your cardio workout with moves like you've never seen. Add in the power of Toning and you've got one calorie-torching, core strengthening, body sculpting fitness party! Suggested; light weights or Toning Sticks.

Foreman, Jill E		Edison Community Center Hall A			
4590.200	16yrs to Adult	3/27 - 5/29	5:45pm-6:30pm	W	\$69

GOLF: GROUP LESSONS BEGINNING

Enjoy the game for a lifetime. Learn the basic fundamentals involved in short game, full swing, learn basic rules and etiquette. Classes taught at Meadowlark Golf Course, 16782 Graham St by Dan Yenny, Scott Osterhout, or Darren Ernst.

FORE Golf, Management, LLC		Meadowlark Golf Course			
4377.200	17yrs to Adult	4/16 - 5/7	11:00am-12:00pm	Tu	\$99
4377.201	17yrs to Adult	3/30 - 4/20	10:00am-11:00am	Sa	\$99
4377.202	17yrs to Adult	5/11 - 6/1	10:00am-11:00am	Sa	\$99

HIKING BEAUTIFUL SO CALIFORNIA

Experience hiking in Southern California's wonderful outdoor terrain. Progresses from easy to moderate hikes in local natural areas. Transportation provided. This class involves moderate physical activity. Orientation class 4/5 and 4/8, 9:00am-11:00am. Great local hikes for men and women! Frances Shelby, Chuck Nelson facilitators.

Shelby, Frances C		Rodgers Senior Center Hall E			
4378.201	Adult	4/5 - 5/24	8:00am-4:00pm	F	\$63
4378.202	Adult	4/8 - 5/20	8:00am-4:00pm	M	\$63

INTRODUCTION TO FLY FISHING

Learn how to fly fish in 2013! Class covers; fly fishing equipment, casting techniques and fly tying. Instructor provides each student with individual fly casting and tying equipment and materials for the class. Also included is practice time with provided equipment to improve skills. Learn "secret" fishing locations in southern California. A post-class fishing trip will be scheduled.

Nelson, Charles D		Rodgers Senior Center Hall E			
4374.201	11yrs to Adult	4/29 - 5/13	6:00pm-8:00pm	M	\$59

Register Online! www.hbsands.org

Adult & Teen Classes

ITALIAN: BEGINNING 1A

This Italian course will focus on the basics of conversational Italian and be geared to the most useful expressions and vocabulary for daily use. It will meet once a week. Come learn communication of daily activities, introductions and descriptions. The program is adjusted to the request and abilities of the participants. Be a native speaker in no time with this Italian class. Lessons available online or for purchase on the first day of class for \$5 fee.

Spectrum, Languages Edison Community Center Hall C & D
4551.200 Adult 3/28 - 5/30 6:30pm-7:30pm Th \$110

ITALIAN: INTERMEDIATE 1B

This class will focus on spoken Italian and is a continuation of Beginning Italian 1A. Class topics will vary upon the requests and level of the participants. Students will be taught how to communicate on a day to day basis as well as in specific situations.

Spectrum, Languages Edison Community Center Hall C & D
4604.200 Adult 3/28 - 5/30 7:30pm-8:30pm Th \$110

KARATE: PRACTICAL MARTIAL ARTS

Learn practical self-defense in a fun and safe environment. Our system instills a sense of respect, self-confidence, and focus; and adds to that a modern flavor of training. We combine the striking involved in Muay Thai, and Boxing - the groundwork of Jiu-Jitsu, and the throws and takedowns trained in Wrestling and Judo. You will sweat and have a good time. - Belt Advancement is Available.

Betance, Justin Murdy Community Center Hall B
4441.200 16yrs to Adult 3/28 - 6/1 7:30pm-8:30pm Th \$155
9:00am-9:45am Sa

KARATE: TAE KWON DO

Develop coordination, improve balance, and achieve total fitness and self-defense while increasing self-confidence. Uniforms will be available for purchase from instructor. No class 5/27.

Tillehkooh, Kiavash City Gym Room B
4381.200 13yrs to Adult 3/25 - 6/3 7:15pm-8:00pm M \$175
4381.201 13yrs to Adult 3/26 - 6/4 7:15pm-8:00pm Tu \$175
4381.202 13yrs to Adult 3/27 - 6/5 7:15pm-8:00pm W \$175
4381.203 13yrs to Adult 3/28 - 6/6 7:15pm-8:00pm Th \$175

KARATE: TRADITIONAL JAPANESE KARATE-DO ALL RANK

Learn traditional karate. Improve your physical fitness and balance. Come and learn basic Japanese commands and counting, meditation, self-defense, and how to spar correctly. This class is ongoing and progressive. Uniforms and equipment are available for purchase from instructor.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A
4383.200 15yrs to 80yrs 3/28 - 6/13 7:00pm-8:15pm Th \$100

MARTIAL ARTS FOR ADULTS

This is a certified studio of the World Tang Soo Do Association. Students will be introduced to the basics of Tang Soo Do philosophy, history, blocks, punches, sparring, weapons and forms. No Saturday classes on the first Saturday of each month.

Cardinal, Frances M Rodgers Senior Center Hall B
4385.200 14yrs to Adult 3/26 - 6/4 06:15pm-7:45pm Tu \$55
4385.201 14yrs to Adult 3/28 - 6/6 06:15pm-7:45pm Th \$55
4385.202 14yrs to Adult 3/30 - 6/8 10:00am-12:00pm Sa \$55
4385.203 14yrs to Adult 3/26 - 6/8 Any 2 days \$100
4385.204 14yrs to Adult 3/26 - 6/8 All 3 days Tu Th Sa \$150

MUSIC: UKULELE 101 - A BEGINNING CLASS

Learn 10 songs in 10 minutes! No prior musical training necessary. This is a hands-on class and you will be amazed by what you learn. Bring your uke and plan to have fun! No class 5/7. Note: \$5 material fee due at first class.

Price, Kona Don Rodgers Senior Center Hall E
4390.201 Adult 4/9 - 5/21 9:30am-10:30am Tu \$49

MUSIC: UKULELE 102 - BEYOND BEGINNERS

A 2nd class for learning to play the ukulele. Learn new strumming techniques. Learn to recognize chord patterns. Learn simple chord melodies and tips and tricks to enhance your playing skills. No class 5/7. Note: \$5 material fee due at first class.

Price, Kona Don Rodgers Senior Center Hall E
4391.201 Adult 4/9 - 5/21 10:45am-11:45am Tu \$49

QIGONG (CHINESE YOGA)

Esteemed by the Chinese for thousands of years for illness prevention and therapeutic benefit, this easy-to-learn practice includes gentle movements to promote flexibility and tone, breathing methods to calm. All activity is done standing or sitting in a chair. Instructor has a Qigong Master teaching credential.

Walker, Donald D Murdy Community Center Hall C&D
4394.200 Adult 3/27 - 5/8 6:00pm-07:15pm W \$49

SKATING: ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin and more! Includes skate rental, 30-minute lesson, free practice on day of class (6:40-7:10pm), and three additional skating passes to be used during the 4-week session. No class 5/22.

Westminster ICE 13071 Springdale, Westminster
4436.200 17yrs to Adult 4/10 - 5/1 6:10pm-6:40pm W \$37
4436.201 17yrs to Adult 5/8 - 6/5 6:10pm-6:40pm W \$37

SPANISH FOR FUN AND FOREVER - BEGINNING

Using recipes for clear, concise communication without difficult verb conjugation, the student can easily express his message in Spanish. The class is packed with visuals, songs, rhymes, movement activities and games. Each student receives color visuals for mastery of the current vocabulary. \$5 material fee due at first class.

Blades, Murnez Rodgers Senior Center Hall E
4399.201 Adult 4/2 - 5/21 6:00pm-7:00pm Tu \$92
4399.202 Adult 4/4 - 5/23 3:15pm-4:15pm Th \$92

SPANISH FOR FUN AND FOREVER - INTERMEDIATE

Building upon what they have learned in the previous sessions, the students continue using the recipe system and build upon it. They begin to learn a few of the finer points of communication and become more fluent. \$5 material fee due at first class.

Blades, Murnez Rodgers Senior Center Hall E
4400.201 Adult 4/4 - 5/23 4:15pm-5:15pm Th \$92

STRUMMING AND SINGING

Beginning guitar students will learn chords and how to apply them to traditional folk, pop, and camp songs. The class will also introduce students to singing while accompanying themselves on guitar. Fun and interactive, Strumming and Singing will have students young and old ready to bring their skills to the next party, family gathering or camp out! Must bring your own guitar to class.

McGrath, Music Edison Community Center Hall B
4587.200 10yrs to Adult 3/26 - 5/14 7:15pm-8:15pm Tu \$125

Adult & Teen Classes

SURFING: BASIC SURF LESSON

This is a single lesson to introduce you to the joy of surfing and focuses on the basics of catching and riding waves, students must be able to swim. Boards and wetsuits provided. Lessons are run by a former pro surfer and coach with 30 years experience. www.HBSurfSchool.com.

Sharp, Bill		Beach Service Center -south side of pier			
4402.201	10yrs to Adult	4/6	9:00am-10:30am	Sa	\$75
4402.202	10yrs to Adult	4/13	9:00am-10:30am	Sa	\$75
4402.203	10yrs to Adult	4/20	9:00am-10:30am	Sa	\$75
4402.204	10yrs to Adult	5/4	9:00am-10:30am	Sa	\$75
4402.205	10yrs to Adult	5/11	9:00am-10:30am	Sa	\$75
4402.206	10yrs to Adult	5/18	9:00am-10:30am	Sa	\$75
4402.207	10yrs to Adult	6/8	9:00am-10:30am	Sa	\$75
4402.208	10yrs to Adult	6/15	9:00am-10:30am	Sa	\$75
4402.209	10yrs to Adult	6/22	9:00am-10:30am	Sa	\$75

SURFING: LEARN TO SURF

This is a four lesson surf program that stresses beach safety and fun while you learn the basics of catching and riding waves, and ocean safety. Students must be able to swim. Boards and wetsuits provided. Lessons are run by a former pro surfer and coach with 30 years experience. www.hbsurfschool.com.

Sharp, Bill		Beach Service Center -south side of pier			
4403.201	10yrs to Adult	4/6 - 4/21	9:00am-10:30am	Su Sa	\$200
4403.202	10yrs to Adult	5/4 - 5/19	9:00am-10:30am	Su Sa	\$200
4403.203	10yrs to Adult	6/8 - 6/23	9:00am-10:30am	Su Sa	\$200

TAI CHI CHUAN FOR BEGINNERS

A "no sweat" form of mental and physical health exercise. Tai Chi produces a balanced unification of body, mind and spirit while stretching and toning the body's muscles. Wear comfortable clothing and flat-soled shoes. No class 5/27.

Pham, Elizabeth		Rodgers Senior Center Hall B			
4407.201	Adult	4/1 - 6/3	6:30pm-8:00pm	M	\$50
4407.202	Adult	4/4 - 6/6	9:00am-10:30am	Th	\$50

TAI CHI CHUAN FOR INTERMEDIATE

A "no sweat" form of mental and physical health exercise. Tai Chi produces a balanced unification of body, mind and spirit while stretching and toning the body's muscles. Wear comfortable clothing and flat-soled shoes. No class 5/27.

Howe, Shona S		Rodgers Senior Center Hall B			
4499.201	Adult	4/1 - 6/3	6:30pm-8:00pm	M	\$50
4499.202	Adult	4/4 - 6/6	9:00am-10:30am	Th	\$50

TAI CHI FOR WELLNESS I

Relax, balance, and revitalize your body, mind and life force. Not a martial art or religion. The graceful, flowing movements improve health by toning muscles, increasing flexibility and aligning the body through a systematic release of stress. Instructor has a Tai Chi Masters teaching credential. First class is free!

Walker, Donald D		Edison Community Center Hall B			
4404.200	Adult	3/25 - 5/6	1:30pm-2:45pm	M	\$49

Walker, Donald D		Murdy Community Center Hall B			
4405.200	Adult	3/25 - 5/6	6:00pm-07:15pm	M	\$49

TAI CHI FOR WELLNESS LEVEL II

For the sincere student seeking a greater focus on the application of the form and flowing energy principles learned during the introductory class. More skillful movements will be explored. You'll be taught to connect the movements and develop a beautiful moving meditation.

Walker, Donald D		Murdy Community Center Hall B			
4406.200	Adult	3/25 - 5/6	7:30pm-8:45pm	M	\$49

TAI CHI TIGER WALKING

First class is free. Increase the benefits of walking by including the mindful principles of the fluid, flowing movement of Tai Chi. You'll soon walk farther, faster, with less effort, and no injury while gathering vital life force.

Walker, Donald D		Lake Park Clubhouse, 1035 11th Street			
4435.201	Adult	4/9 - 5/7	1:00pm-2:15pm	Tu	\$45
4435.202	Adult	4/9 - 5/7	6:30pm-7:45pm	Tu	\$45

TOPIC IN NUTRITION AND FITNESS: TRACK YOUR SUCCESS

Learn the three essential components for optimum fitness plus top factors to manage weight and fitness goals. Learn to maximize success of your goals using free online computer resources. \$2 material fee due at workshop. Taught by Jill Foreman, MS Nutrition and Biochemistry.

Foreman, Jill E		Rodgers Senior Center Computer Lab			
4562.200	All ages	4/9 - 4/23	7:15pm-8:15pm	Tu	\$45

VOLLEYBALL: ADULT INDOOR CLINIC - INTERMEDIATE/ADVANCED

This class is designed for those who have good fundamentals in addition to general consistency with their ball control. Students at this level can expect to learn advanced aspects of the game from strategy to overall improved technique. Guided play to follow instruction and drills. Go to www.matttaylorvolleyball.com for more information.

Taylor, Matthew R		City Gym Gymnasium			
4583.200	16yrs to Adult	3/26 - 4/30	7:15pm-9:15pm	Tu	\$99
4583.201	16yrs to Adult	5/7 - 6/11	7:15pm-9:15pm	Tu	\$99

WOMEN'S VOLLEYBALL

Tuesday and Thursday is Intermediate/Advanced only: Women's competitive league play! Wednesday is for the beginning to intermediate player to refresh your skills of bumping, setting, spiking and serving.

DiGiovanni, Joann N K		City Gym Gymnasium			
4409.200	18yrs to 80yrs	3/26 - 5/28	9:30am-12:30pm	Tu	\$60
4409.201	Adult	3/27 - 5/29	10:30am-12:00pm	W	\$45
4409.202	18yrs to 80yrs	3/28 - 5/30	9:30am-12:30pm	Th	\$60

YOGA: A MOVING MEDITATION

This Hatha yoga practice is a moving meditation of postures to promote strength, balance and union among the mind, body, and universe. Focus is on the breath and experiencing the present. All levels welcome! Instructor is certified RYT 200. Please bring a towel or yoga mat. No practice 4/27 and 6/1.

Patire, Mary R		Edison Community Center Hall C & D			
4559.200	Adult	3/30 - 6/8	10:30am-11:30am	Sa	\$72

YOGA: CANDLELIGHT VINYASA YOGA

Decompress by candlelight on Tuesday evenings at HB's inspiring Art Center. Vinyasa yoga is a power yoga that provides a great workout while increasing strength and flexibility. Each class will strive to balance mind, body and spirit while decreasing stress and increasing inner peace and awareness.

Stanek, Denise		Art Center Multipurpose Room			
4594.201	17yrs to Adult	3/26 - 5/14	6:30pm-7:30pm	Tu	\$110*
*\$99.60 HBAC					

YOGA: CITY GYM

These classes are structured to increase body awareness and reduce stress while increasing flexibility and strength. Avoid eating two hours prior to class. Wear comfortable clothing and bring an exercise mat and towel or blanket. No class 5/27.

Carmichael, Yvonne		City Gym Room B			
4410.200	16yrs to Adult	3/25 - 6/3	10:30am-12:00pm	M	\$87

Adult & Teen Classes

YOGA: EDISON COMMUNITY CENTER

Yoga unites mind & body to reduce stress & promote holistic health benefits. Class incorporates postures, meditation & philosophy in a breath centered practice providing calm & well-being, as well as strength, balance, & flexibility. All levels welcome. Avoid eating 2 hours prior to class, bring a mat & blanket. Instructor: Diane Pavesic, Certified Yoga Therapist, RN, YTRx-500, ERYT-500.

Pavesic, Diane M Edison Community Center Hall C & D

4411.200	Adult	4/10 - 6/5	4:30pm-5:30pm	W	\$70
4411.201	Adult	4/10 - 6/5	5:45pm-6:45pm	W	\$70
4411.202	Adult	4/10 - 6/5	7:00pm-8:00pm	W	\$70

YOGA: GENTLE THERAPEUTIC YOGA

Learn to live a balanced life with proper breathing, body alignment/posture while restoring flexibility and gaining strength. A traditional style class using props and based on Yoga Therapy, limited 12 student for individual attention, working from fingertips to toes, supporting the body as a whole while acquiring a more acute sense of body awareness. Bring a mat and blanket. No class 4/13.

HelpYourHealth, RoxAnn Madera Lake View Clubhouse
17451 Zeider Ln

4578.200	15yrs to Adult	3/30 - 5/25	10:15am-11:15am	Sa	\$94
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YOGA: GENTLE YOGA FOR EVERYONE

Learn to live a balanced life with proper breathing, body alignment/posture while restoring flexibility and gaining strength. A traditional class, limited to 12 students for individual attention, working from fingertip to toes, supporting the body as a whole while acquiring a more acute sense of body awareness. A good place to begin or reinforce your practice. No class 4/13, 4/9 & 4/10.

HelpYourHealth, RoxAnn Madera Lake View Clubhouse
17451 Zeider Ln

4577.200	15yrs to Adult	3/30 - 5/25	9:00am-10:00am	Sa	\$94
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HelpYourHealth, RoxAnn Madera Marutani Center
18964 Brookhurst St, FV

4509.200	15yrs to Adult	3/26 - 5/21	9:00am-10:15am	Tu	\$118
4509.201	15yrs to Adult	3/27 - 5/22	9:00am-10:15am	W	\$118

YOGA: GENTLE YOGA II

This class is for the yoga student who have already completed a beginner's course and wants to further develop their skills in body alignment and movement. Never losing sight of the fundamentals but building on them for a stronger practice with the addition of more complicated poses, longer holds and flowing with the breath. Class limited to 12 students with personalized attention. No class 4/9.

HelpYourHealth, RoxAnn Madera Marutani Center
18964 Brookhurst St, FV

4576.200	15yrs to Adult	3/26 - 5/21	10:45am-12:00pm	Tu	\$118
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YOGA: IN THE GREAT OUTDOORS

Outdoor Hatha yoga class. A great way to start your weekend with deep breath and relaxing asanas. All levels welcome. Yoga is known for its calming and body beautifying effects. Class will be held at 19251 Seapoint Ave. Please bring a yoga mat or towel.

Stevenson, Sarah Harriet Wieder Park
4414.201 Adult 3/30 - 6/8 9:00am-10:00am Sa \$95

Parks & Recreation...

Reduce Stress

...The Benefits Are Endless

No classes Monday, May 27

YOGA: MURDY COMMUNITY CENTER

Beginner & intermediate students welcome! Classes are sequenced to increase flexibility while strengthening the entire body (back, hips, shoulders, neck, etc.) Breathing & relaxation techniques are incorporated to calm the mind integrating a sense of well being. Avoid eating two hours prior to class and bring a mat and large towel. If there are existing medical conditions, please check with your doctor before proceeding. No class 5/27, 5/28 & 5/29.

King, Jacki, CYT, RYT Murdy Community Center Hall A

4417.200	Adult	4/8 - 6/10	4:35pm-5:35pm	M	\$70
4417.201	Adult	4/10 - 6/12	4:00pm-5:00pm	W	\$70

Holden, Susan, CYT, RYT Murdy Community Center Hall A

4450.200	16yrs to Adult	4/8 - 6/10	6:00pm-7:00pm	M	\$70
4450.201	16yrs to Adult	4/8 - 6/10	7:15pm-8:15pm	M	\$70
4450.202	16yrs to Adult	4/9 - 6/11	5:30pm-6:45pm	Tu	\$70
4450.203	16yrs to Adult	4/12 - 6/14	4:00pm-5:00pm	F	\$70

YOGA: RODGERS SENIOR CENTER

Yoga unites mind and body to reduce stress and promote holistic health benefits. Class incorporates postures, meditation and philosophy in a breath-centered practice providing calm & well-being, as well as strength, balance & flexibility. All levels welcome. Avoid eating 2 hours prior to class. Bring mat and blanket. Instructor: Diane Pavesic, Certified Yoga Therapist, RN, E-RYT-500.

Pavesic, Diane M Rodgers Senior Center Hall E

4413.201	Adult	4/11 - 6/6	10:00am-11:00am	Th	\$70
4413.202	Adult	4/11 - 6/6	11:00am-12:00pm	Th	\$70

YOGA: CHAIR YOGA FOR SENIORS

Class incorporates stretches & meditation in a holistic breath-centered practice to promote overall well-being. Therapeutic benefits include reduced pain and blood pressure, improved memory, flexibility, balance, and sleep. All levels and abilities welcome. No class 5/27. Instructor: Diane Pavesic, Certified Yoga Therapist, RN.

Pavesic, Diane M Rodgers Senior Center Hall D

4817.201	Adult	4/8 - 6/3	10:00am-11:00am	M	\$62
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Computers and Active Aging

COMPUTERS: BEGINNING COURSE TO THE COMPUTER

Learn to properly turn a computer on and off; use a pointing device (mouse); correct typing mistakes; write, send, read, print, reply, forward and delete e-mail; surf the World Wide Web. A suggested donation of \$5 is due at the first class.

Staff, Recreation Rodgers Senior Center Computer Lab

4800.200	Adult	4/2 - 4/23	9:00am-11:30am	Tu	\$15
4800.201	Adult	5/7 - 5/28	9:00am-11:30am	Tu	\$15
4800.202	Adult	6/4 - 6/25	9:00am-11:30am	Tu	\$15

COMPUTERS: EXCEL BEGINNING

Learn how to use spreadsheets to logically present tabular information. This course will teach you how to: Manipulate spreadsheet cells, rows, columns, fonts; build spreadsheets; create formulas, graphs and drawings to spreadsheets. A suggested donation of \$5 is due at the first class. Prerequisite: Solid knowledge using a PC and Windows Skills.

Staff, Recreation Rodgers Senior Center Computer Lab

4803.200	Adult	4/29 - 5/20	9:00am-12:00pm	M	\$15
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Computers and Active Aging

COMPUTERS: GOOGLE GALORE

Learn the use of the powerful Google Search Engine and how to format key work groupings that will rapidly complete your search. Explore these and other tools: Google Earth, Maps, Directions, Word Processor, Spreadsheet, Language Translator, and more.

Staff, Recreation Rodgers Senior Center Computer Lab

4805.200	Adult	4/5 - 4/12	1:00pm-4:00pm	F	\$12
4805.201	Adult	5/3 - 5/10	1:00pm-4:00pm	F	\$12

COMPUTERS: IPAD FOR BEGINNERS

iPad for Beginners, for people who already have an iPad who want to learn how to use it. We will start at "How do I turn it on?" Discussions will include Wi-Fi, 3G/4G, iOS 5.1, iTunes and aspects of included apps. Must bring an iPad with charging cord to classes.

Staff, Recreation Rodgers Senior Center Hall C

4826.200	Adult	4/3 - 4/24	9:00am-12:00pm	W	\$15
4826.201	Adult	5/1 - 5/22	9:00am-12:00pm	W	\$15
4826.202	Adult	6/5 - 6/26	9:00am-12:00pm	W	\$15

COMPUTERS: MS 2010 WORD ESSENTIALS

Learn to create, save, retrieve, rename and delete documents. Learn text selection techniques, editing, cut/copy/paste, spell/grammar check, and using Thesaurus. Learn to use important toolbars. A suggested donation of \$5 is due at the first class.

Staff, Recreation Rodgers Senior Center Computer Lab

4802.200	Adult	4/3 - 4/24	9:00am-12:00pm	W	\$15
4802.201	Adult	5/1 - 5/22	9:00am-12:00pm	W	\$15
4802.202	Adult	6/5 - 6/26	9:00am-12:00pm	W	\$15

COMPUTERS: ORGANIZE YOUR COMPUTER ONCE AND FOR ALL

Put information where you can find it. Clean up and organize old files and your desktop. Make shortcuts to favorite programs and files. Back up critical information. Get free programs to make your computer life easier and optimize your computer. Skills are universal whether you have Windows XP, Vista or 7. Ask questions, get answers, have fun!

Lander, Joel Rodgers Senior Center Computer Lab

4547.200	Adult	4/18 - 4/25	2:00pm-5:00pm	Th	\$66
4547.201	Adult	5/23 - 5/30	2:00pm-5:00pm	Th	\$66
4547.202	Adult	6/20 - 6/27	2:00pm-5:00pm	Th	\$66

COMPUTERS: PICASA, PHOTO EDITING AND ORGANIZING

Organize, edit, and share digital pictures using Google's free Picasa program. Learn how to import/export, and relocate pictures; improve color, lighting, crop, fix red eye and do other edits; share your pictures via emails, web albums, CDs, prints and much more.

Lander, Joel Rodgers Senior Center Computer Lab

4548.200	Adult	4/5 - 4/26	9:00am-12:00pm	F	\$66
4548.201	Adult	5/10 - 5/31	9:00am-12:00pm	F	\$66
4548.202	Adult	6/7 - 6/28	9:00am-12:00pm	F	\$66

COMPUTERS: WINDOWS 7 MADE EASY

Learn to navigate and use Windows 7 to your advantage. Personalize your computer. Design your desktop. Understand the Start menu and taskbar. Understand the libraries and Accessories. Take advantage of the control panel and the many adjustments available in Windows 7. Ask questions, experiment, learn tricks, share and discover. Have fun!

Lander, Joel Rodgers Senior Center Computer Lab

4585.200	Adult	4/4 - 4/11	2:00pm-5:00pm	Th	\$66
4585.201	Adult	5/9 - 5/16	2:00pm-5:00pm	Th	\$66
4585.202	Adult	6/6 - 6/13	2:00pm-5:00pm	Th	\$66

CPR/FIRST AID/AED BASICS FOR SENIORS & CAREGIVERS

An interactive class where seniors, caregivers and family members can learn about the basics of CPR/First Aid/AED use for adults. Learn lifesaving techniques, bring your questions and we will share our knowledge. American Heart Association card will be issued to all who participate. Please bring self-addressed stamped envelope. \$15 material fee due to instructor at class.

Ameduri, Megan Rodgers Senior Center Hall D

4828.200	16yrs to Adult	4/27	9:00am-1:00pm	Sa	\$50
4828.201	16yrs to Adult	6/8	9:00am-1:00pm	Sa	\$50

DANCE: BEGINNING BALLET FOR SENIORS

Please join us in learning and practicing the beautiful graceful movements of Ballet. An opportunity to improve fitness through fun, working on flexibility, coordination, strength, balance, endurance and healthy attractive posture. No experience necessary. The class is non-competitive and we become great friends in the process.

Hunting Academy of Dance Rodgers Senior Center Hall D

4494.200	Adult	3/25 - 4/29	12:30pm-1:30pm	M	\$49
4494.201	Adult	5/6 - 6/17	12:30pm-1:30pm	M	\$49

FITNESS: AT HOME SENIOR REVITALIZATION PROGRAM

The AHSR Program accomplishes a specified end "lifetime wellness", consisting of seven Presentations/Workshops with a strong coaching component helping seniors begin and progress their individual wellness quests. All protocols are designed to be done at home with minimal equipment, employing a process to deliver maximum results for minimum time expenditure.

Ringlien, Ron Rodgers Senior Center Hall D

4825.200	Adult	4/3 - 5/15	9:00am-10:00am	W	\$60
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FITNESS: PILATES FOR SENIORS

Pilates is ideal for people over 50 because of its low-impact exercises. Benefits include: improved posture, strength, balance, along with an enhanced mind/body connection and total body awareness to reduce the risk of falls. This class will incorporate a chair for stability and flexibility exercises. No class 5/27.

HB Pilate Rodgers Senior Center Game Room

4822.200	Adult	3/25 - 6/3	12:30pm-1:30pm	M	\$88
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YOGA: YOGA AS A SENIOR SOLUTION

Starting in the chair with emphasis on breathing/posture, then using the chair as a prop for balance, stretching and flexibility, continuing down to the mat. Working to strengthen the body from fingers to toes, keeping ones independence and freedom of movement for your individual body, in a class limited to 12 students for individual attention. Please bring a mat and blanket. No class 4/8, 4/9, 4/10 and 4/12.

HelpYourHealth, RoxAnn Madera Marutani Dojo Cultural Center
18964 Brookhurst St, FV

4510.200	50yrs+	3/25 - 5/20	1:00pm-02:30pm	M	\$118
4510.201	50yrs+	3/26 - 5/21	12:30pm-2:00pm	Tu	\$118
4510.202	50yrs+	3/27 - 5/22	10:30am-12:00pm	W	\$118
4510.203	50yrs+	3/29 - 5/24	10:30am-12:00pm	F	\$118

Parks & Recreation...

Stimulate the Mind

...The Benefits Are Endless

Sports Programs

YOUTH SPORTS

The City of Huntington Beach Youth Sports Program stresses the importance of teaching young people not only the rules and strategies of games but important lessons about life as well. Positive youth sports programs help young people develop confidence and self-esteem, help them learn to resolve conflicts peacefully, teach them ways to take care of their health and well-being, and help them develop skills for communicating with others. Coaches, spectators, families and participants are encouraged to be mindful that these programs are designed to develop the whole person, not just the athlete, and that sportsmanship is a required element of the City of Huntington Beach Youth Sports program.

JUNIOR SOCCER

This semi-competition introduction to soccer is a great way to start boys and girls off with a positive and fun learning experience in youth sports. Children will be introduced to the fundamentals of soccer through game based drills, hands on instruction and scrimmages. Program will take place under the lights at the central park sports complex on the artificial turf soccer fields! Each participant will receive a team shirt and all soccer equipment will be made available.

Staff, Recreation		SC Tournament Fields 18002 G			
7726.201	6yrs to 8yrs	4/16 - 5/21	6:00pm-6:50pm	Tu	\$55
7726.202	6yrs to 8yrs	4/18 - 5/23	6:00pm-6:50pm	Th	\$55

INDOOR COED VOLLEYBALL LEAGUE (5TH & 6TH GRADE)

The City of Huntington Beach indoor coed volleyball is a competitive league with and emphasis on having fun and learning the game of volleyball. Boy and girls between the 5th and 8th grades will be placed on teams for the 9 week season which includes one week of evaluations, a practice game, six league games and a city-wide championship tournament. All participants will receive a HB recreation jersey and league awards. Huntington Beach youth sports programs - Have fun playing sports!

Staff, Recreation		City Gym Gymnasium			
7744.200	All ages	3/30 - 5/25	11:30am-12:30pm	Sa	\$55

INDOOR COED VOLLEYBALL LEAGUE (7TH AND 8TH GRADES)

The City of Huntington Beach indoor coed volleyball is a competitive league with and emphasis on having fun and learning the game of volleyball. Boy and girls between the 5th and 8th grades will be placed on teams for the 9 week season which includes one week of evaluations, a practice game, six league games and a city-wide championship tournament. All participants will receive a HB recreation jersey and league awards. Huntington Beach youth sports programs - Have fun playing sports!

Staff, Recreation		City Gym Gymnasium			
7743.200	All ages	3/30 - 5/25	10:00am-11:00am	Sa	\$55



No classes Monday, May 27

PEE WEE SOCCER

This non-competition introduction to soccer is a great way to start boys and girls off with a positive and fun learning experience in youth sports. Players will be introduced to the fundamentals of soccer through game based drills, hands on instruction and scrimmages. Program will take place under the lights at the central park sports complex on the artificial turf soccer fields! Each participant will receive a team shirt and all soccer equipment will be made available.

Staff, Recreation		SC Tournament Fields 18002 G			
7725.200	3yrs to 5yrs	4/16 - 5/21	4:00pm-4:50pm	Tu	\$55
7725.201	3yrs to 5yrs	4/16 - 5/21	5:00pm-5:50pm	Tu	\$55
7725.202	3yrs to 5yrs	4/16 - 5/21	6:00pm-6:50pm	Tu	\$55
7725.203	3yrs to 5yrs	4/18 - 5/23	4:00pm-4:50pm	Th	\$55
7725.204	3yrs to 5yrs	4/18 - 5/23	5:00pm-5:50pm	Th	\$55
7725.205	3yrs to 5yrs	4/19 - 5/24	6:00pm-6:50pm	Th	\$55
7725.206	3yrs to 5yrs	4/13 - 5/18	9:00am-9:50am	Sa	\$55
7725.207	3yrs to 5yrs	4/13 - 5/18	10:00am-10:50am	Sa	\$55

SHOOTING STARS SOCCER

Shooting Stars Soccer is an instruction/fun based soccer program for boys and girls with special needs between the ages of 11-21. Soccer equipment and protective gear will be made available for all program participants. Shooting Stars Soccer will be held at the Central Park Sports Complex on the artificial turf soccer fields.

Staff, Recreation		SC Tournament Fields 18002 G			
7727.200	11yrs to 21yrs	4/13 - 5/18	11:00am-11:50am	Sa	\$55

ADULT SPORTS

ADULT SIX'S VOLLEYBALL LEAGUE

Monday & Wednesday Nights 6:00-10:00 pm Winter, Spring, Summer & Fall Sessions This program is designed to provide a structured, competitive volleyball league for players of various skill levels. New teams are evaluated and placed in an appropriate divisional level. We work with individuals to place them on just the right team. Three levels of Coed (3-men & 3-women) is offered on Monday nights. Advanced Women's League is offered on Wednesday nights. Games will be played at the City Gym. Each team must pay directly to the official a fee of \$14 before each match. Each match consists of three games. To enter a team or join an existing team, call the City Gym at (714) 960-8884 or Rics Volleyball (714) 375-5063.

Win Win, Promotions LLC		City Gym Gymnasium			
7900.200	Adult	3/25 - 6/12	6:00pm-10:00pm	M W	\$250

MEN'S ADULT RECREATIONAL BASKETBALL LEAGUE

Winter, Spring, Summer and Fall Sessions Basketball leagues are played on Sundays and are arranged by the overall skill level of each team to ensure competitiveness. Leagues are height restricted - 6'0" and under and 6'5" and under (with a 1" allowance). Each team is also responsible for a \$30 game fee each week to cover two officials and a scorekeeper/statistician. The last two game fees are collected with the registration fee as a deposit against forfeits. For more information please go to hoopsunlimited.com or call the City Gym and Pool at (714) 960-8884 for registration information. No Basketball Feb 3.

Walker, Marty		City Gym Gymnasium			
7901.200	Adult	3/31 - 6/2	9:00am-5:30pm	Su	\$426

Parks & Recreation...
Quench Competitive Thirst
 ...The Benefits Are Endless

Tennis



In our continuous effort to better serve the tennis needs of the citizens of Huntington Beach we have added two new tennis class locations. Marina Park (Graham & Edinger) and LeBard Park (20451 Cramer Ln) will offer the same quality, low-priced, professionally taught tennis classes that are offered at Murdy and Edison Community Centers.

TENNIS: TOTS

Help your tot to develop hand-eye coordination while having fun outdoors. This class will introduce young students to the game of tennis. Development of basic pre-tennis skills will be taught in this program. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. Parent participation requested. No class 5/27.

Monroe, Lynn S		Edison Community Center Tennis Court #3			
9102.200	3yrs to 5yrs	3/30 - 6/1	1:00pm-1:30pm	Sa	\$60
9102.201	3yrs to 5yrs	3/30 - 6/1	1:30pm-2:00pm	Sa	\$60

Barrie, Monty A		Murdy Community Center Tennis Court #1			
9104.200	3yrs to 5yrs	3/25 - 6/3	3:00pm-3:30pm	M	\$60
9104.201	3yrs to 5yrs	3/27 - 5/29	3:00pm-3:30pm	W	\$60

TENNIS: YOUTH BEGINNING

This class is designed for students with little or no tennis experience. Basic skills are introduced. Students will learn forehand, backhand, volley, serve and scoring. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Monroe, Lynn S		Edison Community Center Tennis Court #3			
9106.200	6yrs to 9yrs	3/30 - 6/1	2:00pm-3:00pm	Sa	\$80

Danielson, Brenda L		Edison Community Center Tennis Court #3			
9107.200	6yrs to 9yrs	3/26 - 4/25	3:30pm-4:30pm	Tu Th	\$80
9107.201	6yrs to 9yrs	5/7 - 6/6	3:30pm-4:30pm	Tu Th	\$80

Barrie, Monty A		Murdy Community Center Tennis Court #1			
9109.200	6yrs to 9yrs	3/25 - 4/24	3:30pm-4:30pm	M W	\$80
9109.201	6yrs to 9yrs	5/6 - 6/10	3:30pm-4:30pm	M W	\$80

Moore, James E		Murdy Community Center Tennis Court #1			
9110.200	10yrs to 13yrs	3/29 - 5/31	5:30pm-6:30pm	F	\$80

Arbeiter, Andrew		Murdy Community Center Tennis Court #1			
9111.200	6yrs to 9yrs	3/30 - 6/1	11:00am-12:00pm	Sa	\$80

Moore, James E		Marina Park Tennis Court 15871 Graham St			
9112.200	6yrs to 9yrs	3/26 - 4/25	3:30pm-4:30pm	Tu Th	\$80
9112.201	6yrs to 9yrs	5/7 - 6/6	3:30pm-4:30pm	Tu Th	\$80
9112.202	12yrs to 15yrs	3/26 - 4/25	4:30pm-5:30pm	Tu Th	\$80
9112.203	12yrs to 15yrs	5/7 - 6/6	4:30pm-5:30pm	Tu Th	\$80

Nieto, Rafael E		Murdy Community Center Tennis Court #1			
9270.200	10yrs to 13yrs	3/26 - 4/25	3:30pm-4:30pm	Tu Th	\$80
9270.201	10yrs to 13yrs	5/7 - 6/6	3:30pm-4:30pm	Tu Th	\$80

TENNIS: YOUTH ADVANCED BEGINNING

This class is designed for students that have recently had beginning tennis, who can successfully execute forehands, backhands, volleys and starting to serve. The class will focus on movement and ball placement. Bring an unopened can of USTA approved tennis balls to first class. No class 5/27.

Danielson, Brenda L		Edison Community Center Tennis Court #3			
9209.200	6yrs to 9yrs	3/26 - 4/25	4:30pm-5:30pm	Tu Th	\$80
9209.201	6yrs to 9yrs	5/7 - 6/6	4:30pm-5:30pm	Tu Th	\$80

Arbeiter, Andrew		Murdy Community Center Tennis Court #1			
9234.200	6yrs to 9yrs	3/30 - 6/1	12:00pm-1:00pm	Sa	\$80

Danielson, Brenda L		LeBard Tennis Courts - 20451 Cramer Ln			
9244.200	10yrs to 13yrs	3/25 - 4/24	3:30pm-4:30pm	M W	\$80
9244.201	10yrs to 13yrs	5/6 - 6/10	3:30pm-4:30pm	M W	\$80

Nieto, Rafael E		Murdy Community Center Tennis Court #1			
9269.200	10yrs to 13yrs	3/26 - 4/25	4:30pm-5:30pm	Tu Th	\$80
9269.201	10yrs to 13yrs	5/7 - 6/6	4:30pm-5:30pm	Tu Th	\$80

TENNIS: YOUTH INTERMEDIATE

Youth who enroll in this class will be expected to be able to rally the ball several times using forehand and backhand strokes. Crosscourt placement, services, lobs, overheads and strategy will be taught. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 5/27.

Moore, James E		Marina Park Tennis Court 15871 Graham St			
9186.200	10yrs to 13yrs	3/26 - 4/25	5:30pm-6:30pm	Tu Th	\$80
9186.201	10yrs to 13yrs	5/7 - 6/6	5:30pm-6:30pm	Tu Th	\$80

Danielson, Brenda L		LeBard Tennis Courts - 20451 Cramer Ln			
9260.200	10yrs to 13yrs	3/25 - 4/24	4:30pm-5:30pm	M W	\$80
9260.201	10yrs to 13yrs	5/6 - 6/10	4:30pm-5:30pm	M W	\$80

Barrie, Monty A		Murdy Community Center Tennis Court #1			
9276.200	6yrs to 9yrs	3/25 - 4/24	4:30pm-5:30pm	M W	\$80
9276.201	6yrs to 9yrs	5/6 - 6/10	4:30pm-5:30pm	M W	\$80

TENNIS: YOUTH ADVANCED INTERMEDIATE

This class is designed for students who are competent in all of the skills taught in the intermediate class. Class time is devoted to service, second serve, return of serve, volley, ground stroke placement and strategy. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Moore, James E		Murdy Community Center Tennis Court #1			
9117.200	11yrs to 17yrs	3/29 - 5/31	3:30pm-4:30pm	F	\$80

TENNIS: COMPETITIVE TEEN

These classes are designed for teenagers who are playing or interested in playing high school tennis and/or tournaments. These classes will focus on improving basic strokes and strategy, introduction to spins and touch shots, along with the understanding of tennis rules, scoring and etiquette. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Moore, James E		Murdy Community Center Tennis Court #1			
9121.200	14yrs to 17yrs	3/29 - 5/31	4:30pm-5:30pm	F	\$80

Parks & Recreation...

Build Friendships

...The Benefits Are Endless

Tennis

HB TENNIS ACADEMY BEGINNER

An affordable year-round tennis academy designed for 10-17 year olds preparing for or playing high school team tennis. Students learn to apply tactics and strategy to match situations. Ideal for aspiring juniors who wish to compete at advanced levels or prepare for college. HBTA Instructors are USPTA/PTR certified. Open to all levels of experience. Instructors: Rafael Nieto & Andrew Arbeiter. No class 5/27.

Nieto, Rafael E Edison Community Center Tennis Court #3

9238.200 10yrs to 17yrs 3/25 - 4/24 3:25pm-4:20pm M W \$80

9238.201 10yrs to 17yrs 5/6 - 6/10 3:25pm-4:20pm M W \$80

HB TENNIS ACADEMY INTERMEDIATE

An affordable year-round tennis academy designed for 10-17 year olds preparing for or playing high school team tennis. Students learn to apply tactics and strategy to match situations. Ideal for aspiring juniors who wish to compete at advanced levels or prepare for college. HBTA Instructors are USPTA/PTR certified. Open to all levels of experience. Instructors: Rafael Nieto & Andrew Arbeiter. No class May 27.

Nieto, Rafael E Edison Community Center Tennis Court #3

9239.200 10yrs to 17yrs 3/25 - 4/24 3:25pm-4:20pm M W \$80

9239.201 10yrs to 17yrs 5/6 - 6/10 3:25pm-4:20pm M W \$80

HB TENNIS ACADEMY ADVANCED INTERMEDIATE

An affordable year-round tennis academy designed for 10-17 year olds preparing for or playing high school team tennis. Students learn to apply tactics and strategy to match situations. Ideal for aspiring juniors who wish to compete at advanced levels or prepare for college. HBTA Instructors are USPTA/PTR certified. Open to all levels of experience. Instructors: Rafael Nieto & Andrew Arbeiter. No class 5/27.

Nieto, Rafael E Edison Community Center Tennis Court #3

9240.200 10yrs to 17yrs 3/25 - 4/24 4:20pm-5:45pm M W \$120

9240.201 10yrs to 17yrs 5/6 - 6/10 4:20pm-5:45pm M W \$120

9240.202 10yrs to 17yrs 3/29 - 5/31 3:30pm-5:00pm F \$120

HB TENNIS ACADEMY ADVANCED

An affordable year-round tennis academy designed for 10-17 year olds preparing for or playing high school team tennis. Students learn to apply tactics and strategy to match situations. Ideal for aspiring juniors who wish to compete at advanced levels or prepare for college. HBTA Instructors are USPTA/PTR certified. Open to all levels of experience. Instructors: Rafael Nieto & Andrew Arbeiter.

Nieto, Rafael E Edison Community Center Tennis Court #3

9252.200 10yrs to 17yrs 3/27 - 5/29 5:45pm-6:45pm W \$80

9252.201 10yrs to 17yrs 3/29 - 5/31 5:00pm-6:30pm F \$120



The Benefits of Tennis

Historically known as the “sport for a life-time,” tennis can be played by just about anyone, at any stage of their fitness journey. As we all know, exercise is important for good health, and tennis has specific



health benefits that gives it an edge over many other types of physical activity. Recreational tennis has health benefits for the cardiovascular system, the muscles, bones, agility levels and more. In addition, tennis is a fun activity that reduces stress. For children, learning how to play tennis early on can improve energy levels and enhance an individual’s confidence and optimism later on in life.

BELOW ARE JUST A FEW OF THE MANY BENEFITS ONE CAN GAIN FROM PARTICIPATING IN THIS ILLUSTRIOUS ACTIVITY:

- Heart Health
- Improves balance, dexterity, mobility and agility
- Calorie Burning
- Mental Health Benefits
- Interval Training

The community services department offers an array of tennis programs from beginner classes to advanced and a selection of new tennis workout programs. Choose between group lessons, semi-private or individual private lessons on days, times and locations that fit your schedule.

Tennis

TENNIS: ADULT BEGINNING

For adult students with no experience or long forgotten past experience in tennis. Basic skills are introduced: forehand, backhand, volley, serve and scoring. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Nieto, Rafael E Edison Community Center Tennis Court #3
9128.200 Adult 3/27 - 5/29 6:45pm-8:15pm W \$100

Monroe, Lynn S Edison Community Center Tennis Court #3
9130.200 Adult 3/30 - 6/1 11:00am-12:30pm Sa \$100

Moore, James E Marina Park Tennis Court 15871 Graham St
9134.200 Adult 3/26 - 4/25 9:00am-10:30am Tu Th \$100
9134.201 Adult 5/7 - 6/6 9:00am-10:30am Tu Th \$100
9134.202 Adult 3/26 - 5/28 6:30pm-8:00pm Tu \$100

TENNIS: ADULT ADVANCED BEGINNING

For those students who have recently had beginning tennis instruction or for those who can successfully execute forehands, backhands, volleys, serves and know how to keep score. The instruction focuses on repetitive drill work to improve coordination of ground strokes, volleys and serves. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Nieto, Rafael E Edison Community Center Tennis Court #3
9145.200 Adult 3/27 - 5/29 8:15pm-9:45pm W \$100

Arbeiter, Andrew LeBard Tennis Courts - 20451 Craimer Ln
9185.200 Adult 3/27 - 5/29 6:00pm-7:30pm W \$100

Arbeiter, Andrew Murdy Community Center Tennis Court #1
9194.200 Adult 3/26 - 5/28 7:00pm-8:30pm Tu \$100

Monroe, Lynn S Edison Community Center Tennis Court #3
9237.200 Adult 3/30 - 6/1 9:30am-11:00am Sa \$100

TENNIS: ADULT INTERMEDIATE

For those students who have recently had beginning & adv. Beginning tennis instruction or for those who can successfully execute forehands, backhands, volleys, serves and know how to keep score. The instruction focuses on repetitive drill work to improve coordination of ground strokes, volleys and serves. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 5/27.

Danielson, Brenda L Edison Community Center Tennis Court #3
9139.200 Adult 3/26 - 5/28 7:00pm-8:30pm Tu \$100
9139.201 Adult 3/28 - 5/30 5:30pm-7:00pm Th \$100
9139.202 Adult 3/25 - 4/24 9:30am-11:00am M W \$100
9139.203 Adult 5/6 - 6/10 9:30am-11:00am M W \$100

Nieto, Rafael E Edison Community Center Tennis Court #3
9140.200 Adult 3/25 - 6/3 05:45pm-07:15pm M \$100
9140.201 Adult 3/26 - 4/25 9:00am-10:30am Tu Th \$100
9140.202 Adult 5/7 - 6/6 9:00am-10:30am Tu Th \$100

Monroe, Lynn S Edison Community Center Tennis Court #3
9141.200 Adult 3/30 - 6/1 8:00am-9:30am Sa \$100

Barrie, Monty A Murdy Community Center Tennis Court #1
9142.200 Adult 3/25 - 6/3 5:30pm-7:00pm M \$100
9142.201 Adult 3/25 - 6/3 7:00pm-8:30pm M \$100
9142.202 Adult 3/27 - 5/29 8:30pm-10:00pm W \$100

Moore, James E Marina Park Tennis Court 15871 Graham St
9211.200 Adult 3/28 - 5/30 6:30pm-8:00pm Th \$100

Ramirez, David A Marina Park Tennis Court 15871 Graham St
9212.200 Adult 3/30 - 6/1 8:00am-9:30am Sa \$100

TENNIS: ADULT ADVANCED INTERMEDIATE

Students must have completed the three prior levels or have considerable playing experience. Class time is devoted to service, second serve, return of serve, volley, ground stroke placement, lobs, smashes and strategy in doubles and singles. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 5/27.

Danielson, Brenda L Edison Community Center Tennis Court #3
9144.200 Adult 3/25 - 4/24 8:00am-9:30am M W \$100
9144.201 Adult 5/6 - 6/10 8:00am-9:30am M W \$100
9144.203 Adult 3/26 - 5/28 5:30pm-7:00pm Tu \$100
9144.204 Adult 3/28 - 5/30 7:00pm-8:30pm Th \$100

Barrie, Monty A Murdy Community Center Tennis Court #1
9147.200 Adult 3/25 - 6/3 8:30pm-10:00pm M \$100
9147.201 Adult 3/27 - 5/29 7:00pm-8:30pm W \$100

Nieto, Rafael E Edison Community Center Tennis Court #3
9259.200 Adult 3/25 - 6/3 7:15pm-8:45pm M \$100

TENNIS: ADULT ADVANCED

Students must have completed the Advanced Intermediate level or have considerable playing experience. Students must have special permission from the Tennis Scheduler. Class time is devoted to service placement, return of serve placement, approach volley, lobs, overheads and singles and doubles strategy. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 5/27.

Arbeiter, Andrew Murdy Community Center Tennis Court #1
9193.200 Adult 3/26 - 5/28 5:30pm-7:00pm Tu \$100

Arbeiter, Andrew LeBard Tennis Courts - 20451 Craimer Ln
9215.200 Adult 3/25 - 6/3 6:00pm-7:30pm M \$100

Ramirez, David A Marina Park Tennis Court 15871 Graham St
9219.200 Adult 3/30 - 6/1 9:30am-11:00am Sa \$100

USTA: COMPETITIVE TENNIS

USTA is here! Traveling to other tennis facilities throughout Orange County. You must have a current USTA membership number to register with USTA and have a NTRP rating level (www.usta.com). Additional USTA fees not included. More info - contact Brenda Danielson, Tennis scheduler, at 714-536-5246.

Danielson, Brenda L Murdy Community Center Tennis Court #1
9153.200 Adult 3/29 - 6/8 11:00am-3:00pm Su F Sa \$27

TENNIS: CARDIO

For students of all levels that are interested in this new, fun group activity that gives players of all abilities a high energy workout. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. Drop-ins welcome if there is space in class at \$12 per student (must contact instructor in advance for drop-ins). No class 5/27.

Nieto, Rafael E Edison Community Center Tennis Court #1
9100.201 18yrs to 75yrs 3/26 - 5/28 06:15pm-07:15pm Tu \$105
9100.202 18yrs to 75yrs 3/26 - 5/28 10:30am-11:30am Tu \$105

Nieto, Rafael E Murdy Community Center Tennis Court #1
9101.200 Adult 3/25 - 6/3 9:00am-10:00am M \$105
9101.201 Adult 3/27 - 5/29 9:00am-10:00am W \$105
9101.202 Adult 3/28 - 5/30 6:00pm-7:00pm Th \$105
9101.203 Adult 3/30 - 6/1 10:30am-11:30am Sa \$105

Register Online! www.hbsands.org

Tennis

TENNIS: DROP IN DRILLS INTERMEDIATE & ADVANCED INTERMEDIATE

For the players that want to work on their game, hit a lot of tennis balls & improve their strategy on the tennis court. These one and a half hour clinics of non-stop tennis drills and play are run by skill level with 2 instructors. Get to know other players and a great workout. One and one half drill must have a minimum of 3 students, maximum of 8. If one student, drill will be one half hour. If two students, drill will be one hour. Sign up today on-line to reserve your spot.

Arbeiter, Andrew & Nieto, Rafael E Murdy Community Center Tennis Court #1

9220.200	Adult	3/28	7:00pm-8:30pm	Th	\$15
9220.201	Adult	4/4	7:00pm-8:30pm	Th	\$15
9220.202	Adult	4/11	7:00pm-8:30pm	Th	\$15
9220.203	Adult	4/18	7:00pm-8:30pm	Th	\$15
9220.204	Adult	4/25	7:00pm-8:30pm	Th	\$15
9220.205	Adult	5/2	7:00pm-8:30pm	Th	\$15
9220.206	Adult	5/9	7:00pm-8:30pm	Th	\$15
9220.207	Adult	5/16	7:00pm-8:30pm	Th	\$15
9220.208	Adult	5/23	7:00pm-8:30pm	Th	\$15
9220.209	Adult	5/30	7:00pm-8:30pm	Th	\$15
9220.210	Adult	3/30	9:00am-10:30am	Sa	\$15
9220.211	Adult	4/6	9:00am-10:30am	Sa	\$15
9220.212	Adult	4/13	9:00am-10:30am	Sa	\$15
9220.213	Adult	4/20	9:00am-10:30am	Sa	\$15
9220.214	Adult	4/27	9:00am-10:30am	Sa	\$15
9220.215	Adult	5/4	9:00am-10:30am	Sa	\$15
9220.216	Adult	5/11	9:00am-10:30am	Sa	\$15
9220.217	Adult	5/18	9:00am-10:30am	Sa	\$15
9220.218	Adult	5/25	9:00am-10:30am	Sa	\$15
9220.219	Adult	6/1	9:00am-10:30am	Sa	\$15

TENNIS: SEMI-PRIVATE WORKOUT BEGINNING

For those students who want concentrated skill development of forehand and backhand ground strokes, volleys, approach volleys and overheads. Classes are limited to a maximum of four students. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 5/27.

Moore, James E LeBard Tennis Courts - 20451 Craimer Ln

9243.200	Adult	3/25 - 6/3	10:00am-11:00am	M	\$130
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Moore, James E	Marina Park Tennis Court 15871 Graham St
9254.200	Adult 3/26 - 5/28 8:00am-9:00am Tu \$130

Nieto, Rafael E	Edison Community Center Tennis Court #3
9262.200	Adult 3/28 - 5/30 10:30am-11:30am Th \$130

Nieto, Rafael E	Murdy Community Center Tennis Court #1
9271.200	Adult 3/29 - 5/31 10:30am-11:30am F \$130

Barrie, Monty A	Murdy Community Center Tennis Court #1
9278.200	Adult 3/26 - 4/25 9:30am-10:30am Tu Th \$130
9278.201	Adult 5/7 - 6/6 9:30am-10:30am Tu Th \$130

Ramirez, David A	Marina Park Tennis Court 15871 Graham St
9280.200	Adult 3/27 - 5/29 10:00am-11:00am W \$130

TENNIS: SEMI PRIVATE WORKOUT ADVANCED BEGINNING

For those students who want concentrated skill development of forehand and backhand ground strokes, volleys, approach volleys and overheads. Classes are limited to a maximum of four students. Class time is devoted to vigorous drills to enhance the player's techniques through personalized and concentrated sessions of instruction. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Barrie, Monty A	Murdy Community Center Tennis Court #1
9227.200	Adult 3/27 - 5/29 8:30am-9:30am W \$130

Danielson, Brenda L	Edison Community Center Tennis Court #3
9166.200	Adult 3/27 - 5/29 11:00am-12:00pm W \$130

Ramirez, David A	Marina Park Tennis Court 15871 Graham St
9199.200	Adult 3/27 - 5/29 8:00am-9:00am W \$130
9199.201	Adult 3/29 - 5/31 9:00am-10:00am F \$130

Arbeiter, Andrew	Murdy Community Center Tennis Court #1
9218.200	Adult 3/26 - 5/28 9:00am-10:00am Tu \$130
9218.201	Adult 3/29 - 5/31 9:00am-10:00am F \$130

TENNIS: SEMI-PRIVATE WORKOUT INTERMEDIATE

For those students who want concentrated skill development of forehand and backhand ground strokes, volleys, approach volleys and overheads. Classes are limited to a maximum of four students. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 5/27.

Arbeiter, Andrew	Murdy Community Center Tennis Court #1
9189.200	Adult 3/26 - 5/28 10:00am-11:00am Tu \$130
9189.201	Adult 3/27 - 5/29 9:00am-10:00am W \$130
9189.202	Adult 3/27 - 5/29 10:00am-11:00am W \$130
9189.203	Adult 3/29 - 5/31 10:00am-11:00am F \$130

Ramirez, David A	Marina Park Tennis Court 15871 Graham St
9197.200	Adult 3/27 - 5/29 9:00am-10:00am W \$130
9197.201	Adult 3/29 - 5/31 8:00am-9:00am F \$130
9197.202	Adult 3/25 - 6/3 8:00am-9:00am M \$130
9197.203	Adult 3/29 - 5/31 10:00am-11:00am F \$130

Moore, James E	LeBard Tennis Courts - 20451 Craimer Ln
9251.200	Adult 3/25 - 6/3 9:00am-10:00am M \$130

Barrie, Monty A	Murdy Community Center Tennis Court #1
9253.200	Adult 3/26 - 4/25 8:30am-9:30am Tu Th \$130
9253.201	Adult 5/7 - 6/6 8:30am-9:30am Tu Th \$130

Danielson, Brenda L	Edison Community Center Tennis Court #3
9261.200	Adult 3/25 - 6/3 11:00am-12:00pm M \$130
9261.201	Adult 3/27 - 5/29 12:00pm-1:00pm W \$130

Tennis Rain Hotline
714-536-5246



Swimming

TENNIS: SEMI-PRIVATE WORKOUT ADVANCED

Students must have completed the Advanced Intermediate level or have considerable playing experience. Students must have special permission from the Tennis Scheduler. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 5/ 27.

Ramirez, David A Marina Park Tennis Court 15871 Graham St
9206.200 Adult 3/25 - 6/3 9:00am-10:00am M \$130

TENNIS: SEMI-PRIVATE WORKOUT SUPER SENIORS

For the students who can successfully execute forehands, backhands, volleys, serves and know how to keep score. This class will focus on drills for doubles skills in organized team play. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Moore, James E Murdy Community Center Tennis Court #1
9248.200 55yrs to Adult 3/28 - 5/30 8:00am-9:00am Th \$130

TENNIS: SEMI-PRIVATE WORKOUT WOMEN'S DOUBLES

For the students who can successfully execute forehands, backhands, volleys, serves and know how to keep score. Designed for the woman, that wants more playtime with strategy instruction on the "art of doubles." No partner needed. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Moore, James E Murdy Community Center Tennis Court #1
9250.200 Adult 3/28 - 5/30 10:30am-11:30am Th \$130

TENNIS: STROKE OF THE DAY

For the players that can successfully execute forehand, backhand, volleys, overheads and serves but want to improve their technical skill to an advanced level. Focus will be on slice and spin development. A different stroke will be covered each class, including serve, overhead, drop shot, lob, volleys and ground strokes.

Moore, James E Marina Park Tennis Court 15871 Graham St
9256.200 Adult 3/26 - 5/28 10:30am-11:30am Tu \$90

TENNIS PRIVATE LESSONS

For students who desire more individual attention, private lessons are available for one or two students at Murdy and Edison Community Centers for all levels. Dates and times to be pre-arranged with instructor. For registration and instructor contact information, please contact Murdy or Edison Community Centers. If you would like a larger group of students in the private lesson setting, the instructors also offer this at the following rates; 3-4 students for 64/hour, 5-6 students for 72/hour.

Danielson, Brenda L	9154.200	3yrs to Adult	3/25 - 6/23	\$55
Nieto, Rafael E	9155.200	3yrs to Adult	3/25 - 6/23	\$55
Monroe, Lynn S	9231.200	3yrs to Adult	3/25 - 6/23	\$55
Barrie, Monty A	9157.200	3yrs to Adult	3/25 - 6/15	\$55
Moore, Jim	9257.200	3yrs to Adult	3/25 - 6/15	\$55
Ramirez, David	9159.200	3yrs to Adult	3/25 - 6/15	\$55
Ramey, Mai-ai	9160.200	3yrs to Adult	3/25 - 6/15	\$55
Arbeiter, Andrew	9202.200	3yrs to Adult	3/25 - 6/15	\$55

Parks & Recreation...
Promote Longevity
...The Benefits Are Endless

SPRING 2013 – PRIVATE SWIM LESSONS

For students and parents who desire more individual attention, the Community Services Department now offers private swim lessons. Private swim lessons will consist of five (5), fifteen (15) minute swim classes, held once a week on Friday afternoons. Classes will be held at the City Gym and Pool and will be taught to the desired level. Please see the private swim schedule below or contact the City Gym and Pool at (714) 960-8884 with any questions. Online registration NOT available.

- Private lessons will be taught with 1 to 1 participant to instructor ratio - Class Fee: \$75

OR

- Small Group lessons are also available with maximum 2 students per instructor - Class Fee: \$85

All Private Lessons Held at City Gym and Pool

Private Swim Schedule – Session 1

Class Number	Time	Age	Day	Dates
8524.200	3:20pm	3yrs to Adult	F	3/29 – 4/26
8524.201	3:20pm	3yrs to Adult	F	3/29 – 4/26
8524.202	3:20pm	3yrs to Adult	F	3/29 – 4/26
8524.203	3:40pm	3yrs to Adult	F	3/29 – 4/26
8524.204	3:40pm	3yrs to Adult	F	3/29 – 4/26
8524.205	3:40pm	3yrs to Adult	F	3/29 – 4/26
8524.206	4:00pm	3yrs to Adult	F	3/29 – 4/26
8524.207	4:00pm	3yrs to Adult	F	3/29 – 4/26
8524.208	4:00pm	3yrs to Adult	F	3/29 – 4/26
8524.209	4:20pm	3yrs to Adult	F	3/29 – 4/26
8524.210	4:20pm	3yrs to Adult	F	3/29 – 4/26
8524.211	4:20pm	3yrs to Adult	F	3/29 – 4/26
8524.212	4:40pm	3yrs to Adult	F	3/29 – 4/26
8524.213	4:40pm	3yrs to Adult	F	3/29 – 4/26
8524.214	4:40pm	3yrs to Adult	F	3/29 – 4/26
8524.215	5:00pm	3yrs to Adult	F	3/29 – 4/26
8524.216	5:00pm	3yrs to Adult	F	3/29 – 4/26
8524.217	5:00 pm	3yrs to Adult	F	3/29 – 4/26

Private Swim Schedule – Session 2

Class Number	Time	Age	Day	Dates
8524.218	3:20pm	3yrs to Adult	F	5/3 – 5/31
8524.219	3:20pm	3yrs to Adult	F	5/3 – 5/31
8524.220	3:20pm	3yrs to Adult	F	5/3 – 5/31
8524.221	3:40pm	3yrs to Adult	F	5/3 – 5/31
8524.222	3:40pm	3yrs to Adult	F	5/3 – 5/31
8524.223	3:40pm	3yrs to Adult	F	5/3 – 5/31
8524.224	4:00pm	3yrs to Adult	F	5/3 – 5/31
8524.225	4:00pm	3yrs to Adult	F	5/3 – 5/31
8524.226	4:00pm	3yrs to Adult	F	5/3 – 5/31
8524.227	4:20pm	3yrs to Adult	F	5/3 – 5/31
8524.228	4:20pm	3yrs to Adult	F	5/3 – 5/31
8524.229	4:20pm	3yrs to Adult	F	5/3 – 5/31
8524.230	4:40pm	3yrs to Adult	F	5/3 – 5/31
8524.231	4:40pm	3yrs to Adult	F	5/3 – 5/31
8524.232	4:40pm	3yrs to Adult	F	5/3 – 5/31
8524.233	5:00pm	3yrs to Adult	F	5/3 – 5/31
8524.234	5:00pm	3yrs to Adult	F	5/3 – 5/31
8524.235	5:00pm	3yrs to Adult	F	5/3 – 5/31

Swimming

Spring Swimming

The City of Huntington Beach is pleased to offer a complete spring swim program. Our program is designed to meet a variety of swimming needs. Whether it is learning new swimming techniques, or recreational enjoyment of the water, we have something for everybody.

Our swim instructors are certified American Red Cross Water Safety Instructors and lifeguards. The swim courses follow the American Red Cross standards. Classes are offered to age six months through adult and teach skills from water adjustment through lifeguarding techniques. Classes consist of ten lessons unless otherwise specified.

PRIVATE SWIM LESSONS

Lessons will be 15 minutes each, divided into two 5 week sessions, and will be available for 1 or 2 students on Friday afternoons. For cost and more info please see the previous page or contact the City Gym and Pool at (714) 960-8884. Registration begins 9:00am, March 5. Private lessons MUST be done In-Person.



American
Red Cross

City Gym and Pool

1600 Palm Ave. 714-960-8884

Register online beginning 9:00am **March 5** at hbsands.org or register in person at the City Gym and Pool during normal business hours.

Office Hours:

M-Th: 9 am - 9 pm, Fri: 9 am-8 pm, Sat: 9 am-1 pm

SWIM LEVELS

Parent and Child (PC) 6 month to about 3 years:

Parents and children learn together through two fun-filled levels to increase children's comfort in the water and build a foundation of basic aquatic and water safety skills.

PC Level 1 (PC 1) – Introduces Basic skills including safety topics to parents and children

PC Level 2 (PC 2) – Builds on the skills introduced in level 1, with participants improving these skills and learning more advanced skills.

Preschool Aquatics (PA) About 4 to 5 years: Three fun, age-appropriate levels teach basic aquatic safety and survival skills to increase children's comfort level in and around the water.

PA Level 1 (PA 1): Orients children to the aquatic environment and helps them gain basic aquatics skills.

PA Level 2 (PA 2): Helps children gain greater independence in their skills and develop more comfort in and around water.

PA Level 3 (PA 3): Helps children start to gain basic swimming propulsive skills to be comfortable in and around water.

Learn-to-Swim (LS) About 6 years through adult: Six progressive levels help swimmers of varying ages and abilities develop their water safety, survival and swim skills.

Level 1 (LS 1): Introduction to Water Skills: Ages 6 and up. Builds confidence and develops safety skills in and around water for children with little or no prior swim instruction.

Level 2 (LS 2): Fundamental Aquatic Skills: Ages 6 and up. Students are introduced to the front and back crawl.

Level 3 (LS 3): Stroke Development: Must hold level 2 certificate or be able to perform at the equivalent skill level. Students refine the front and back crawl and are introduced to the butterfly-kick.

Level 4 (LS 4): Stroke Improvement: Must hold level 3 certificate or be able to perform at the equivalent skill level. Students will be introduced to the breast stroke, elementary backstroke and butterfly.

Exceptional Swim: Designed for participants with any disability. This is a supervised non-instruction swim time.

Adult Lessons: Adults will improve swimming skills and learn new skills.

Need additional help or have questions?

Knowledgeable staff will be available at the City Gym and Pool to assist you with questions about aquatic programs. You can find out more information about swim levels or have your child tested for appropriate swim level placement. City Gym staff can also help you set up an online account so you will be prepared to register online.

SWIM LEVEL TESTING:

Have your child tested for the appropriate swim level placement. Please call the City Gym and Pool at 714-960-8884, to schedule an appointment.

Saturday, Feb. 23 1 -2 pm

Saturday, March 2 1 -2 pm

SENIOR CITIZEN SWIM (55+)

Senior citizens have a special afternoon all to themselves at the City Gym and Pool. Come and enjoy the heated pool.

City Gym Pool 1:30pm - 3pm **\$2** **Friday**

Swimming

SPRING 2013 - CITY GYM SWIM SCHEDULE

Fees: \$50 per 10-class session – All swim lessons are one half hour.

All classes held at the City Gym and Pool - 1600 Palm Ave. **No Classes Monday, May 27th.**

Time	Mon/Wed 3/25 - 4/24	Tues/Thurs 3/26 - 4/25	Mon/Wed 4/29 - 6/3	Tues/Thurs 4/30 - 5/30	Saturday 3/30 - 6/1
8:00am					LS 1- 8502.204
8:30am					LS 2- 8503.205
9:00am					PA L1- 8501.213 PA L2- 8626.225
9:30am	PA L1- 8501.200 PA L2- 8626.200	PA L2- 8626.205 PA L3- 8627.203	PA L1- 8501.208 PA L2- 8626.213	PA L2- 8626.218 PA L3- 8627.212	PA L2- 8626.226 PA L3- 8627.218
10:00am	PA L2- 8626.201 PA L3- 8627.200	PA L1- 8501.204 PA L2- 8626.206	PA L2- 8626.214 PA L3- 8627.207	PA L1- 8501.210 PA L2- 8626.219	PC L1- 8500.206
10:30am	PC L1- 8500.200	PC L1- 8500.201	PC L1- 8500.203	PC L1- 8500.204	PC L2- 8628.206
11:00am	PC L2- 8628.200	PC L2- 8628.201	PC L2- 8628.203	PC L2- 8628.204	PA L1- 8501.214 PA L2- 8626.227
11:30am		PA L1- 8501.205 PA L2- 8626.207		PA L1- 8501.211 PA L2- 8626.220	PA L2- 8626.228 PA L3- 8627.219
12:00pm		PA L2- 8626.208 PA L3- 8627.204		PA L2- 8626.221 PA L3- 8627.213	LS 1- 8502.205 LS 2- 8503.206
12:30pm					LS 3- 8504.205 LS 4- 8505.202
2:00pm	PA L1- 8501.201 PA L3- 8627.201	PA L2- 8626.209 PA L3- 8627.205	PA L1- 8501.209 PA L3- 8627.208	PA L1- 8501.212 PA L3- 8627.214	
2:30pm	PA L2- 8626.202 PA L3- 8627.202	PA L2- 8626.210 PA L3- 8627.206	PA L2- 8626.229 PA L3- 8627.209	PA L2- 8626.222 PA L3- 8627.215	
3:00pm	PA L1- 8501.202 PA L2- 8626.203	PA L1- 8501.206 PA L2- 8626.211	PA L2- 8626.216 PA L3- 8627.210	PA L2- 8626.223 PA L3- 8627.216	
3:30pm	LS 1- 8502.200	LS 1- 8502.201	LS 1- 8502.202	LS 1- 8502.203	
4:00pm	LS 2- 8503.200	LS 2- 8503.202	LS 2- 8503.203	LS 2- 8503.204	
4:30pm	LS 2- 8503.201	LS 3-8504.200	LS 3- 8504.202	LS 3- 8504.203	
5:00pm		LS 3- 8504.201		LS 3- 8504.204	
5:30pm		LS 4- 8505.200		LS 4- 8505.201	
6:00pm		PC L1- 8500.202		PC L1- 8500.205	
6:30pm	PA L1- 8501.203 PA L2- 8626.204	PC L2- 8628.202	PA L2- 8626.217 PA L3- 8627.211	PC L2- 8628.205	
7:00pm	Recreation Swim \$2	PA L1- 8501.207 PA L2- 8626.212	Recreation Swim \$2	PA L2- 8626.224 PA L3- 8627.217	
7:30pm		8507.200 Exceptional Swim \$18		8507.201 Exceptional Swim \$18	
8:00pm	Adult Swim \$2 8-8:30 PM	8508.200 Adult Lessons	Adult Swim \$2 8-8:30 PM	8508.201 Adult Lessons	

Summer 2013 Preview

Special Events

HB PIER SWIM

The 63rd Annual HB Pier Swim will be held on Saturday June 8. Awards will be given to the top 3 finishers in each division. The Gene Beshe Memorial Perpetual Trophy will be awarded to the top team. Pre-Registration includes a t-shirt (April 17 - May 24). Late Registration on June 8 will be taken on the beach only and starts at 7am. Late registration does not include a t-shirt (extra t-shirts may be available for \$10 each).

Staff, Recreation	South Side of Pier				
1022.301	12yrs to 15yrs - Junior Men	10:15am	\$25		
1022.303	12yrs to 15yrs - Junior Women	10:15am	\$25		
1022.305	16yrs to 24yrs - Men	8:45am	\$25		
1022.307	16yrs to 24yrs - Women	8:45am	\$25		
1022.309	25yrs to 31yrs - Senior Men	8:45am	\$25		
1022.311	25yrs to 31yrs - Senior Women	8:45am	\$25		
1022.313	32yrs to 39yrs - Masters Men	9:30am	\$25		
1022.315	32yrs to 39yrs - Masters Women	9:30am	\$25		
1022.318	40yrs to 49yrs - Grand Masters Men	9:30am	\$25		
1022.319	40yrs to 49yrs - Grand Masters Women	9:30am	\$25		
1022.321	50yrs to 59yrs - Super Masters Men	9:30am	\$25		
1022.323	50yrs to 59yrs - Super Masters Women	9:30am	\$25		
1022.328	60yrs to 64yrs - Ultra Masters Men	9:30am	\$25		
1022.330	60yrs to 64yrs - Ultra Masters Women	9:30am	\$25		
1022.329	65yrs & up - Legends Men	9:30am	\$25		
1022.331	65yrs & up - Legends Women	9:30am	\$25		

Day Camps

BEAUTY SPA CAMP

Don't spend a day at the spa; spend a week! In this Camp learn the tips and tricks of beauty, relax, and become prettier each day. Come and get your nails done and your hair fixed! Learn how to make your own perfume and bath and body products! Create jewelry to add bling. This is a great camp for beauty and creativity!

Edutainment Art, David Herbelin	City Gym
2163.300	6yrs to 12yrs 7/29 - 8/2 9:00am-12:00pm M-F \$150

BEST CHEF: KIDS COOKING CAMP

In this Camp we will prep, cook and enjoy 2-3 dishes each day. This is a hands on cooking class. We will make a variety of dishes ranging from white bean dip, Southwestern potato skins, kale chips, chicken skewers, zucchini gratin and desserts! Come hungry! Recipe booklet provided.

Sciumbato, Marieva G	City Gym Room B
2116.300	8yrs to 13yrs 7/8 - 7/11 1:00pm-4:00pm M Tu W Th \$150
2116.301	8yrs to 13yrs 8/12 - 8/15 1:00pm-4:00pm M Tu W Th \$150

CARNIVAL CAMP

Our goal: To put on a carnival for friends and family at the end of the week. Each day create and play your own carnival games, attractions, and shows. Practice and perfect them until you are ready to open the gates on Friday. Each carnival will be completely original based on ideas and skills of the campers involved.

Edutainment Art, David Herbelin	Harbour View Clubhouse
	16600 Saybrook Ln
2177.300	6yrs to 12yrs 8/19 - 8/23 9:00am-12:00pm M-F \$150

CHEER CAMP

Learn basic cheers, chants, dance movements, and jumps in this fun cheerleading camp! Students develop rhythm, flexibility, and coordination in this exciting sport. Cheerleading builds teamwork and cooperation-Bring a friend and cheer for summer! Parents are invited to see our skills at our show on the last day of the camp. Pack a lunch and wear dance attire.

Hunting Academy of Dance	16601 Gothard Street, Suite A
2152.300	7yrs to 12yrs 8/5 - 8/9 10:00am-12:30pm M-F \$110

COMPUTERS: BEGINNING VIDEO GAME DESIGN

Participants work in pairs to conceive, design and build their own original computer game from scratch. Their game is original to the team - characters, the action, background, music and the format. Participants learn the fundamental game elements and build a single platform game. Every team completes a game by the end of the program.

Films LLC, Freshi	City Gym
2159.300	7yrs to 12yrs 8/19 - 8/23 1:00pm-4:00pm M-F \$139

COMPUTERS: DIGITAL 3-D ANIMATION

Today's animators use computers programs to create the world of their cartoons. In this class, participants will learn skills that help with computer drawing, character skeleton and movement, frame layering, and dialogue matching. In small groups of two or three, students will focus more on learning these techniques, than on finishing a complete short film.

Films LLC, Freshi	City Gym
2088.300	7yrs to 12yrs 6/24 - 6/28 1:00pm-4:00pm M-F \$139

COMPUTERS: FILMMAKING FROM THE SCRIPT TO PREMIERE

This class begins with a completed script allowing participants to immediately get into their projects. Small groups of 6 to 8 will create the storyboard for their films and use basic video cameras and editing software to produce the film, integrating simple special effects, sound effects, and musical score. The final class will premiere their movie for friends and family.

Films LLC, Freshi	City Gym
2172.300	7yrs to 12yrs 8/26 - 8/30 1:00pm-4:00pm M-F \$139

COOKING: TOP JUNIOR CHEF CAMP

Our goal: to open a restaurant in one week. Campers will learn food handling skills and hygiene and then learn how to make several delicious and fun dishes. Our restaurant is open at the end of the week for family and friends! (2 guests per student enrolled allowed at the final days meal.) \$15 material fee due at first class.

Edutainment Art, David Herbelin	City Gym Room B
2089.300	7yrs to 12yrs 8/19 - 8/23 9:00am-12:00pm M-F \$150

CREATIVE ARTS AND CRAFTS CAMP

Boys and girls, ages 5-12 will be designing and completing several different art creations. Campers are encouraged to use their own imagination and creativity. They will be using all different art mediums; sculpture, painting, print making, distressed art, collage, mosaic and so much more. Each week campers will be campers will be creating different creations. There will be an art show at end of week. \$30 material fee due at first class.

Berg, April	Murdy Community Center Hall C&D
2058.300	5yrs to 12yrs 8/19 - 8/23 9:00am-2:00pm M-F \$125
2058.301	5yrs to 12yrs 8/26 - 8/30 9:00am-2:00pm M-F \$125

Summer 2013 Preview

CREATURE ANIMATION FLIX

After you film, the creatures you make will look like they're running around the room! No longer are you stuck inside filming animation in just one spot in most adventurous stop-motion animation camp yet. You'll use arts and craft to make your creatures, brainstorm story ideas, create storyboards, film and do your own voice-overs and sound effects in this one of a kind camp. See examples on our website. \$30 material fee due at first class.

IncrediFlix, Studios Lake View Clubhouse, 17451 Zeider Ln
2182.300 7yrs to 13yrs 7/29 - 8/2 1:00pm-4:00pm M-F \$176

CULINARY KIDS: KIDS IN THE KITCHEN

Culinary Kids Cooking is an appetizing adventure where children between the ages of 5 and 12 will create healthy meals to share with family and friends. All weeks will feature new recipes come to one or come to ALL! \$50 material fee due at first class.

Culinary Cooking, Kids LLC Murdy Community Center Kitchen
2125.300 5yrs to 12yrs 7/15 - 7/19 1:00pm-4:00pm M-F \$175
2125.301 5yrs to 12yrs 7/22 - 7/26 1:00pm-4:00pm M-F \$175
2125.302 5yrs to 12yrs 7/29 - 8/2 1:00pm-4:00pm M-F \$175
2125.303 5yrs to 12yrs 8/5 - 8/9 1:00pm-4:00pm M-F \$175
2125.304 5yrs to 12yrs 8/12 - 8/16 1:00pm-4:00pm M-F \$175

FAIRY TALE BALLET CAMP: CINDERELLA

Calling all princesses and knights! Join us for a FUN Fairy Tale Ballet Camp! Dancers start the day with a 1 hour ballet lesson followed by story time featuring tales from classical ballets. Dancers will work on a related ballet art project and will rehearse a dance for the performance on the last day. Participants wear leotard, tights, and ballet slippers. Pack a large tee and a snack. \$5 material fee due at first class.

Hunting Academy of Dance 16601 Gothard Street, Suite A
Cinderella
2037.302 4yrs to 7yrs 7/29 - 8/2 10:00am-12:00pm M-F \$99
Little Mermaid
2037.300 4yrs to 7yrs 6/24 - 6/28 10:00am-12:00pm M-F \$99
Princess Jasmine & Friend
2037.303 4yrs to 7yrs 8/5 - 8/9 10:00am-12:00pm M-F \$99
Rapunzel
2037.301 4yrs to 7yrs 7/8 - 7/12 10:00am-12:00pm M-F \$89
Tinkerbell & Pixie Hollow
2037.304 4yrs to 7yrs 8/19 - 8/23 10:00am-12:00pm M-F \$99

FILMMAKING FLIX

Are you the next star director? Actor? Writer? Cameraman? Of course you are, and you get to do it all in these live action flix! You'll work in groups to make your vision come true in these movies where you'll act, write, direct, and more.

Lake View Clubhouse, 17451 Zeider Ln IncrediFlix, Studios
2183.300 7yrs to 12yrs 8/19 - 8/23 9:00am-12:00pm M-F \$176

FORT BUILDING CAMP

You've done it since you were two surrounding yourself with piles of stuffed animals and couch cushions. Now build your forts with tons of friends and have the fun of building, and competing. Each day new forts will be made out of different whacky materials: Some small forts and some large. From card castles to bamboo huts. Teams will compete for best design, best fortified, longest standing and more. Castle vs. castle, fort vs. fort, fun vs. more fun.

Edutainment Art, David Herbelin Harbour View Clubhouse
16600 Saybrook Ln
2176.300 6yrs to 12yrs 6/24 - 6/28 9:00am-12:00pm M-F \$150

GREEN SCREEN ANIMATION FLIX INCREDIFLIX, STUDIOS

Take your characters underwater, to a volcano, or even to outer space. In this camp, you've got no limits. In age appropriate groups, you'll brainstorm ideas, create your characters, film your movies with green screen backdrop, select your location, and add voice-overs. See our website for example. \$30 material fee due at first class.

Lake View Clubhouse, 17451 Zeider Ln
2180.300 7yrs to 13yrs 7/8 - 7/12 1:00pm-4:00pm M-F \$176

GYMNASTICS: CHEER-NASTIC CAMP

Our fun, high energy, non-competitive cheer+gymnastics camp welcomes Beg-Adv. levels. Skilled coaches teach "Cheer-Tumbling": cartwheels, round-offs, walkovers, rolls, jumps, splits, backbends, handsprings, cheers, and beginning stunting. Get fit and prepared for all sports. Bring a friend for double fun! Includes camp tee plus performance on Friday. Bring labeled lunch, water bottle, sunscreen, tennis shoes for cheer and stunting. \$10 material fee due at first class.

Tumble-N-Kids, Inc Edison Community Center Hall A
2110.300 All ages 8/12 - 8/16 10:30am-2:30pm M-F \$166

HARRY POTTER CAMP

A camp filled with magic, potions, magical recipes, puzzles, crafts and presentations. Live the fantasy of being a wizard for a week. Think you have the magic touch and you want to be a Wizard? This is the place to start.

Edutainment Art, David Herbelin City Gym
2161.300 6yrs to 12yrs 7/8 - 7/12 9:00am-12:00pm M-F \$150

LEGO CAMP: JEDI ENGINEERING WITH LEGOS

Build X--- Wings, droids, and palaces inspired by designs made a long time ago in a galaxy far, far away. Create motorized sand crawlers, drone assembly lines, and Battlecruisers in this new offering of imaginative and original themed projects.

Bowen Timothy D, Play-Well TEK City Gym
2164.300 5yrs to 6yrs 7/22 - 7/26 9:00am-12:00pm M-F \$180

LEGO CAMP: JEDI MASTER ENGINEERING WITH LEGOS

The Force is strong in this class. Build machines and structures based on the best designs from any galaxy like X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the forces of imagination and engineering.

Bowen Timothy D, Play-Well TEK City Gym
2165.300 7yrs to 12yrs 7/22 - 7/26 1:00pm-4:00pm M-F \$180

LEGO CAMP: JUNKYARD ENGINEERING WITH LEGO

Because engineering is always a team effort, this camp teaches students how to work collaboratively to design and build the fastest, strongest, most maneuverable, coolest machines and structures possible to solve real world engineering challenges. Students will build elevators, bulldozers, conveyor belts, and other motorized and alternatively powered contraptions to complete this challenging course.

Bowen Timothy D, Play-Well TEK City Gym
2166.300 7yrs to 12yrs 8/5 - 8/9 1:00pm-4:00pm M-F \$180

Parks & Recreation...
Enhance Opportunities for Play
...The Benefits Are Endless

Summer 2013 Preview

LEGO CAMP: PRE-ENGINEERING WITH LEGO

Have your child become a Play-? Well Engineer! Build cities, bridges, motorized cars and planes. With access to over 100,000 pieces of LEGO, students build what they have only dreamed of with the support of an experienced Play-? Well Engineering instructor.

Bowen Timothy D, Play-Well TEK City Gym
2020.300 5yrs to 6yrs 8/5 - 8/9 9:00am-12:00pm M-F \$180

LEGO FLIX

IncrediFlix, Studios
Lake View Clubhouse, 17451 Zeider Ln

We know you love Legos and you can create incredible worlds. Now it's time to bring those worlds to life in Lego animated flix!. Students will create a Lego set with Lego characters for a movie they storyboard, write, shoot, and voice-over in age appropriate groups. \$30 material fee due at first class.

2129.300 7yrs to 13yrs 7/8 - 7/12 9:00am-12:00pm M-F \$176
2129.301 7yrs to 13yrs 8/19 - 8/23 1:00pm-4:00pm M-F \$176

MAD SCIENCE: CRAZY CHEMWORKS

Come and discover what it's like to be a real scientist and work in a Mad Science Lab. Each day we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases, reveal the secret recipe of slime, examine crystallization, and probe through shifting states of matter, and much more. By the end of the week the Jr. Mad Scientists will have their very own chemistry set so they can perform their own experiments at home!

Broderick, Jay Lake View Clubhouse, 17451 Zeider Ln
\$30 material fee due at first class.

2006.300 5yrs to 12yrs 8/19 - 8/23 1:30pm-4:30pm M-F \$135
2006.301 5yrs to 12yrs 7/8 - 7/12 9:00am-12:00pm M-F \$135

Broderick, Jay City Gym
\$20 material fee due at first class.

2114.300 5yrs to 12yrs 7/1 - 7/3 9:00am-12:00pm M Tu W \$80

MAD SCIENCE: LET'S GET GROWING: PRESCHOOL CAMP

Investigate the science of nature with this fun summer camp for the youngest of scientist. Cultivate your interest in life science as you learn about insects, weather, plants and soil. Experience fun hands-on experiments in this week long lab. Parent participation not required. Must be potty trained. \$30 material fee due at first class.

Broderick, Jay Murdy Community Center

2175.300 3yrs to 5yrs 8/19 - 8/23 9:00am-12:00pm M-F \$135
2175.301 3yrs to 5yrs 6/24 - 6/28 1:30pm-4:30pm M-F \$135

MAD SCIENCE: NASA JR. ASTRONAUTS

Join our Academy of Future Space Explorers as you prepare to explore the galaxy. Build your own model rocket, race a balloon rocket, and then see the real thing - a rocket launch up to 300ft in the air. Make and take home your own comet, Shuttle Copter, glow-in-the-dark bead dipper and much more. Use teamwork to complete an important space mission. Travel to the end of the rainbow and make a sunset. This NASA camp is "Out of this World"! \$30 material fee due first day of class.

Broderick, Jay Edison Community Center Picnic Shelter #1
2062.300 6yrs 6mths to 12yrs 8/19 - 8/23 9:00am-12:00pm M-F \$135

Broderick, Jay City Gym
2067.300 5yrs to 12yrs 7/15 - 7/19 9:00am-12:00pm M-F \$135
2067.301 5yrs to 12yrs 7/15 - 7/19 1:30pm-4:30pm M-F \$135

Broderick, Jay Murdy Community
2147.300 5yrs to 12yrs 6/24 - 6/28 9:00am-12:00pm M-F \$135

MAD SCIENCE: ROBOTS 101

I am a RO-BOT! Join us for a week of fun with amazing robots! Learn about the uses of robots in our world and spend time experimenting with super cool robots that can sense sound, follow patterns, even play soccer! Discover the science of circuitry and how robots use sensors to explore the things around them. Use your skills to build your very own working robot to take home with you! \$30 material fee due at first class.

Broderick, Jay Edison Community Center Picnic Shelter #1
2060.300 8yrs to 12yrs 8/5 - 8/9 9:00am-12:00pm M-F \$145

Broderick, Jay City Gym
2112.300 8yrs to 12yrs 8/26 - 8/30 9:00am-12:00pm M-F \$145

Broderick, Jay Harbour View Clubhouse
2148.300 8yrs to 12yrs 7/22 - 7/26 9:00am-12:00pm M-F \$145

MAD SCIENCE: ROCKIN' ROCKETS

Aerodynamic and Motion are the stars of this fun filled week! Designed and build everything from kites to planes to Rockets! Experiment with different propulsion systems as you use your new knowledge to blast off, track and recover all kinds of flying machinery! Have a rockin' good time at this rocket camp! \$30 material fee due at first class.

Broderick, Jay City Gym
2167.300 5yrs to 12yrs 8/12 - 8/16 9:00am-12:00pm M-F \$135

Broderick, Jay Murdy Community Center Entire Building
2173.300 5yrs to 12yrs 7/29 - 8/2 9:00am-12:00pm M-F \$135
2173.301 5yrs to 12yrs 8/26 - 8/30 9:00am-12:00pm M-F \$135

MAD SCIENCE: SCIENCE IN MOTION

Discover how things move with science. Take apart owl pellets to see what they can digest. View the world through a camera obscura that you make yourself. Assemble and control pulleys, levers catapults, and mega pinchers. Make your own birdhouse, sidewalk chalk, crystal gardens, and play with Magic Mud! \$30 material fee due at first class.

Broderick, Jay City Gym
2063.300 5yrs to 12yrs 7/29 - 8/2 1:30pm-4:30pm M-F \$135

Broderick, Jay Murdy Community Center Entire Building
2068.300 5yrs to 12yrs 8/5 - 8/9 9:00am-12:00pm M-F \$135
2068.301 5yrs to 12yrs 8/5 - 8/9 1:30pm-4:30pm M-F \$135

MAD SCIENCE: SCIENCE SLEUTHS

Explore the world of science! Discover space travel as you prepare your "egg-stronaut" for flight and design a crash helmet to protect your "egg-celent" partner. Figure out the tricks of tight rope walkers with CG OWL. Send your friends secret messages using chemical reactions. Discover your scientific passions by exploring life earth and physical science.

Broderick, Jay Edison Community Center Picnic Shelter #1
\$30 material fee due at first class.

2036.300 6yrs 6mths to 12yrs 7/22 - 7/26 9:00am-12:00pm M-F \$135

Broderick, Jay Lake View Clubhouse, 17451 Zeider Ln
\$20 material fee due at first class.

2174.300 5yrs to 12yrs 7/1 - 7/3 9:00am-12:00pm M Tu W \$80

MAGIC CAMP

Popular magic tricks will be broken down to their basic forms. We focus on the presentation and performance of magic turning a magic trick into a magic show. You will have a full kit of magic to take home with you at the end of the week. You'll be able to perform your new skills before family and friends on the last day of camp.

Edutainment Art, David Herbelin Lake View Clubhouse
17451 Zeider Ln

2185.300 6yrs to 12yrs 7/22 - 7/26 9:00am-12:00pm M-F \$150

Summer 2013 Preview

MUSICAL THEATER CAMP

Love to sing and dance? From High School Musical to Glee, everyone loves musical theater! This FUN camp will introduce students to the basics of musical theater dance, acting, and voice instruction. Parents are invited to watch the show on the last day of camp. Pack a lunch and wear dance attire. Join us and SING and DANCE the summer away!

Hunting Academy of Dance 16601 Gothard Street, Suite A
2115.300 7yrs to 12yrs 8/12 - 8/16 10:00am-2:00pm M-F \$150

PHOTOGRAPHY CAMP

An introduction to photography using digital cameras. We will learn about shading, lighting, composition, balance and focus. We will also use our skills in photo scavenger hunts to keep our learning fun and exciting. We will create a variety of picture frames and present an art exhibit at the end of the week. We'll supply the cameras. Just bring a SD card to get your photos instantly, or we'll send you a CD of your photos at the end of summer.

Edutainment Art, David Herbelin Lake View Clubhouse
17451 Zeider Ln
2144.300 7yrs to 12yrs 7/15 - 7/19 9:00am-12:00pm M-F \$150

SAND CASTLE CAMP

Imagine playing in the sand by the ocean with a dozen new friends all helping you build massive castles, humans, mermaids, and other sea creatures all out of sand. Learn the techniques experts use to create these marvelous works of sand art. Bring your sun screen for a summer you'll always remember.

Edutainment Art, David Herbelin Beach North of Beach Blvd.
2034.300 6yrs to 12yrs 7/22 - 7/26 8:00am-11:00am M-F \$150

SKYHAWKS: BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. All participants receive a t-shirt, basketball, and player evaluation. The participant-to-coach ratio is approximately 10:1. Participants should bring appropriate clothing, two snacks, a water bottle, gym shoes, and sunscreen.

Skyhawks Sports, Academy Inc Edison Community Center
Basketball
2054.300 6yrs to 12yrs 8/5 - 8/9 9:00am-12:00pm M-F \$149
2054.301 6yrs to 12yrs 8/19 - 8/23 9:00am-12:00pm M-F \$149

Skyhawks Sports, Academy Inc City Gym Gymnasium
2111.300 6yrs to 12yrs 6/24 - 6/28 2:00pm-5:00pm M-F \$149
2111.301 10yrs to 14yrs 8/5 - 8/9 2:00pm-5:00pm M-F \$149

Skyhawks Sports, Academy Inc Murdy Community Center
Basketball Courts
2077.300 6yrs to 12yrs 7/15 - 7/19 9:00am-12:00pm M-F \$149

SKYHAWKS: BEGINNING GOLF

Campers will learn the fundamentals of swinging, putting, and body positioning. Using the SNAG (Starting New At Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment is provided. All participants receive a T-shirt and a merit award. The participants-to-coach ratio is approximately 8:1. Participants should bring appropriate clothing, two snacks, water bottle, running shoes, and sunscreen.

Skyhawks Sports, Academy Inc Murdy Community Center Fields
2078.300 5yrs to 8yrs 7/15 - 7/19 9:00am-12:00pm M-F \$149
2078.301 9yrs to 11yrs 8/5 - 8/9 9:00am-12:00pm M-F \$149

SKYHAWKS: FLAG FOOTBALL

Campers learn skills on both sides of the football including the core components of passing, catching, and defense - all in a fun and positive environment. The week ends with the Skyhawks Super Bowl! All participants receive a t-shirt, football, and player evaluation. The participant-to-coach ratio is approximately 12:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen.

Skyhawks Sports, Academy Inc Edison Community Center
Football
2056.300 6yrs to 12yrs 7/22 - 7/26 9:00am-12:00pm M-F \$149

Skyhawks Sports, Academy Inc Murdy Community Center Fields
2076.300 6yrs to 12yrs 7/8 - 7/12 9:00am-12:00pm M-F \$149
2076.301 6yrs to 12yrs 7/29 - 8/2 9:00am-12:00pm M-F \$149

SKYHAWKS: INDOOR SOCCER

The #1 camp for learning the fundamentals of the soccer. Using our progression curriculum, campers will gain the technical skills & sport knowledge required for that next step into soccer. Participants receive a t-shirt, soccer ball and evaluation. Participant-to-coach ratio is approximately 14:1. Bring appropriate clothing, two snacks, water bottle, shin guards, and indoor soccer or running shoes.

Skyhawks Sports, Academy Inc City Gym Gymnasium
2170.300 6yrs to 12yrs 7/29 - 8/2 2:00pm-5:00pm M-F \$149

SKYHAWKS: TINY HAWK MULTI-SPORT

Designed for children 3 to 4 years of age, this camp introduces the essentials of soccer and t-ball. Through games and activities, campers explore balance, hand/eye coordination, and skill development. Must be toilet trained in order to participate. All participants receive a t-shirt and merit award. The participant-to-coach ratio is approximately 6:1. Participants should bring appropriate clothing, a water bottle, running shoes, and sunscreen.

Skyhawks Sports, Academy Inc Murdy Community Center Fields
2171.300 3yrs to 4yrs 7/22 - 7/26 12:00pm-12:45pm M-F \$59

SKYHAWKS: MINI-HAWK MULTI-SPORT

This baseball, basketball, and soccer program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. All participants receive a t-shirt, ball, and merit award. The participant-to-coach ratio is approximately 8:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes and sunscreen.

Skyhawks Sports, Academy Inc Edison Community Center
Basketball
2055.300 4yrs to 7yrs 8/5 - 8/9 9:00am-12:00pm M-F \$139

Skyhawks Sports, Academy Inc Murdy Community Center
Fields
2079.300 4yrs to 7yrs 7/22 - 7/26 9:00am-12:00pm M-F \$139

SKYHAWKS: MULTI-SPORT

In this multi-sport camp we combine soccer, baseball and basketball into one fun-filled week. Athletes will learn the rules and essential skills of each sport along with vital life lessons such as respect and teamwork. All participants receive a t-shirt, sports ball and a player evaluation. The participant-to-coach ratio is approximately 12:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, a baseball glove, and sunscreen.

Skyhawks Sports, Academy Inc Edison Community Center
Basketball
2057.300 6yrs to 12yrs 6/17 - 6/21 9:00am-12:00pm M-F \$149

Summer 2013 Preview

SKYHAWKS: VOLLEYBALL

The fundamental skills of volleyball are taught through game-speed drills and daily scrimmages that focus on passing, setting, hitting, and serving. This co-ed program is designed for the beginning to intermediate players. Participants receive a t-shirt, volleyball and evaluation. Participant-to-coach ratio is approximately 10:1. Bring appropriate clothing, two snacks, water bottle, gym shoes, and knee pads.

Skyhawks Sports, Academy Inc City Gym Gymnasium
2169.300 7yrs to 12yrs 7/8 - 7/12 2:00pm-5:00pm M-F \$149

SOCCER: COAST 2 COAST IRISH SOCCER CAMP

Coast 2 Coast Irish Soccer Camps is now one of the most popular summer soccer camps in California. Our qualified and enthusiastic Irish coaches will deliver a unique curriculum that is aligned with State Standards for Physical Activity. Your child will learn soccer techniques and skills in an active engaging environment. Your child will get a Coast 2 Coast soccer jersey, a ball, a wristband and a certificate. Most importantly, we guarantee that your child will have fun! Spaces are limited! Sign up today! Please bring water, fruit, lunch, and sunscreen. Cleats and shin pads are recommended.

Coast 2 Coast Edison Community Center Softball Field #1
2026.300 4yrs to 14yrs 7/29 - 8/2 9:00am-2:00pm M-F \$149
2026.301 4yrs to 14yrs 8/12 - 8/16 9:00am-2:00pm M-F \$149

Coast, 2 Coast Murdy Community Center Fields
2017.300 4yrs to 14yrs 7/8 - 7/12 9:00am-2:00pm M-F \$149
2017.301 4yrs to 14yrs 7/22 - 7/26 9:00am-2:00pm M-F \$149
2017.302 4yrs to 14yrs 8/5 - 8/9 9:00am-2:00pm M-F \$149

STAR WARS THEME CAMP

It's Jedi Training Time at Camp! Learn to use the force and how to operate a Lightsaber. Campers will build a Jedi Costume, be issued a practice saber, and taught the positive aspects of being a Jedi. Basic stage combat will be taught for safe sparing. Jedi games and competitions will be held to help strengthen the force.

Edutainment Art, David Herbelin City Gym
2050.300 6yrs to 12yrs 6/24 - 6/28 9:00am-12:00pm M-F \$150

Edutainment Art, David Herbelin Lake View Clubhouse
2184.300 6yrs to 12yrs 8/5 - 8/9 9:00am-12:00pm M-F \$150

SUPER STAR DANCE CAMP

Be a STAR at Huntington Academy's Dance Camp! This FUN camp offers instruction in ballet, tap, jazz, and hip hop with high energy instructors and great music. Join other beginners in learning a new skill while experienced dancers refine the basics. Parents are invited to watch your budding star at the show on last day of camp! Pack a lunch and wear dance attire.

Hunting Academy of Dance 16601 Gothard Street, Suite A
2153.300 7yrs to 12yrs 8/19 - 8/23 10:00am-2:00pm M-F \$150

SUPERHERO FILMMAKING FLIX

What superhero power do you want? Flying? Invisibility? Super karate skills? Shot in front of a green screen, in this action packed movie camp kids will get to act, write, and direct in their own superhero adventure movie! \$30 material fee due at first class.

IncrediFlix, Studios Lake View Clubhouse, 17451 Zeider Ln
2181.300 7yrs to 13yrs 7/29 - 8/2 9:00am-12:00pm M-F \$176

SURF CAMP: BEACH KIDS

Students will learn to play safely in water, play beach games, body board and even surf! Wetsuits and boards provided during class. Students will wear an identifying rash guard at all times. Water supervision is 1:4 and surf lessons are one-on-one with 1:8 for land supervision. "Aloha Friday" potluck on Fridays family members welcomed. Bring lunch and arrive with sunscreen applied. Camp is held at 9th street and PCH. Parking is NOT included.

Surf Academy, Collective			PCH & City Beach at 9th St		
2011.300	5yrs to 8yrs	6/24 - 6/28	9:30am-1:30pm	M-F	\$230
2011.301	5yrs to 8yrs	7/1 - 7/5	9:30am-1:30pm	M-F	\$184
2011.302	5yrs to 8yrs	7/8 - 7/12	9:30am-1:30pm	M-F	\$230
2011.303	5yrs to 8yrs	7/15 - 7/19	9:30am-1:30pm	M-F	\$230
2011.304	5yrs to 8yrs	7/22 - 7/26	9:30am-1:30pm	M-F	\$230
2011.305	5yrs to 8yrs	7/29 - 8/2	9:30am-1:30pm	M-F	\$230
2011.306	5yrs to 8yrs	8/5 - 8/9	9:30am-1:30pm	M-F	\$230
2011.307	5yrs to 8yrs	8/12 - 8/16	9:30am-1:30pm	M-F	\$230
2011.308	5yrs to 8yrs	8/19 - 8/23	9:30am-1:30pm	M-F	\$230
2011.309	5yrs to 8yrs	8/26 - 8/30	9:30am-1:30pm	M-F	\$230

SURF CAMP: HB SURF SCHOOL

Our summer camps offer outstanding surfing instruction in a fun and safe environment. We teach all levels and focus on basic skills, paddling, overall riding, and wave selection. Campers also learn about ocean safety and the importance of surfing around the tides. Each student receives a sponsor gift pack and Del Taco lunch is served on Friday. Surfers must be 8 or older and comfortable in the ocean. The instructor is a former competitive surfer and coach of the South African National Surf Team. We provide boards and full suits for the camps. Bring a towel, hat, sweatshirt, sunscreen, water and snacks. No class 7/4.

Sharp, Bill			Beach Service Center -south side of pier		
2014.300	8yrs to 16yrs	6/24 - 6/28	8:30am-11:30am	M-F	\$245
2014.301	8yrs to 16yrs	7/1 - 7/5	8:30am-11:30am	M Tu W F	\$196
2014.302	8yrs to 16yrs	7/8 - 7/12	8:30am-11:30am	M-F	\$245
2014.303	8yrs to 16yrs	7/15 - 7/19	8:30am-11:30am	M-F	\$245
2014.304	8yrs to 16yrs	7/22 - 7/26	8:30am-11:30am	M-F	\$245
2014.305	8yrs to 16yrs	7/29 - 8/2	8:30am-11:30am	M-F	\$245
2014.306	8yrs to 16yrs	8/5 - 8/9	8:30am-11:30am	M-F	\$245
2014.307	8yrs to 16yrs	8/12 - 8/16	8:30am-11:30am	M-F	\$245
2014.308	8yrs to 16yrs	8/19 - 8/23	8:30am-11:30am	M-F	\$245
2014.309	8yrs to 16yrs	8/26 - 8/30	8:30am-11:30am	M-F	\$245
2014.310	8yrs to 16yrs	9/2 - 9/6	8:30am-11:30am	M-F	\$245



Register Online! www.hbsands.org

Summer 2013 Preview

SURF CAMP: SURF ACADEMY

This fun-filled camp teaches safe ocean swim and surf skills. Soft surfboards, bodyboards, wetsuits and identifying rash guards are provided. Instructor ratio is 1:5 during water time, depending on skill level and land ratio 1:10. Daily clinics teach oceanography, board care and selection, HB surf heritage and Aloha Spirit. "Aloha Friday" potluck celebration every Friday is open to family members. Bring lunch and arrive with sunscreen applied. Camp is held at 9th street and PCH. Parking is NOT included.

Surf Academy, Collective			PCH & City Beach at 9th St		
2012.300	9yrs to 17yrs	6/24 - 6/28	9:30am-1:30pm	M-F	\$270
2012.301	9yrs to 17yrs	7/1 - 7/5	9:30am-1:30pm	M-F	\$216
2012.302	9yrs to 17yrs	7/8 - 7/12	9:30am-1:30pm	M-F	\$270
2012.303	9yrs to 17yrs	7/15 - 7/19	9:30am-1:30pm	M-F	\$270
2012.304	9yrs to 17yrs	7/22 - 7/26	9:30am-1:30pm	M-F	\$270
2012.305	9yrs to 17yrs	7/29 - 8/2	9:30am-1:30pm	M-F	\$270
2012.306	9yrs to 17yrs	8/5 - 8/9	9:30am-1:30pm	M-F	\$270
2012.307	9yrs to 17yrs	8/12 - 8/16	9:30am-1:30pm	M-F	\$270
2012.308	9yrs to 17yrs	8/19 - 8/23	9:30am-1:30pm	M-F	\$270
2012.309	9yrs to 17yrs	8/26 - 8/30	9:30am-1:30pm	M-F	\$270

TENNIS: COMPETITIVE TEEN CAMP

Designed for teenagers who are playing or are interested in playing high school tennis and/or tournaments. Focus on improving basic strokes and strategy, spins and touch shots, tennis rules, scoring, and etiquette. Match play will be included, awards presented on the last day of each camp. Drinks included, Siblings who attend the same week pay \$110

Danielson, Brenda L Murdy Community Center Tennis Court #1
9172.300 12yrs to 18yrs 7/29 - 8/2 8:30am-12:30pm M-F \$125

TOP DESSERT CHEF COOKING SHOP

Make different dessert, sweets, and other foods your parents don't want you to have too much of. A few healthier items will be offered, but not many. It's time for sugar and spice. On Friday, have a tasting of all your goodies for family and friends. (2 guests per student enrolled allowing at the final days meal.) \$15 material fee due at first class.

Edutainment Art, David Herbelin Harbour View Clubhouse
 16600 Saybrook Ln
2145.300 7yrs to 12yrs 8/12 - 8/16 9:00am-12:00pm M-F \$150

TOP HEALTHY CHEF COOKING CAMP

Sick of the standard hot dogs, and chicken nuggets? Have you kids how to steam their own veggies, create wholesome pasta, and snack in a way that will make your doctor happy. Kids are encouraged to try new foods and will hopefully leave with healthier habits. On Friday have a tasting of all your healthy eats for family and friends. (2 guests per student enrolled allowed at the final days meal.) \$15 material fee due at first class.

Edutainment Art, David Herbelin Harbour View Clubhouse
 16600 Saybrook Ln
2178.300 7yrs to 12yrs 7/8 - 7/12 9:00am-12:00pm M-F \$150

TOP JUNIOR CHEF COOKING CAMP

Our goal: to open a restaurant in one week. Campers will learn food handling skills and hygiene and then learn how to make several delicious and fun dishes. Our restaurant is open at the end of the week for family and friends! (2 guests per student enrolled allowing at the final days meal.) \$15 material fee due at first class.

Edutainment Art, David Herbelin Harbour View Clubhouse
 16600 Saybrook Ln
2179.300 7yrs to 12yrs 7/29 - 8/2 9:00am-12:00pm M-F \$150

VOLLEYBALL: JUNIOR SPIKERS - BEACH CAMP

Learn skills and have fun! Groups are formed based on age and ability. Beginners learn basics while returning players will be coached for further development. The program includes: training, drills, fun challenges, team competition, t-shirt, and a daily dip in the ocean. A drop off and pick up pass will be issued on the first day. A sibling who attends the same week pays \$110. www.ricsvolleyball.com. No camp 4th of July week

Win Win, Promotions LLC			City Beach at Beach Blvd		
2013.300	7yrs to 14yrs	6/17 - 6/21	9:00am-12:00pm	M-F	\$140
2013.301	7yrs to 14yrs	6/24 - 6/28	9:00am-12:00pm	M-F	\$140
2013.302	7yrs to 14yrs	7/8 - 7/12	9:00am-12:00pm	M-F	\$140
2013.303	7yrs to 14yrs	7/15 - 7/19	9:00am-12:00pm	M-F	\$140
2013.304	7yrs to 14yrs	7/22 - 7/26	9:00am-12:00pm	M-F	\$140
2013.305	7yrs to 14yrs	7/29 - 8/2	9:00am-12:00pm	M-F	\$140
2013.306	7yrs to 14yrs	8/5 - 8/9	9:00am-12:00pm	M-F	\$140
2013.307	7yrs to 14yrs	8/12 - 8/16	9:00am-12:00pm	M-F	\$140
2013.308	7yrs to 14yrs	8/19 - 8/23	9:00am-12:00pm	M-F	\$140
2013.309	7yrs to 14yrs	8/26 - 8/30	9:00am-12:00pm	M-F	\$140

Sports Programs

YOUTH SPORTS

PEE WEE T-BALL

Pee Wee T-Ball is a non-competitive introduction to T-Ball for youth between the ages of 3 and 5 years old. Participants will learn fundamental T-ball techniques, basic rules of the game and to have fun while playing sports. Participants will also strengthen social skills by interacting with their coaches and teammates. All players will be placed on a team and will receive an HB recreation jersey! No class 7/3.

Staff, Recreation		Murdy Community Center Softball Field #1			
7728.310	3yrs to 5yrs	6/24 - 7/22	10:00am-10:50am	M W	\$55
7728.311	3yrs to 5yrs	6/24 - 7/22	11:00am-11:50am	M W	\$55
7728.312	3yrs to 5yrs	6/24 - 7/22	12:00pm-12:50pm	M W	\$55

Staff, Recreation		Edison Community Center Softball Field #1			
7729.310	3yrs to 5yrs	6/24 - 7/24	10:00am-10:50am	M W	\$55
7729.311	3yrs to 5yrs	6/24 - 7/24	11:00am-11:50am	M W	\$55
7729.312	3yrs to 5yrs	6/24 - 7/22	12:00pm-12:50pm	M W	\$55



Summer 2013 Preview

JUNIOR BASEBALL / SOFTBALL

Junior Baseball/Softball is a semi-competitive introduction to baseball and softball for youth between the ages of 6 and 8 years old. Participants will learn fundamental baseball and softball techniques, basic rules of the game and to have fun while playing sports. Participants will also strengthen social skills by interacting with their coaches and teammates. All players will be placed on a team and will receive an HB recreation jersey! No class 7/3.

Staff, Recreation Murdy Community Center
7730.300 6yrs to 8yrs 6/24 - 7/22 1:00pm-1:50pm M W \$55

Staff, Recreation Edison Community Center
730.301 6yrs to 8yrs 6/24 - 7/22 1:00pm-1:50pm M W \$55

BASEBALL: INSTRUCTIONAL

This City of Huntington Beach program is a clinic-based program with an emphasis on learning the game and having fun. All skill levels are welcome and basic fundamentals will be taught through drills and instruction. Players will enjoy a recreational program where enjoying baseball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey! No class July 3rd.

Staff, Recreation Murdy Community Center Softball Field #1
7731.300 9yrs to 12yrs 6/24 - 7/22 1:00pm-1:50pm M W \$55

SOFTBALL: INSTRUCTIONAL

This City of Huntington Beach program is a clinic-based program with an emphasis on learning the game and having fun. All skill levels are welcome and basic fundamentals will be taught through drills and instruction. Payers will enjoy a recreational program where enjoying softball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey! No class July 3rd.

Staff, Recreation Edison Community Center Softball Field #1
7731.301 9yrs to 12yrs 6/24 - 7/22 1:00pm-1:50pm M W \$55



No classes Monday, May 27

PEE WEE BASKETBALL

Pee Wee basketball is a non-competitive introduction to basketball for youth between the ages of 3 and 5 years old. Participants will learn fundamental basketball techniques, basic rules of the game and to have fun while playing sports. Participants will also strengthen social skills by interacting with their coaches and teammates. All players will be placed on a team and will receive an HB recreation jersey!

Staff, Recreation City Gym and Pool
7720.300 3yrs to 5yrs 6/22 - 7/27 9:30am-10:20am Sa \$55
7720.301 3yrs to 5yrs 6/22 - 7/27 10:30am-11:20am Sa \$55
7720.302 3yrs to 5yrs 6/22 - 7/27 12:30pm-1:20pm Sa \$55

Staff, Recreation Murdy Community Center
7720.303 3yrs to 5yrs 6/22 - 7/27 9:30am-10:20am Sa \$55

JUNIOR BASKETBALL

Junior basketball is a semi-competitive introduction to basketball for youth in 1st or 2nd grade. Participants will learn fundamental basketball techniques, basic rules of the game and to have fun while playing sports. Participants will also strengthen social skills by interacting with their coaches and teammates. All players will be placed on a team and will receive an HB recreation jersey!

Staff, Recreation Murdy Community Center
7721.300 6yrs to 8yrs 6/22 - 7/27 10:30am-11:20am Sa \$55

Staff, Recreation City Gym and Pool
7721.301 6yrs to 8yrs 6/22 - 7/27 11:30am-12:20pm Sa \$55

SHOOTING STARS BASKETBALL

Shooting Stars Basketball is for all boys and girls with special needs between the ages of 11-21. Participants will learn fundamental basketball techniques, basic rules of the game and to have fun while playing sports. Every player will receive an HB Recreation jersey! All of the practices/games will be played on Saturday afternoons at the City Gym & Pool.

Staff, Recreation City Gym Gymnasium
7724.300 10yrs to 20yrs 6/22 - 7/27 12:30pm-1:20pm Sa \$55

BASKETBALL: INSTRUCTIONAL

The Summer Basketball program is a clinic based program with an emphasis on learning the game and having fun. All skill levels are welcome and the fundamentals of basketball will be taught through game based drills and instruction. Players will participate in a recreational program where enjoying basketball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey! No class 7/4.

Staff, Recreation Murdy Community Center Basketball Courts
7722.300 9yrs to 10yrs 6/25 - 7/23 3:00pm-3:50pm Tu Th \$55
7722.301 11yrs to 13yrs 6/25 - 7/23 4:00pm-4:50pm Tu Th \$55

SUMMER VOLLEYBALL CAMP

Boys and girls will be introduced to the fundamentals of indoor volleyball in this instruction based camp with an emphasis on learning the game while having fun! All skill levels are welcomed and participants will be taught the basics of volleyball through games based drills, hands on training and semi-competitive scrimmages. Get ready for the fall indoor volleyball league!

Staff, Recreation City Gym Gymnasium
7745.300 All ages 8/12 - 8/16 2:00pm-3:30pm M-F \$55
7745.301 All ages 8/12 - 8/16 3:30pm-5:00pm M-F \$55

Register Online! www.hbsands.org

Summer 2013 Preview

AQUATICS PROGRAMS – THE BENEFITS ARE ENDLESS!

The City of Huntington Beach is a proud provider of the complete American Red Cross (ARC) aquatic program. The Community Services Department considers affordable and accessible swim and aquatic programs an essential service for our waterfront community and offers swim lessons to infants beginning at 6 months of age. Aquatic programs for youth continue in a linear fashion through the ARC Learn-To Swim levels. Proficient swimming skills can lead to more advanced aquatic opportunities including the Annual Pier Swim and the City of Huntington Beach Junior Lifeguard program! (More information is available at www.juniorguard.com) In addition, pool lifeguard and water safety instructor classes are also offered by the American Red Cross. Aquatic programs for adults are available year round and are a great form of low-impact exercise and social interaction. The benefits of swim and aquatic programs include Water Safety, Health and Fitness, Social Skills, and MORE!

Water Safety:

- Water is inherently dangerous and should be treated with a respect and understanding that comes from personal interaction in an aquatic environment.
- A recently released study in the Archive of Pediatric and Adolescent Medicine concludes that involvement in formal swim lessons may protect children in the 1- to 4-year age group from the risk of drowning by as much as 88 percent.*

Health and Fitness:

- Swimming is a healthy activity that can be continued for a lifetime and develop a swimmer's general strength, cardiovascular fitness, and endurance.
- Your body is buoyant in water, so you can relax your muscles and joints. At the same time, water resists your movements more than air does. The combined effect of these features makes swimming a relaxing but intense form of exercise.
- Low-impact aquatic exercise is ideal for pregnant women, people with mobility problems, and those who just wish to protect their joints.
- According to the Centers for Disease Control and Prevention (CDC): Water-based exercise can benefit older adults by improving the quality of life and decreasing disability. It also improves or maintains the bone health of post-menopausal women.

Social Skills and Mental Health:

- Swim lessons and aquatic programs are a great way to make new friends, interact socially, and learn the benefits of teamwork while building self esteem.
- According to the CDC: Water-based exercise improves mental health. Swimming can improve mood in both men and women. Parents of children with developmental disabilities find that recreational activities, such as swimming, improve family connections.

*Citation: Ruth A. Brenner, Gitanjali Saluja Taneja, Denise L. Haynie, Ann C. Trumble, Cong Qian, Ron M. Klinger, and Mark A. Klebanoff. Association

Between Swimming Lessons and Drowning in Childhood: A Case-Control Study, Archive of Pediatric and Adolescent Medicine, Mar 2009; 163: 203 - 210.

For more information on recreational swim and aquatic programs, please visit www.HBSANDS.org.

SUMMER 2013 – PRIVATE SWIM LESSONS

For students and parents who desire more individual attention, the Community Services Department will now be offering private swim lessons. Private swim lessons will consist of five (5), fifteen (15) minute swim classes, held once a week on Friday afternoons. Classes will be held at the City Gym and Pool and will be taught to the desired level. Please see the private swim schedule below or contact the City Gym and Pool at (714) 960-8884 with any questions. Online registration NOT available.

- Private lessons will be taught with 1 to 1 participant to instructor ratio - Class Fee: \$75

OR

- Small Group lessons are also available with maximum 2 students per instructor – Class Fee: \$85

All Private Lessons Held at City Gym and Pool

Private Swim Schedule – Session 1

Class Number	Time	Age	Day	Dates
8524.300	3:20pm	3yrs to Adult	F	6/28 – 7/26
8524.301	3:20pm	3yrs to Adult	F	6/28 – 7/26
8524.302	3:20pm	3yrs to Adult	F	6/28 – 7/26
8524.303	3:40pm	3yrs to Adult	F	6/28 – 7/26
8524.304	3:40pm	3yrs to Adult	F	6/28 – 7/26
8524.305	3:40pm	3yrs to Adult	F	6/28 – 7/26
8524.306	4:00pm	3yrs to Adult	F	6/28 – 7/26
8524.307	4:00pm	3yrs to Adult	F	6/28 – 7/26
8524.308	4:00pm	3yrs to Adult	F	6/28 – 7/26
8524.309	4:20pm	3yrs to Adult	F	6/28 – 7/26
8524.310	4:20pm	3yrs to Adult	F	6/28 – 7/26
8524.311	4:20pm	3yrs to Adult	F	6/28 – 7/26
8524.312	4:40pm	3yrs to Adult	F	6/28 – 7/26
8524.313	4:40pm	3yrs to Adult	F	6/28 – 7/26
8524.314	4:40pm	3yrs to Adult	F	6/28 – 7/26
8524.315	5:00pm	3yrs to Adult	F	6/28 – 7/26
8524.316	5:00pm	3yrs to Adult	F	6/28 – 7/26
8524.317	5:00 pm	3yrs to Adult	F	6/28 – 7/26

Private Swim Schedule – Session 2

Class Number	Time	Age	Day	Dates
8524.318	3:20pm	3yrs to Adult	F	8/2 – 8/30
8524.319	3:20pm	3yrs to Adult	F	8/2 – 8/30
8524.320	3:20pm	3yrs to Adult	F	8/2 – 8/30
8524.321	3:40pm	3yrs to Adult	F	8/2 – 8/30
8524.322	3:40pm	3yrs to Adult	F	8/2 – 8/30
8524.323	3:40pm	3yrs to Adult	F	8/2 – 8/30
8524.324	4:00pm	3yrs to Adult	F	8/2 – 8/30
8524.325	4:00pm	3yrs to Adult	F	8/2 – 8/30
8524.326	4:00pm	3yrs to Adult	F	8/2 – 8/30
8524.327	4:20pm	3yrs to Adult	F	8/2 – 8/30
8524.328	4:20pm	3yrs to Adult	F	8/2 – 8/30
8524.329	4:20pm	3yrs to Adult	F	8/2 – 8/30
8524.330	4:40pm	3yrs to Adult	F	8/2 – 8/30
8524.331	4:40pm	3yrs to Adult	F	8/2 – 8/30
8524.332	4:40pm	3yrs to Adult	F	8/2 – 8/30
8524.333	5:00pm	3yrs to Adult	F	8/2 – 8/30
8524.334	5:00pm	3yrs to Adult	F	8/2 – 8/30
8524.335	5:00pm	3yrs to Adult	F	8/2 – 8/30

Summer 2013 Preview



American
Red Cross

Summer Swimming

The City of Huntington Beach is pleased to offer a complete summer swim program. Our program is designed to meet a variety of swimming needs. Whether it is learning new swimming techniques, or recreational enjoyment of the water, we have something for everybody.

All of our swim instructors are certified American Red Cross Water Safety Instructors and lifeguards. The swim course follows the American Red Cross standards. Classes are offered for youth ages six months through adult and teach skills from water adjustment through lifeguarding techniques. Classes consist of ten lessons unless otherwise specified. **No Class July 4.**

Registration for the summer 2013 swim program begins Tuesday, March 5th at 9AM. Registration is available online at HBsands.org or at your local community center. For more information call (714) 960-8884.

MARINA HIGH SCHOOL POOL

15871 Springdale St.
(714) 373-1947
Register at HBsands.org

CITY GYM AND POOL

1600 Palm Ave.
(714) 960-8884
Office Hours: M-TH 9a - 9p Sat 9a - 1p
Friday 9a - 8p HBsands.org

EDISON HIGH SCHOOL POOL

21400 Magnolia St.
(714) 962-9144
Register at HBsands.org

SWIM LEVELS

Parent and Child (PC) 6 month to about 3 years:

Parents and children learn together through two fun-filled levels to increase children's comfort in the water and build a foundation of basic aquatic and water safety skills.

PC Level 1 (PC 1) – Introduces Basic skills including safety topics to parents and children

PC Level 2 (PC 2) – Builds on the skills introduced in level 1, with participants improving these skills and learning more advanced skills.

Preschool Aquatics (PA) About 4 to 5 years: Three fun, age-appropriate levels teach basic aquatic safety and survival skills to increase children's comfort level in and around the water.

PA Level 1 (PA 1): Orients children to the aquatic environment and helps them gain basic aquatics skills.

PA Level 2 (PA 2): Helps children gain greater independence in their skills and develop more comfort in and around water.

PA Level 3 (PA 3): Helps children start to gain basic swimming propulsive skills to be comfortable in and around water.

Learn-to-Swim (LS) About 6 years through adult: Six progressive levels help swimmers of varying ages and abilities develop their water safety, survival and swim skills.

Level 1 (LS 1): Introduction to Water Skills: Ages 6 and up. Builds confidence and develops safety skills in and around water for children with little or no prior swim instruction.

Level 2 (LS 2): Fundamental Aquatic Skills: Ages 6 and up. Students are introduced to the front and back crawl.

Level 3 (LS 3): Stroke Development: Must hold level 2 certificate or be able to perform at the equivalent skill level. Students refine the front and back crawl and are introduced to the butterfly-kick.

Level 4 (LS 4): Stroke Improvement: Must hold level 3 certificate or be able to perform at the equivalent skill level. Students will be introduced to the breast stroke, elementary backstroke and butterfly.

Level 5 (LS 5): Stroke Refinement: Must hold level 4 certificate or be able to perform at the equivalent skill level. Students refine

their performance of all the strokes and increase their distance. Students will be introduced to sidestroke.

Level 6 (LS 6): Skill Proficiency: Must hold level 5 certificate or be able to perform at the equivalent skill level. Students will improve performance in all strokes and will learn competitive techniques.

Semi-private: Instructor to participant ratio for semi-private classes: (PA 1,2,3) 1 to 3, (LS 1,2) 1 to 4, (LS 3) 1 to 5.

Exceptional Swim: Designed for participants with any disability. This is a supervised, non-instructional swim class.

Adult Lessons: Adults will improve swimming skills and learn new skills.

Need additional help or have questions?

Knowledgeable staff will be available at the City Gym and Pool to assist you with questions about aquatic programs. You can find out more information about swim levels or have your child tested for appropriate swim level placement. City Gym staff can also help you set up an online account so you will be prepared to register online.

SWIM LEVEL TESTING:

Have your child tested for swim level placement. Please call the City Gym and Pool, at 714-960-8884, to schedule an appointment.

Saturday, Feb 23 . . . 1 -2 pm **Saturday, May 18. . . 1 -2 pm**

Saturday, March 2. . . 1 -2 pm **Saturday, May 25. . . 1 -2 pm**

SENIOR CITIZEN SWIM (55+)

Senior citizens have a special afternoon all to themselves at the City Gym and Pool. Come and enjoy the heated pool.

City Gym Pool **1:30 – 3:00pm Fri** **\$2**

Summer 2013 Preview

SUMMER 2013 - CITY GYM SWIM SCHEDULE

Fees: \$50 per 10-class session – All swim lessons are one half hour.

All classes held at the City Gym and Pool - 1600 Palm Ave. **No Classes Thursday, July 4th.**

Time	Mon/Wed 6/24 - 7/24	Tues/Thurs 6/25 - 7/25 (9 Classes - \$45)	Mon/Wed 7/29 - 8/28	Tues/Thurs 7/30 - 8/29	Saturday 6/22 - 8/24
8:00am					LS 1- 8502.304
8:30am					LS 2- 8503.305
9:00am					PA L1- 8501.314 PA L2- 8626.324
9:30am	PA L1- 8501.300 PA L2- 8626.300	PA L2- 8626.305 PA L3- 8627.303	PA L1- 8501.309 PA L2- 8626.312	PA L2- 8626.317 PA L3- 8627.312	PA L2- 8626.325 PA L3- 8627.318
10:00am	PA L2- 8626.301 PA L3- 8627.300	PA L1- 8501.304 PA L2- 8626.306	PA L2- 8626.313 PA L3- 8627.307	PA L1- 8501.311 PA L2- 8626.318	PC L1- 8500.306
10:30am	PC L1- 8500.300	PC L1- 8500.301	PC L1- 8500.303	PC L1- 8500.304	PC L2- 8628.306
11:00am	PC L2- 8628.300	PC L2- 8628.301	PC L2- 8628.303	PC L2- 8628.304	PA L1- 8501.315 PA L2- 8626.326
11:30am		PA L1- 8501.305 PA L2- 8626.307		PA L1- 8501.312 PA L2- 8626.319	PA L2- 8626.327 PA L3- 8627.319
12:00pm		PA L2- 8626.308 PA L3- 8627.304		PA L2- 8626.320 PA L3- 8627.313	LS 1- 8502.305 LS 2- 8503.306
12:30pm					LS 3- 8504.305 LS 4- 8505.302
2:00pm	PA L1- 8501.301 PA L3- 8627.301	PA L1- 8501.306 PA L3- 8627.305	PA L1- 8501.310 PA L3- 8627.308	PA L1- 8501.313 PA L3- 8627.314	
2:30pm	PA L2- 8626.302 PA L3- 8627.302	PA L2- 8626.309 PA L3- 8627.306	PA L2- 8626.314 PA L3- 8627.309	PA L2- 8626.321 PA L3- 8627.315	
3:00pm	PA L1- 8501.302 PA L2- 8626.303	PA L1- 8501.307 PA L2- 8626.310	PA L2- 8626.315 PA L3- 8627.310	PA L2- 8626.322 PA L3- 8627.316	
3:30pm	LS 1- 8502.300	LS 1- 8502.301	LS 1- 8502.302	LS 1- 8502.303	
4:00pm	LS 2- 8503.300	LS 2- 8503.302	LS 2- 8503.303	LS 2- 8503.304	
4:30pm	LS 2- 8503.301	LS 3- 8504.300	LS 3- 8504.302	LS 3- 8504.303	
5:00pm		LS 3- 8504.301		LS 3- 8504.304	
5:30pm		LS 4- 8505.300		LS 4- 8505.301	
6:00pm		PC L1- 8500.302		PC L1- 8500.305	
6:30pm	PA L1- 8501.303 PA L2- 8626.304	PC L2- 8628.302	PA L2- 8626.316 PA L3- 8627.311	PC L2- 8628.305	
7:00pm	Recreation Swim \$2	PA L1- 8501.308 PA L2- 8626.311	Recreation Swim \$2	PA L2- 8626.323 PA L3- 8627.317	
7:30pm		8507.300 Exceptional Swim \$18		8507.301 Exceptional Swim \$18	
8:00pm	Adult Swim \$2 8-8:30 PM	8508.300 Adult Lessons	Adult Swim \$2 8-8:30 PM	8508.301 Adult Lessons	



2013 Summer Outdoor Swim Program

The City of Huntington Beach Community Services Department is proud to offer a complete American Red Cross swim program for summer 2013. The City of Huntington Beach strives to offer the community the most comprehensive swim program to help swimmers of varying ages and abilities develop water safety, survival and swim skills. Classes consist of ten (10) thirty minute lessons, Monday - Friday for 2 weeks, unless otherwise noted.

Group Lessons (\$55) - Parent and Child Lessons (\$55) - Semi-Private Lessons (\$75) - Private Lessons (\$75-5 classes)

Marina High School Pool

Pool Location: Marina High School
Address: 15871 Springdale St. **Phone:**
(714) 373-1947(summer only)

Registration:

Register online at HBsands.org or at
any community center beginning
March 5th at 9:00AM

Edison High School Pool

Pool Location: Edison High School
Address: 21400 Magnolia St.
Phone: (714) 962-9144 (summer only)

**2013 Summer swim class schedules available
online at HBsands.org and all community centers**

Session # 1

June 24 - July 5
MHS / EHS

Session # 2

July 8- July 19
MHS / EHS

Session # 3

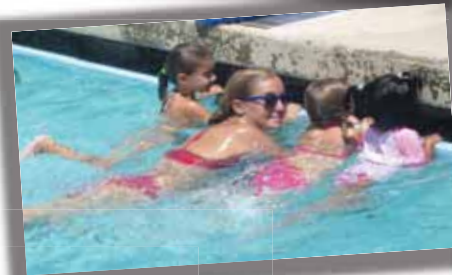
July 22 - Aug. 2
MHS / EHS

Session # 4

Aug. 5 - Aug. 16
MHS / EHS

Saturday Session

June 22- Aug. 17
(Marina HS Only)



American
Red Cross

**For more information on the 2013 summer
swim program, visit HBsands.org or call the
City Gym and Pool at (714) 960-8884**

**Parks
Make
Life
Better!**

Class Registration Information



Register Online – beginning March 5
9:00 am at www.hbsands.org
Save time ★ Save postage ★ No waiting ★ No stress

Classes begin week of
March 25, 2013,
unless otherwise indicated

Walk In



In person registration accepted at the following locations beginning March 5, 9 am.

CG City Gym & Pool

1600 Palm Avenue 714-960-8884
 Office Hours: M-Th 9 am-9 pm
 Fr 9 am-8 pm, Sa 9 am-12:30 pm

ECC Edison Community Center

21377 Magnolia Avenue 714-960-8870
 Office Hours: M-Th 9 am-9 pm
 Fr 9 am-8 pm, Sa 9 am-12:30 pm

HBAC Huntington Beach Art Center

538 Main Street 714-374-1650
 Office Hours: Tues-Sa Noon-6 pm

MCC Murdy Community Center

7000 Norma Avenue 714-960-8895
 Office Hours: M-Th 9 am-9 pm
 Fr 9 am-8 pm, Sa 9 am-12:30 pm

RSC Rodgers Seniors Center

1706 Orange Avenue 714-536-9387
 Office Hours: M-F 8:30 am-5 pm, Sa 9 am-Noon

CS Community Services Classes

Various locations through the city. Please see class descriptions. Register online, or at any Community Center listed above, or by mail.

Mail In/ Drop Off



Indicate class location on your registration form and on the front, lower left hand corner of the envelope.

1. Mail-in registration will not be given any priority and will be randomly processed beginning March 5, 9 am.
2. Payment by check or money order made payable to City of Huntington Beach – Okay to use one form for multiple classes, but please include a separate check for each class. Payment by check must include name, address, telephone number, and drivers license number. \$30 will be charged for returned checks.
3. Payment by credit card – Please complete all payment information on the Registration Form.
4. To receive a class confirmation receipt, simply enclose one self-addressed, stamped envelope.
5. Improperly submitted registration will not be processed.
6. Mail registration to:
City of Huntington Beach
Community Services Dept.
PO Box 190
Huntington Beach, CA 92648-0190

Staff is available to answer questions or assist with on-line registration account set-up prior to March 5. Please contact your local center to learn more about on-line registration!

WITHDRAWAL & REFUND POLICY

Full refunds/credits are available for classes that are cancelled. All other withdrawals are subject to a \$6 processing fee for each class. Refunds/credits after the start of the program are contingent upon City approval and are for illnesses only. The refund/credit will be assessed a \$6 processing fee and prorated based on the number of classes held. Credit Card transactions will be refunded to the same credit card. Cash or check transactions may receive a refund 4 to 6 weeks after the request. You may also choose to receive credit towards future recreation programs for any type of transaction following the same guidelines. Refunds are not available for Excursions or Special Events. Refunds are not available for classes that have concluded. Refunds or credits will not be given for Workshops without a two-day notice.



The City of Huntington Beach Community Services Department intends to comply with the Americans with Disabilities Act. If you require special assistance for participation in our recreation programs please notify staff at the time of registration or call 714-536-5486.

Walk in/Mail in Class Registration Form

Save time, register online. Registration begins March 5. www.hbsands.org

PAYEE

*Name (Print)		*Billing Address	
*Address		*e-mail	
*City	*Zip Code	Work Phone ()	*Home Phone ()

*Required fields. Email address will only be used for City of Huntington Beach information.

CG City Gym & Pool

MCC Murdy Community Center

ECC Edison Community Center

RSC Rodgers Senior Center

HBAC Huntington Beach Art Center

CS Community Services Classes

PARTICIPANT

Location/Activity # <small>please include location abbreviation as shown above</small>	Activity Name	Day	Time	Participant Name	Birth Date	Sex	Fee
RSC / 4386 201	Family Martial Arts	Tu	5-6 pm	Joe Surfer	Jan 1, 1984	M	\$75
____ / ____.							
____ / ____.							
____ / ____.							
____ / ____.							
Total of Activity Fees \$							

Swimming Only! 2nd Choice Class # _____ 3rd Choice Class # _____

Youth Sports Only! ☐ Grades 7-8 ☐ Grades 5-6 ☐ Grades 3-4 ☐ Grades 1-2 ☐ Pee Wee

The above named participant has my permission to participate in the activity indicated above. I realize every precaution is taken to eliminate any injuries or hazards and a competent supervisor is present; however, in the event of an injury, I hereby waive, release and hold harmless from any liability for damages or claims for damages for personal injury, including accidental death, as well as from claims for property damage which may arise in connection with the above named activity, against the Supervisor, Community Services Department personnel and the City of Huntington Beach. Registration constitutes permission for the City of Huntington Beach to take and use any photograph of the above named participant and/or legal guardian in any promotional materials without compensation to the above named participant and/or legal guardian of the above named participant for such use.

DATE: _____ SIGNED: _____
Participant/Parent or Legal Guardian

PAYMENT

☐ Cash (walk-in only) ☐ Check # _____ RECEIPT # _____

☐ Credit Card # _____

☐ Visa

☐ Mastercard

☐ Discover

Expiration Date _____ Card Holder Signature: _____

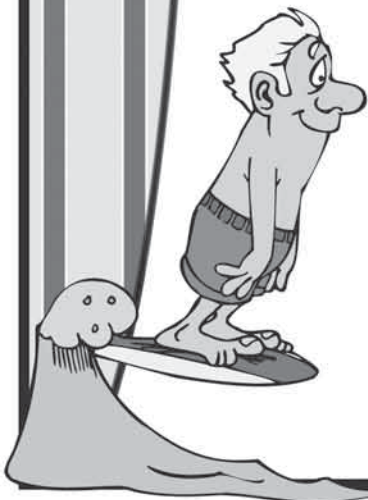
HAVE YOU ENCLOSED YOUR CHECK OR CREDIT CARD INFORMATION AND A STAMPED, SELF-ADDRESSED ENVELOPE?
ONE CHECK REQUIRED FOR EACH CLASS Only one envelope required.

MAIL TO: City of Huntington Beach, Community Services Department
2000 Main St. PO Box 190, Huntington Beach, CA 92648-0190

Parks & Facilities Map



- 1 Banning Branch Library**
9281 Banning Ave (375-5005)
- 2 Central Park/Library**
Golden West & Talbert (842-4481)
- 3 City Gym & Pool (CG)**
16th & Palm (960-8884)
- 4 Civic Center**
Main & Yorktown
- 5 Edison Community Center (ECC)**
Magnolia & Hamilton (960-8870)
- 6 Golden West College**
Golden West & Edinger
- 7 Helen Murphy Branch Library**
Edinger & Graham (375-5006)
- 8 Greer Park**
Golden West & McFadden
- 9 Harbour View Clubhouse**
Heil & Saybrook
- 10 Lake Park Clubhouse**
11th & Lake
- 11 Lake View Clubhouse**
Slater & Zeider
- 12 Main Street Branch Library**
Main & Pecan (375-5071)
- 13 Marina Community Park**
Edinger & Graham
- 14 Rodgers Seniors' Center/Outreach Center**
17th & Orange (536-9387)
- 15 Murdy Community Center (MCC)**
Golden West & Norma (960-8895)
- 16 Newland House & Barn**
Beach & Adams
- 17 Oak View Branch Library**
Warner & Oak Lane (375-5068)
- 18 Worthy Community Park**
17th & Main
- 19 H.B. Art Center**
538 Main Street (374-1650)
- 20 Lifeguard Headquarters**
103 Pacific Coast Hwy. (536-5281)
- 21 Shipley Nature Center**
Parking at Goldenwest & Talbert (842-4772)
- 22 LeBard Park**
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